Key Components for Creating Comprehensive Systems of Care: Prevention to Recovery
The Center for Applied Behavioral Health Policy is a research and training center affiliated with the College of Public Programs at Arizona State University.

The CABHP leadership and staff comprise a team of professional facilitators, trainers, researchers and faculty affiliates conducting research, providing program development and evaluation services, and designing and conducting workforce development initiatives to improve policies and programs that affect people with substance use disorders or mental illness.

our goals

- Conduct policy-informing research and evaluation studies that enhance the effectiveness, efficiency and comprehensiveness of policies and programs serving persons with behavioral health disorders.
- Stimulate development of sustainable pre-service educational programs at the undergraduate and graduate levels to meet the demands of a growing workforce in the behavioral health field.
- Promote excellence in the delivery of behavioral health services among state and local agencies through program development, technical assistance and in-service education and professional development.

The Center for Applied Behavioral Health Policy engages in a variety of initiatives associated with mental health and substance use disorders and their impact on our communities, working to turn sound science into tangible results and lasting solutions by promoting new insights in the behavioral health field.

www.cabhp.asu.edu
It is with heartfelt hospitality that we welcome you to Arizona State University’s 11th Annual Summer Institute. Our theme this year, *Key Components for Creating Comprehensive Systems of Care: Prevention to Recovery*, was designed to highlight the inter-connectedness of our work to ameliorate the impact of undetected and often untreated substance use disorders and mental illness.

During this conference, we are confident you will gain critical knowledge and keen insight, from the impressive line-up of speakers and the awesome set of break-out sessions that our Advisory Committee has assembled. Pete Earley, speaking from the perspective of a frustrated parent trying to access services for his son, will provide us with a sobering perspective of the inaccessibility and the unresponsiveness of our behavioral healthcare system. Stephanie Covington will enlighten us on her groundbreaking work in developing gender responsive treatment, while Tom McLellan will review for us the implications of a dramatically revised Federal policy for addressing drug abuse. Thomas Coyne will help us identify techniques and strategies we can use in our agencies to promote skill development and continuous learning for our staff and colleagues. Finally, Mark Sanders will renew our spirits and our commitment to our work with a return engagement that you won’t want to miss. Learn also from colleagues and innovative leaders on how they have advanced the practices, implemented new approaches, and enhanced services in organizations from across Arizona to improve the lives of the individuals and families in our communities.

Equally important to hearing from these great speakers and our breakout presenters, the Summer Institute allows us to rekindle friendships and acquaintances, renewing and strengthening the bonds that bring us together in our work on behalf of those we serve. If ever we needed to draw upon the strength of one other, this year would seem to be a time most fitting. While with us, be sure to draw upon the special energy and spirit that only a place like Sedona, with its majestic views and landscapes, can afford. On behalf of the team at the Center for Applied Behavioral Health Policy and with the continuing financial support of our sponsors, we welcome you to the 11th Annual Summer Institute; we strive to ensure that you and your colleagues learn a lot, play a bit, and rekindle your commitment and compassion of the work before us.

Best Regards,

Michael S. Shafer, Ph.D.,
Professor, School of Social Work
Director, Center for Applied Behavioral Health Policy
College of Public Programs
Arizona State University
Tuesday, July 20, 2010  12:30 – 2pm

Pete Earley,
Author

CRAZY: A Father’s Search Through America’s Mental Health Madness

Mr. Pete Earley is a former reporter for The Washington Post, he is the author of nine nonfiction books and three novels. His book, CRAZY: A Father’s Search Through America’s Mental Health Madness, tells two stories. It describes his attempts to help his college age son, Mike, after he becomes ill with Bipolar Disorder and is arrested. It also describes a year that Earley spent at the Miami Dade County Jail where he followed persons with mental disorders, who had been in jail, out into the community to see what sort of services they received. His book was one of two finalists for the Pulitzer Prize in 2007 and has won awards from Mental Health America and the American Psychiatric Association. Mr. Earley is a lifetime member of NAMI and received its Outstanding Media Award for Advocacy in 2007 at its national conference.

Wednesday, July 21, 2010  8:30 – 10am

Stephanie Covington, Ph.D.,
Co-Director of both the Institute for Relational Development and The Center for Gender and Justice

Women and Addiction: A Gender-Responsive Approach

Dr. Covington has over twenty-five years of experience in the design, development, and implementation of services for women. She is recognized for her work in gender-responsive services in both the public and private sectors. Educated at Columbia University and the Union Institute, Dr. Covington has served on the faculties of the University of Southern California, San Diego State University, and the California School of Professional Psychology. Dr. Covington has published extensively. She has developed four comprehensive, integrated, gender-responsive curricula that relate to the issues in the lives of women and girls, including trauma and substance abuse. She is a member of the Advisory Council for Women’s Services at the federal agency, Substance Abuse and Mental Health Services Administration (SAMHSA).

Wednesday, July 21, 2010  12:00 – 2pm

Thomas H. Coyne, Ed.D., LCSW,
Consultant and Adjunct Professor at Aldelphi University

Training Effectiveness and Learning Transfer - Key Components for Creating Effective Systems for Care: Prevention to Recovery

Dr. Coyne is a nationally recognized adult educator and clinician providing training, education and consultation services designed to assist behavioral health care, criminal justice and faith-based organizations successfully implement and maintain the use of empirically supported practices and evidence-based interventions used in the assessment and treatment of persons with substance abuse disorders. In addition to providing training, he is also involved in evaluating training effectiveness, and identifying the systemic factors that influence learning, and the transfer and maintenance of learning back to the workplace, and the role these factors play in technology transfer and workforce development.
Thursday, July 22, 2010  8:30 – 10am

Mark Sanders, LCSW, CADC, Consultant and Professor at Governors State University

Tired, Wired, and Mired: Preventing Burnout And Compassion Fatigue

Mr. Mark Sanders was director of the first Southeast Asian and refugee addiction counselor training program in the world. He is author of several books and workbooks geared toward helping clients recover. Recent writings include “Relationship Detox: How To Have Healthy Relationships in Recovery” and Recovery Management (co-authored with William White and Ernest Kurtz). In 2005, he had two stories published in the New York Times bestselling book series, Chicken Soup for the Soul. Mr. Sanders is also a successful consultant, regularly providing consultation to Ohio Department of Alcoholism and Substance Abuse, Wisconsin Association on Alcohol and Other Drug Abuse, and Michigan Bureau of Mental Health. In 2003, Mark Sanders received the Professional of the Year Award for his work as a trainer and consultant in the addictions field in Illinois.

Thursday, July 22, 2010  12 – 2pm

Town Hall Meeting on the State of Arizona's Behavioral Healthcare Delivery System

Charles Arnold, Mental Health Advocate

Barbara Broderick, Chief
Maricopa County Adult Probation

Larry Green, Executive Director and Outgoing Board President
West Yavapai Guidance Center & Arizona Council of Human Service Providers

Laura Nelson, Acting Assistant Director
Division of Behavioral Health, Arizona Department of Health Services

Clarke Romans, Executive Director
National Alliance for the Mentally Ill of Southern Arizona, Tucson

Anne Ronan, Disability Advocacy Attorney
Center for Law in the Public Interest

Friday, July 23, 2010  10:15-11:45am

A. Thomas McLellan, Ph.D., Deputy Director,
White House Office of National Drug Control Policy (ONDCP)

The Drug War is Over – Now What: Translating Science into Drug Control Policy in 2010

On August 10, 2009, A. Thomas McLellan, Ph.D. was sworn in as the Deputy Director of ONDCP. Dr. McLellan serves as Director Kerlikowske’s primary advisor on a broad range of drug control issues and assists in the formulation and implementation of the President’s National Drug Control Strategy. Dr. McLellan brings 35 years of addiction treatment research to the position, most recently at the Treatment Research Institute, a non-profit organization that he co-founded in 1992 to transform the way science is used to understand substance abuse. Dr. McLellan’s contributions to the advancement of substance abuse research and the application of these findings to treatment systems and public policy have changed the landscape of addiction science and improved the lives of countless Americans and their families.
**Addictions and Co-Occurring**

“Know Your Rights” – Legal Rights of Arizonans with Alcohol and Drug Issues

The Addiction and Trauma Connection: Spirals of Recovery and Healing

The Development and Utilization of Program Outcome Measures for Continuous Quality Improvement

15 Strategies For Engaging The Most Difficult-To-Reach Clients With Substance Use Disorders

Mommas, Babies, and Drugs: Outcomes, Processes, and Implications from Partnerships of Child Welfare and Substance Abuse Treatment Services

An Introduction to Pathological Gambling and Evidence-Based Treatment Interventions

The Bio-Psycho Social Model of Addiction – A Cross Cultural Approach to Understanding Drug and Alcohol Addiction on Individuals, Families, and Communities

What is MAT and why is everyone talking about it?

**Children, Youth and Families**

Responding to the Needs of Drug Endangered Children and Children of Incarcerated Parents

Partnering with an Urban High School to Address Youth Substance Abuse

Implementing Community Reinforcement and Family Training (CRAFT)

TERROS Parent to Parent (P2P) Recovery Program: The Use of Recovery Coaches in Parent Engagement

The Evolution of MY LIFE – You Can Do It Too…

The Role of Coaching and Supervision in the Children’s System of Care

Arizona Families F.I.R.S.T.: An Example of Effective Cross-System Collaboration

**Prevention**

Creating Balance: Intervening in the Chemical Dependency Cycle through Nutrition, Emotions & Physical Health Relationships

The Magic of the Peer Run Agencies

System Transformation in the Maricopa County: Prevention Network: Building Capacity Community by Community

Embracing Cultural Norms to Prevent Underage Drinking

**Cultural Competency**

Maricopa County RBHA: Effective Outreach Within Minority Populations

Cultural Competency in Prevention Programs

Living Well with a Disability

Transitional Care for Homeless Veterans: Addressing Health Care Issues

**Suggested Parents Commission Sessions**

Responding to the Needs of Drug Endangered Children and Children of Incarcerated Parents

Partnering with an Urban High School to Address Youth Substance Abuse

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Embracing Cultural Norms to Prevent Underage Drinking

The AZ Substance Abuse Partnership (ASAP): A Strategic Data Driven and Collaborative Approach to AZ’s SA Prevention, Treatment & Recovery

Arizona Families F.I.R.S.T.: An Example of Effective Cross-System Collaboration

Beyond CIT: Meaningful Law Enforcement Collaboration: The Phoenix Experience

Collaboration Efforts between the Criminal Justice System and Mental Health Services in Maricopa County - It’s more than Kumbaya

The Bio-Psycho Social Model of Addiction – A Cross Cultural Approach to Understanding Drug and Alcohol Addiction on Individuals, Families, and Communities

Embracing Cultural Norms to Prevent Underage Drinking
Clinical Practice Improvement

Mental Health 3.0—Using the Harvard Balanced Scorecard to Drive Performance and Improve Clinical Outcomes

Grounded in the Present: What are the Benefits of Mindfulness-Based Practices for Those in Helping Professions?

Comprehensive Assessment and Treatment for Substance Use Disorders in Children and Adolescents

Laughing for Clinical Practice Improvement

Wellness Management and Recovery: A Journey From Mental Illness to Mental Wellness

Clinical Treatment with Adult Probationers

Taking a Page out of the Golden Gate Bridge Story—Developing a Comprehensive Suicide Strategy for those with Serious Mental Illness

If the Water is Drinkable, the Horse Will Drink: Adapting Evidence-Based Practices for Community Treatment

Renewing the Foundations of Therapy: Mindfulness as a Basis for Psychotherapeutic Rapport

From Poverty to Wholeness, One Life at a Time

Writing Clear, Concise, and Clinically Defensible Level of Care Justifications Using ASAM Patient Placement Criteria

The Arizona Substance Abuse Partnership, A Strategic, Data-Driven, and Collaborative Approach to Arizona’s Substance Abuse Prevention, Treatment and Recovery Efforts

Other

The ASU Doctor of Behavioral Health and Integrated Behavioral Care

Arizona Dialogues: Building Block to the Next Step

Concept Mapping -Empirical Results and Implications for Peer Recovery Support Services

A Therapeutic Community Curriculum and Quality Assurance System Based on TC Elements

Building a Culture of Efficiency – Discussion Panel

Integrated Health Programs—Panel Discussion

The New Enrollment Process

Beyond CIT: Meaningful Law Enforcement Collaboration: The Phoenix Experience

Collaboration Efforts between the Criminal Justice System and Mental Health Services in Maricopa County – It’s more than “Kumbaya”

Note:
Ironwood Meeting Room and Oak Suite are located up the ramp near the gift shop off the main lobby area.

Tequa Ballroom is located in the building northwest of the main lobby.
<table>
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<tr>
<th>Time</th>
<th>Canyon Ballroom A</th>
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<tr>
<td>12:30-2pm</td>
<td>2 - “Know Your Rights” - Legal Rights of Arizonans with Alcohol and Drug Issues</td>
<td>5* - Creating Balance: Intervening in the Chemical Dependency Cycle through Nutrition, Emotions &amp; Physical Health Relationships</td>
<td>3* - Maricopa County RBHA: Effective Outreach Within Minority Populations</td>
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<td>7* - Mental Health 3.0 - Using the Harvard Balanced Scorecard to Drive Performance and Improve Clinical Outcomes</td>
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<td>11* - Part 1 - The Addiction and Trauma Connection: Spirals of Recovery and Healing</td>
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<td>13 - Arizona Dialogues: Building Block to the Next Step</td>
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<td>20 - The Evolution of MY LIFE – You Can Do It Too…</td>
<td>19* - Comprehensive Assessment and Treatment for Substance Use Disorders in Children and Adolescents</td>
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<td>35 - The New Enrollment Process</td>
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<td>39* - Mommies, Babies, and Drugs: Outcomes, Processes, &amp; Implications from Partnerships of Child Welfare &amp; Substance Abuse Treatment Services</td>
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### Mental Health Madness, Pete Earley - Canyon Ballroom A & B

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<td>4* - Part 1-Transitional Care for Homeless Veterans: Addressing Health Care Issues</td>
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<td>1* - Part 1-Responding to the Needs of Drug Endangered Children and Children of Incarcerated Parents</td>
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<td>10 - The ASU Doctor of Behavioral Health and Integrated Behavioral Care</td>
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### Approach, Stephanie Covington, Ph.D. - Canyon Ballroom A & B

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### Systems for Care: Prevention to Recovery, Thomas Coyne, Ed.D., LCSW - Canyon Ballroom A & B

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### Passion Fatigue, Mark Sanders, LCSW, CADC - Canyon Ballroom A & B

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<td>25* - Living Well with a Disability</td>
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### Behavioral Healthcare Delivery System - Canyon Ballroom A & B

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<td>31* - Clinical Treatment with Adult Probationers</td>
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<td>32*</td>
<td>32* - Part 1-Taking a Page Out of the Golden Gate Bridge Story - Developing a Comprehensive Suicide Strategy for Those with Serious Mental Illness</td>
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### Behavioral Health Awards Gala

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### Closing Plenary: *The Drug War is Over – Now What: Translating Science into Drug Control Policy in 2010, A. Thomas McLellan, Ph.D., Deputy Director, White House ONDCP - Canyon Ballroom A & B

* UCLA Integrated Substance Abuse Programs (UCLA ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. A maximum of 19.5 continuing education credits may be earned by licensed psychologists. All sessions marked with an asterisk (*) meet the minimum criteria for the provision of continuing education for psychologists.
tuesday I - 2:15-3:45pm

Session 1 - Part 1 & 2*
Responding to the Needs of Drug Endangered Children and Children of Incarcerated Parents
Richard Rosky, High Intensity Drug Trafficking Area Southwest Methamphetamine Initiative
Jeanne Blackburn, Governor Janice Brewer’s Office for Children, Youth and Families, Division for Substance Abuse Policy

Session 2
“Know Your Rights” – Legal Rights of Arizonans with Alcohol and Drug Issues
Cheryl Koch-Martinez, ADHS/DBHS Office of Human Rights

Session 3*
Maricopa County RBHA: Effective Outreach Within Minority Populations
Teresa Peña, Alexandra Zavala, Shakira Small, Ramiro Camarillo, Magellan Health Services of Arizona
Lonnie Rubio Jones-Women’s Health Coalition

Session 4 - Part 1 & 2*
Transitional Care for Homeless Veterans: Addressing Health Care Issues
Michael Leon and Melissa Meierdierks, Phoenix VA Health Care Systems

Session 5*
Creating Balance: Intervening in the Chemical Dependency Cycle through Nutrition, Emotions & Physical Health Relationships
Dr. Alice Alibrio, Private Practitioner

Session 6
Partnering with an Urban High School to Address Youth Substance Abuse
Vicki Johnson, MIKID (Mentally Ill Kids in Distress)
Mike Carr, Division of Children Youth and Families (DES)
Bettie Jordan, Parent

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tuesday II - 4-5:30pm

Session 7*
Mental Health 3.0 - Using the Harvard Balanced Scorecard to Drive Performance and Improve Clinical Outcomes
David Covington & Shawn Thiele, Magellan Health Services of Arizona

Session 8*
Grounded in the Present: What are the Benefits of Mindfulness-Based Practices for Those in Helping Professions?
Mary Stanton and Robin Rettmer, Amity Foundation

Session 9
The Magic of the Peer Run Agencies
Mitchell Klein and Will Calandra, CHEEERS Inc.
(Center for Health Education Employment Empowerment Recovery Services)
Suzanne Legander, STAR INC (Stand Together and Recover)
James Russo, NPVOH (North Phoenix Visions of Hope)
Lyle Ford, SEACRS INC (Southeastern Arizona Consumer Run Services)

Session 10
The ASU Doctor of Behavioral Health and Integrated Behavioral Care
Pedro Choca, Doctor of Behavioral Health Program, Arizona State University
Ronald O’Donnell, Doctor of Behavioral Health Program, Arizona State University

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8 | Key Components for Creating Comprehensive Systems of Care: Prevention to Recovery
**Wednesday I - 10:15-11:45am**

- **Session 11 - Part 1 & 2**
  The Addiction and Trauma Connection: Spirals of Recovery and Healing
  Dr. Stephanie Covington, Institute for Relational Development/Center for Gender and Justice

- **Session 12 - Part 1, 2 & 3**
  Implementing Community Reinforcement and Family Training (CRAFT)
  Raymond “Ande” Anderson, ASU Center for Applied Behavioral Health Policy

- **Session 13**
  Arizona Dialogues: Building Block to the Next Step
  Kathy Bashor & Cynthia Henry, ADHS/DBHS Office of Individual & Family Affairs

**Wednesday II - 2:15-3:45pm**

- **Session 18**
  A Therapeutic Community Curriculum and Quality Assurance System Based on TC Elements
  Naya Arbiter, Extensions LLC

- **Session 19**
  Comprehensive Assessment and Treatment for Substance Use Disorders in Children and Adolescents
  Nitika Singh, ADHS/Division of Behavioral Health Services
  Mary Jo Whitfield, Jewish Family and Children's Services
  Stacey Tarquinio, Youth Evaluation and Treatment Centers

- **Session 20**
  The Evolution of MY LIFE - You Can Do It Too...
  Greg Dicharry, Magellan Health Services of Arizona, MY LIFE Participants

**Wednesday III - 4-5:30pm**

- **Session 23**
  Writing Clear, Concise, and Clinically Defensible Level of Care Justifications Using ASAM Patient Placement Criteria
  Thomas Coyne, Consultant & Adelphai University School of Social Work

- **Session 24**
  Embracing Cultural Norms to Prevent Underage Drinking
  Jeff Welch & Adonis Deniz, Jr., TERROS, Inc.

- **Session 25**
  Living Well with a Disability
  Kathryn Robins, Valley of the Sun YMCA, Community Initiatives

- **Session 26**
  Laughing for Clinical Practice Improvement
  E.J. “Elizabeth” Scott, Certified Laughter Yoga Leader

- **Session 27**
  Building a Culture of Efficiency – Discussion Panel
  Laura Nelson, ADHS/DBHS
  Noel C. Gonzalez, CPSA
  Renee Waterstradt, Cenpatico
  Lauren Lauder, NARBHA
  Dan M. Wendt, Magellan Health Services of Arizona
thursday I - 10:15-11:45am

- **Session 28**
  Integrated Health Programs-Panel Discussion
  Teresa Bertsch MD, CMO, NARBHA
  Edward Gentile MD, CMO, CPSA
  Robert Sack MD, CMO, Magellan Behavioral Health of Arizona
  Rodgers Wilson MD, Acting CMO, Arizona Department of Behavioral Health

- **Session 29**
  Wellness Management and Recovery: A Journey From Mental Illness to Mental Wellness
  Mayday Levine-Mata, Kelly Klugheit, Dena Omar & Daniel Rock, La Frontera Center

- **Session 30 - Part 1 & 2**
  What is MAT and Why is Everyone Talking About It?
  Thomas Freese, Integrated Substance Abuse Programs, UCLA
  Tom Litwicki, ASU Center for Applied Behavioral Health Policy

- **Session 31**
  Clinical Treatment with Adult Probationers
  Karen Lewis & Bruce Isit, Maricopa County Adult Probation

- **Session 32 - Part 1 & 2**
  Taking a Page out of the Golden Gate Bridge Story - Developing a Comprehensive Suicide Strategy for Those with Serious Mental Illness
  David Covington & Shawn Thiele, Magellan Health Services of Arizona

- **Session 33**
  The Arizona Substance Abuse Partnership, A Strategic, Data-Driven, & Collaborative Approach to Arizona’s Substance Abuse Prevention, Treatment and Recovery Efforts
  Jeanne Blackburn, Governor Janice Brewer’s Office for Children, Youth and Families, Division for Substance Abuse Policy
  Shana Malone, Arizona Criminal Justice Commission, Statistical Analysis Center

thursday II - 2:15-3:45pm

- **Session 34**
  15 Strategies For Engaging The Most Difficult-To-Reach Clients With Substance Use Disorders
  Mark Sanders, Governors State University

- **Session 35**
  The New Enrollment Process
  Melissa Thomas & Terri Speaks, ADHS/DBHS

- **Session 36**
  If the Water is Drinkable, the Horse Will Drink: Adapting Evidence-Based Practices for Community Treatment
  Pat Penn, Amy Tilley, Robert Castrillo, Mayday Levine-Mata, La Frontera Center, Inc.

- **Session 37**
  Arizona Families F.I.R.S.T.: An Example of Effective Cross-System Collaboration
  Ron Carpio, TERROS, Inc.
  Hank Radda, University of Phoenix

- **Session 38**
  Beyond CIT: Meaningful Law Enforcement Collaboration: The Phoenix Experience
  Suzanne Rabideau, Crisis Response Network, Inc.
  Nick Margiotta, City of Phoenix Police Department
  Larry Villano, TERROS, Inc.
  Pilar Vargas, EMPACT
Session 39*
Mommas, Babies, and Drugs: Outcomes, Processes,
and Implications from Partnerships of Child Welfare
and Substance Abuse Treatment Services
Michael S. Shafer, Richard Rivera & Julie Sauvageot,
ASU Center for Applied Behavioral Health Policy

Session 40
Collaboration Efforts between the Criminal Justice
System and Mental Health Services in Maricopa County –
It’s more than “Kumbaya”
Norma Brasda & Rebekah Trexler,
Maricopa County Adult Probation
Honorable Michael Hintze, Maricopa Superior Court,
Comprehensive Mental Court
Shelley Curran & Greg Dicharry, Magellan Health
Services of Arizona
Dawn Noggle, Maricopa County Correctional Health

Session 41*
Renewing the Foundations of Therapy:
Mindfulness as a Basis for Psychotherapeutic Rapport
Jeffrey Woolley, Wassaja Family Services

Session 42*
The Role of Coaching and Supervision in the
Children’s System of Care
Terri Kang & Rosalind Hinton, Magellan Health Services

Session 43*
An Introduction to Pathological Gambling and
Evidence-Based Treatment Interventions
Thomas M. Litwicki, Emergent Recovery &
ASU Center for Applied Behavioral Health Policy

Session 44*
The Bio-Psycho Social Model of Addiction – A Cross
Cultural Approach to Understanding Drug and Alcohol
Addiction on Individuals, Families, and Communities
Scott Petersen, TERROS, Inc.