Cultural Diversity in Successful Models of Practice and Policy
I want to welcome you to the 11th Annual Cesar E. Chavez Behavioral Health Conference. The theme, “Cultural Diversity and Successful Models of Practice and Policy” gives us the opportunity to gain new insights about cultural diversity and disparities and learn to engage diverse communities of people with service and care. I am excited to participate with you, using this day for professional and personal growth, and to celebrate diversity with you.

Each year, I reflect on the values of Cesar E. Chavez which we have in common with service to others, celebrating community, innovation, and acceptance of all people. I am inspired by what he believed and how his values energized his service to lift people to better lives. I am moved by our continuance of these values through Inspiring Change for Life.

I am grateful for each person who is participating in this conference, for our sponsors, presenters, members of the Planning Committee, and all of the volunteers. Thank you for your dedication to helping those in need.

On behalf of the Terros Board of Directors, I want to welcome you to the 11th Annual Cesar E. Chavez Behavioral Health Conference. We are pleased that this conference on cultural diversity gives hundreds of participants the opportunity to meet together, hear outstanding speakers, and discuss important issues in more than 25 workshops.

In my professional role in law enforcement, I have seen, first-hand, how respect for cultural differences, and embracing our common humanity, is crucial to developing healthy communities. Cesar Chavez was committed to building healthy communities and his legacy inspires us to do the same.

I want to thank the members of the Conference Planning Committee who represent many sectors of our community, sponsors who have supported this conference through the years, new sponsors joining us, and the Terros leadership team and employees. This conference has become a tradition that continues to contribute to our community in many ways.

Ms. New Breast is a Montana-born Blackfeet Indian, and she is one of the pioneers in the Native training field in addition to being one of the original committee members for the Men’s and Women’s Wellness gatherings. She has more than 30 years of professional experience in providing healing and training workshops centered on Historical Traumas, mental health issues related to alcohol and other drug use prevention. She was an appointee as expert consultant to Dr. Nelba Chavez when she was Director of SAMSHA (Substance Abuse and Mental Health Services) and was presented with the Hammer Award by Vice President Albert Gore for increasing government efficiency for her success in providing assistance to Tribes.

Winner of The Documentary Short at Red Nations Film Festival “Why The Women in my Family Don’t Drink Whiskey” and Humanitarian award in November 2013. The Blackfeet Tribal Business Council appointed Theda Chair of the Board of Trustees to The Blackfeet Community College on Policy September 2014 for three years.

Born and raised in Malaysian Borneo, award winner Lillian A. Tsai specializes in the facilitation, training, design and implementation of cross-cultural competency, intercultural communications, and diversity and inclusion (D&I) strategies and programs. Prior to starting TsaiComms in 2002, she spent 25 years in global high tech marketing and communications, which included an expatriate assignment in Stuttgart, Germany. For the past decade, she has been working with diversity councils, facilitated cross-cultural team interventions, coached executives and managers with diverse work teams and foreign-/U.S.-born persons of color.

She has served on multiple boards of non-profits including the Portland Human Resources Management Association (PHRMA) as director of Global HR, Diversity and Inclusion, the Oregon Organization Development Network (OODN), and the NW China Council. She served as co-chair of the 2014 Conference of the Society for Intercultural Education, Training and Research (SIETAR).
Plenary Panel Presentation

KATIE HOBBS
Arizona State Senator, Dist. 24

Katie Hobbs is an Arizona State Senator, in her second term, and serving as the Senate Minority Leader. Prior to being elected to the Senate, she served one term in the Arizona House of Representatives. She has been a professional social worker since 1992 and worked in the areas of domestic violence, behavioral health, and homelessness. She is currently the Executive Director of Emerge Arizona, and has served on several commissions with the City of Phoenix and Maricopa County.

CARLYLE W. BEGAY
Arizona State Senator, Dist. 7

Born on the Navajo Nation, Arizona State Senator Carlyle W. Begay is Tó'tsohnii (Big Water), born for Kinyaa’áanii (Towering House) clans. His grandparents are Tl’izi lani (Many Goats clan). Senator Begay grew up on the Navajo Nation near Black Mesa and was raised under the teachings of his ancestry. With a B.S. in molecular and cellular biology and an M.B.A. in health sector management, Senator Begay has a tremendous acumen and passion for health and healthcare delivery.

LYNNE PANCRAZI
Arizona State Senator, Dist. 4

Senator Margaret “Lynne” Pancrazi, of Yuma County, represents District 4 at the Arizona State Senate. She began her legislative service in 2007 as a member of the House of Representatives. In 2012 she was elected to the Senate and serves on six legislative committees. She was an elementary school teacher and athletic coach in Yuma for 28 years. One of her primary concerns as a legislator is improving Arizona’s quality of education.

PAUL GALDYS
Assistant Director for the Arizona Department of Health Services in the Division of Behavioral Health Services

Paul Galdys is the Assistant Director of Operations with the Arizona Department of Health Services. With over 20 years of leadership experience within behavioral health, developmental disability and rehabilitative service organizations in Arizona, Paul and his team are engaged in efforts to continuously improve the quality of behavioral and integrated health care service delivery throughout Arizona.

RAQUEL GUTIERREZ, PHD
Saint Luke’s Health Initiatives, Director, Strategic Learning & Practice

CEO Roundtable
1:15 PM - 3:30 PM EQUIPPING AND LEVERAGING AN INCLUSIVE WORKFORCE

This CEO Roundtable will seek solutions related to the development of a workforce that is skilled, educated and prepared to meet the cultural and linguistic needs of the populations and communities served by provider organizations.

The CEO Roundtable is open to CEOs of the sponsor organizations and provider community.

Dr. Gutierrez is SLHI’s Director, Strategic Learning & Practice. Raquel is responsible for envisioning, developing, and facilitating the implementation of efforts that build the capacity of community stakeholders to effectively work along the policy continuum. This includes the design and implementation of SLHI’s communities of practice and alliance building. Raquel has worked in the social sector for 25 years as front-line staff, a program director and a consultant. She holds a Ph.D. from Antioch University in Leadership and Change. Raquel grew up in the Farm Worker’s movement through the work of parent’s, Gustavo and Raquel, who opened the first United Farm Worker’s office in Arizona and considers herself a third generation activist.

Dr. Manuel Medina earned his Masters and Doctorate from Arizona State University School of Social Work, in Addictions and Mental Health Policy. In his 30 year career in the behavioral health field, he provided the community with direct service, leadership and professional collaborations. Dr. Medina has focused on access to culturally responsive services for underserved populations, and developed coalitions for healthy communities. He has served in a variety of health policy advisory roles and committees with community institutions and professional associations.
**Conference Agenda**

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<thead>
<tr>
<th>TIME</th>
<th>SUBJECT</th>
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<tr>
<td>7:30 AM – 8:30 AM</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:00 AM – 8:30 AM</td>
<td>Opening Performance: Agua Fria Baile Folklorico Sexto Sol</td>
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<td>8:30 AM – 8:45 AM</td>
<td>Welcome: Yvonne Fortier and Amy D’Arpino</td>
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<td>Invocation: Dr. Olga Davis</td>
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<td>Presentation of Colors: Cesar Chavez High School Junior ROTC</td>
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<td>8:45 AM – 9:00 AM</td>
<td>Opening Remarks</td>
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<td>Peggy J. Chase, President and CEO, Terros</td>
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<td>Steve Haynes, Chair, Terros Board of Directors</td>
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<td>9:00 AM – 9:15 AM</td>
<td>Cesar Chavez Video</td>
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<td>9:15 AM – 10:00 AM</td>
<td>Keynote Presenter: Theda New Breast, Tribal world views, language,</td>
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<td>values, ancient truths, and ceremony bring miracles of hope and healing</td>
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<td>10:00 AM – 10:15 AM</td>
<td>Break</td>
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<tr>
<td>10:15 AM – 11:00 AM</td>
<td>Plenary Presenter: Lillian A. Tsai, Inclusive Leadership: Navigating</td>
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<td>the 21st Century Global Workplace</td>
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<td>11:00 AM – 11:15 AM</td>
<td>Break</td>
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<tr>
<td>11:15 AM – 12:00 PM</td>
<td>Panel Discussion: Perspectives on Practice and Policy in Arizona</td>
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<td>Senator Lynne Pancrazi (Distr. 4), Senator Carlyle Begay (Distr. 7),</td>
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<td>Senator Katie Hobbs (Distr. 24), Paul Galády (ADHS/DBHS)</td>
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<td>Moderator: Dr. Manuel Medina</td>
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<td>12:00 PM – 1:00 PM</td>
<td>Lunch</td>
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<td>Sponsor Recognition: Conference Planning Committee</td>
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<tr>
<td>1:00 PM – 1:15 PM</td>
<td>Break</td>
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<tr>
<td>1:15 PM – 3:00 PM</td>
<td>CEO Roundtable: Equipping and Leveraging an Inclusive Workforce</td>
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<td>(VDP Executive Dining Room)</td>
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<td>1:15 PM – 2:30 PM</td>
<td>Workshops: Session One</td>
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<td>2:30 PM – 2:45 PM</td>
<td>Break</td>
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<tr>
<td>2:45 PM – 4:00 PM</td>
<td>Workshops: Session Two</td>
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<tr>
<td>4:00 PM – 4:30 PM</td>
<td>Closing: Raffles and Performance</td>
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**Workshops: Session One**

- **SANDS 131**: An Introduction to MI: A Cross-Cultural Approach to Facilitating Behavior Change
- **SANDS 133**: Coming Out of Hiding: Human Trafficking
- **SANDS 135**: Identities, Intersections, and Integrated Health: A Look into the Maricopa County LGBTQ/GSM Communities
- **SANDS 225**: Strengthening the Relationship Between Law Enforcement and Communities of Color
- **UCB 241**: The Consequences of Drug Policies on Latino Offending and Incarceration
- **SANDS 234**: Improving Supervision of your BH Peer Specialist Workforce
- **UCB 261**: Strengthening the Relationship Between Law Enforcement and Communities of Color
- **SANDS 231**: Power and Responsibility: Legal Implications for Stabilization and Navigators
- **SANDS 307**: “Beautifully Bipolar: An Inspiring Look Into Mental Illness”
- **SANDS 323**: Advocacy: Peer Citizen Action

**Workshops: Extended Session**

- **UCB 265**: Understanding Childhood Trauma and Cultural Protective Factors in the Healing Process
- **UCB 266**: Family Therapy for Substance Use in Hispanic and Latino Adolescents: Basics
- **UCB 267**: Clinical Supervision: What do Experts Think
- **UCB 264**: Protecting the Rights and Safety of LGBT Students in Arizona Schools
- **UCB 268**: Suicide Risk and Prevention for LGBT Youth
- **SANDS 303**: Power and Responsibility: Legal Implications for Stabilization and Navigators
- **SANDS 323**: Advocacy: Peer Citizen Action

**Workshops Executive Dining Room: CEO Roundtable: Equipping and Leveraging an Inclusive Workforce**

- **SANDS 131**: The Recovery Movement: Understanding and Empowering the Patient to Improve Health Outcomes and Care
- **SANDS 133**: Ready to Fly Free: Mental Health Challenges and Community-Based Solutions in Phoenix LGBTQ Migrant Communities
- **SANDS 103**: Challenging the Consequences of Drug Policies on Latino Offending and Incarceration
- **SANDS 234**: Improving Supervision of your BH Peer Specialist Workforce
- **SANDS 307**: “Beautifully Bipolar: An Inspiring Look Into Mental Illness”
- **SANDS 323**: Advocacy: Peer Citizen Action

**Workshops Executive Dining Room: CEO Roundtable: Equipping and Leveraging an Inclusive Workforce**

- **SANDS 307**: “Beautifully Bipolar: An Inspiring Look Into Mental Illness”
- **SANDS 323**: Advocacy: Peer Citizen Action

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**DR. OLGA IDRIS DAVIS** is Associate Professor of Communication in the Hugh Downs School of Human Communication at Arizona State University (ASU) and Principal Investigator of Health Literacy and Community Engagement and Outreach at ASU’s Southwest Interdisciplinary Research Center (SIRC).

Dr. Davis’s research area is in the domain of critical cultural studies and health communication. Her work explores the socio-cultural determinants of health and the impact of identity on health of the African Diaspora. She is founder and president of Davis Communication Group, a multi-media communication consulting company.

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**CEO Roundtable: Equipping and Leveraging an Inclusive Workforce**

- **SANDS 131**: The Recovery Movement: Understanding and Empowering the Patient to Improve Health Outcomes and Care
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**CEO Roundtable: Equipping and Leveraging an Inclusive Workforce**

- **SANDS 131**: The Recovery Movement: Understanding and Empowering the Patient to Improve Health Outcomes and Care
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- **SANDS 323**: Advocacy: Peer Citizen Action
Understanding Childhood Trauma and Cultural Protective Factors in the Healing Process
Dr. Noé Vargas
This workshop will offer a comprehensive overview of various aspects of childhood trauma, including assessing different types of trauma, appropriate clinical conditions for treatment (in order to avoid re-traumatization), and will explore cultural protective factors to help children and their families achieve healing.

Family Therapy for Substance Use in Hispanic and Latino Adolescents: Basics
Jesse Rocky Romero
The culturally competent clinician will address attachment and immigration issues, acculturation related issues, apply familismo and assess the fit between the family’s world view and the process of family therapy. Re-occurrence prevention, suicidal urges and ideations, and self-harming behaviors in adolescents often prevail. Participants will learn basic concepts and skills related to Family Therapy, as well as the cultural values that may be incorporated with Hispanic families.

Clinical Supervision: What do Experts Think
Dr. Gulsah Kemer & Dr. Miguel Arciniega
This highly experiential workshop will provide participants with an opportunity to learn, share and practice. Participants will examine a case vignette. Supervision Domains, obtained from research studies with expert supervisors, will be introduced. Breakout groups will experience activities to move through a process of exploring challenges, leading to formulating questions for interactive panel discussions. Participants will be able to connect new learning to the starting vignette case, in a closing discussion.

Protecting the Rights and Safety of LGBT Students in Arizona Schools
Michael Carr
GLSEN’s biennial National School Climate Survey (NSCS) documents unique challenges LGBT students face; findings also point to effective interventions that improve school climate for all students, regardless of sexual orientation or gender identity/expression. This interactive workshop will focus on the data from GLSEN’s 2013 Arizona School Climate Survey and how to create a safe, respectful and healthy learning environment for LGBT students, who face severe levels of harassment and violence in the school community.

An Introduction to MI: A Cross-Cultural Approach to Facilitating Behavior Change
Dr. Robert Scales
Motivational interviewing (MI) has gained substantial empirical support in the healthcare setting. The distinct style, skills and strategies that characterize the approach differ from traditional persuasive methods by enabling patients to discover their own intrinsic motivation for change and to partner with their healthcare professional to interpret personalized health information and identify solutions. Improved outcomes have been observed in brief consultations with patients from different cultural backgrounds, and in busy healthcare clinics, where time is often a limiting factor.

Coming Out of Hiding: Human Trafficking
Rose Marie Lichtenfels
Human Trafficking is modern day slavery and it is happening in our state. Come to this workshop to learn how to identify the prevalence and different types of human trafficking that exist in the United States and specifically in Arizona. You will also learn how to recognize human trafficking when it is occurring and how to respond appropriately to those who are victims of human trafficking.

Our Health and Healing: Cultural Implications from Historical Trauma
Eddie Grijalva
How does past trauma affect our present health? Developing strategies and research reveal insight and implications that alter our current focus on illness and recovery. Utilizing and blending three topics, historical trauma, strategies for healing, and research data from The Ace Study, when combined, offer a unique and powerful perspective on our thought process and personal recovery about what we think we know, and what we don’t know.
Identities, Intersections, and Integrated Health: A Look Into the Maricopa County LGBTQ/GSM Communities
Jason Vail Cruz & Isaac Akapnitis
The LGBTQ/GSM (lesbian, gay, bisexual, transgender/gender and sexual minority) Communities of Maricopa County are diverse and complex, as are the challenges they face. Through data collection and analysis, the LGBTQ Consortium & Safe Out have organized a view into the identities, intersections, strengths, resources, and challenges of LGBTQ/GSM people living in Maricopa County, particularly in the areas of behavioral health and substance use.

Strengthening the Relationship Between Law Enforcement and Communities of Color
Chief Roy Minter
The City of Peoria and the Peoria Police Department established a unique and innovative community partnership through United Community Action Network (UCAN). UCAN brings together representatives from the police department, neighborhood organizations, Peoria Unified School District, community of faith, local businesses, and City administrators, to identify and discuss issues impacting our community. This collaborative partnership explores the critical connection between crime, health, employment, housing, poverty, education, substance abuse, and mental health services.

The Consequences of Drug Policies on Latino Offending and Incarceration
Dr. Avelardo Valdez
This workshop is based on recent findings from the National Research Council’s report “Causes and Consequences of High Rates of Incarceration”, and will focus on historical to present-day incarceration rates disproportionately representing Latino populations. These high rates of incarceration have contributed to social and economic disparities for offenders, families and communities. Policy recommendations, for reducing rates, will be presented.

Improving Supervision of your BH Peer Specialist Workforce
Kim Maslonka
This workshop will provide practical tips to use to provide good clinical supervision of Peer Specialists. Included will be an exploration of multiple strategies supervisors can use to: Increase skill, performance and retention of peer support employees; Included are ways to reduce hospital recidivism, reduce jail incarceration, increase positive healthy behaviors, and reduce crisis calls through peer support for individuals on your caseloads.

Intergenerational Healing: Health and Wellness Through a Culturally Sensitive Perspective
Jennifer Johnson
This workshop explores the impacts of intergenerational trauma of Native Americans as related to the development of healthy behaviors versus maladaptive behaviors. This workshop explores the importance and impact of cultural and spiritual perspectives on the recovery process and intergenerational healing of individuals dealing with addiction.

Quinceañera Sin Alcohol; changing community norms
Dr. Wendy L. Wolfesteig & Elizabeth Arendt
The Quinceañera Sin Alcohol Program aims to reduce underage drinking in the Maryvale community by increasing attachment to family, community, and culture. Eight life-skills workshops for girls and their families explore Quinceañera history, creating healthy relationships and strengthening parent-child communication. Program completion is celebrated by the family with an alcohol-free group Quinceañera. This workshop will provide participants with an overview of the program through data and videotaped experiences.

The Advocacy and Empowerment Approach: What Does That Mean Working with Diverse Populations
Doreen Nicholas
This workshop will address the concepts and practices of advocacy and empowerment and encourage an in depth discussion of best practices advocating with people that come through our doors.

Razalogia: Meeting the Community’s Needs Through Family Engagement
Xavier Teso
An in-depth look at the Razalogia Family Engagement Project meeting the needs of the Latino and American Indian communities through its participatory action research methodology, project implementation and delivery. The workshop will share the challenges and successes encountered during this process as a model to implementing projects in similar communities as well as culturally relevant approaches that can benefit communities that are traditionally marginalized.

Peer Inpatient Stabilization and Navigators
Roberta Howard & Prisilla Marley
The Peer Support Groups inside Psychiatric Hospitals and in-patient settings are the key to reducing hospitalizations. Workshop participants will learn of the value and methodology of peers connecting with other peers to establish a network of support, and look at our present system of care which at present focuses on the exiting side of crisis, and see how this model works on the whole system from prevention through, to post crisis.
The Recovery Movement: Understanding and Empowering the Patient to Improve Health Outcomes and Care
Dr. Dennis Morrison
This presentation will look at an individual’s journey to recovery as a deeply personal process, developing hope, a secure base and sense of self, supportive relationships, empowerment, social inclusion, coping skills and meaning. The role of the clinician will be addressed, as well as tips, tactics and best practices for achieving culturally diverse, recovery-based outcomes, including, quality care, preventable deaths, medication adherence and decreased hospital admissions. Real case studies will be included.

Ready to Fly Free: Mental Health Challenges and Community-Based Solutions in Phoenix LGBTQ Migrant Communities
Ricky González, Victoria Villalba, Dagoberto Baillón, Marcos Andrés Williamson, Jonathon Bibe Giudice
In story and discussion, a passionate and talented team of presenters explore the mental health challenges and obstacles to healing faced by Phoenix’s queer and trans migrant communities. Through audience participation, solutions will be developed that build the power of a community to self-heal.

Challenges and Best Practices for Addressing Refugee Health
Nicole Damari
As the fifth biggest refugee resettlement state, Arizona has welcomed more than 62,000 refugees since 1980. Understanding the unique needs of these communities is critical for Arizona’s healthcare providers. This workshop will provide attendees with a brief introduction to the demographics of Arizona’s refugee population and an evidence-based overview of behavioral health challenges, and include, barriers to care for refugees and best practices for addressing refugee behavioral health needs.

The Probation Experience: How the United States Probation is Reducing Recidivism
Guillermo Peña & Roger Robinson
This presentation is an overview of the RNR Principle (Risk-Needs-Responsivity). Key points of this Principle include, matching interventions to involuntary client’s Stage of Change, identifying “drivers” behind dynamic risk factors; relationship-building skills, assessment skills, and intervention skills.

Domestic Violence: Self Awareness
Gerardo Peña, Kathy Gomez, Erika Castillo & Mónica Cortez
This workshop will highlight the tools and materials used in a unique women’s shelter, specializing in bilingual/bi-cultural response and care. The women gain self-confidence and learn to love themselves despite what they have experienced. This workshop will also teach the workshop participants of ways to increase awareness of Domestic Violence in their home, their workplace and with their clients.

Suicide Risk and Prevention for LGBT Youth
Amy D’Arpino & Davin Franklin-Hicks
This workshop addresses suicide risk for LGBT youth, and a successful model of prevention. Participants will develop an awareness of data and developmental models for suicidal behavior and LGBT issues, discuss statistics related to suicidal behavior among LGBT youth and how to reduce them, discuss risk and protective factors for LGBT youth and the implications, and will be able to describe strategies to reduce suicidal behavior among LGBT youth.

The Wounded Healer: Distress and Impairment Among Helpers
Dr. Nathan A. Velez
This workshop will present the most recent research on the high numbers of clinicians entering the field with personal wounding experiences. Presenter will tie his national research, about wounded healers, practicing in distressed and impaired states, and will shed light on the need for self-monitoring for wellness and distress in order to optimize effectiveness in helping others. The presentation has implications for supervision, practice and further areas for research.

Surviving and Thriving: Phoenix Indian Boarding School
Patty Talahongva
The history of government run Native American boarding schools is still not well known, yet the lasting impacts of the boarding school experience are felt today. This workshop will offer a history of the Phoenix Indian boarding school, statistics from boarding schools across the country and define the lasting effects in terms of culture, education and exclusion. This workshop is drawn from lived experience, from boarding school student to community developer.

Power of Youth
Joanna Kuikla & David Rivas
Power of Youth is a community-based program to educate youth about the dangers of drinking underage, driving while impaired, and what it means to make positive choices to impact one’s future. It is an interactive program that is meant to be engaging and focused on the youth demographic. This workshop will showcase this program to other organizations desiring to effect positive change in youth.
Cultural Diversity in Successful Models of Practice and Policy

Workshop Descriptions: Session Two

Forming a Student Advisory Board, a Youth Guided Approach
David Cocoros, Maria T. Smith, Charlie Molina & Members of the YDI Student Advisory Board

This workshop is a brief overview of the Building Bridges Initiative and the Six Core Strategies®, focusing on youth guided interventions. Presenters will review the steps in forming a Student Advisory Board, and the benefits to the students and the agency. Members of the YDI Student Advisory Board will also be present to talk about their experiences as board members.

“Beautifuily Bipolar: An Inspiring Look Into Mental Illness”
Erin Callinan

From the title of her self-published book, “Beautifuily Bipolar,” this workshop illuminates living with a mental illness, through the presenter’s lived experience. Diagnosed with bipolar disorder at age 17, Erin will share her fight to end stigma and her triumph in finding stability and success. Join her as she shares how education, therapy, and systems of support allowed her to embrace a life that was hopeful, encouraging and beautifully bipolar.

Advocacy: Peer Citizen Action
John Mireles & Charlotte Webb

This workshop is an overview of the Community Organizing process. Key elements are defined, guiding values and principles of Community Organizing with analysis of community power structure, leadership development and relationship building, strategy development, issue development, and action development, and empowerment of Peers to promote community self-determination by engaging in Peer citizen action and advocacy.

Isaac Akapnitis is a Community Development Coordinator with the Terros Safe Out program. His undergraduate studies focused on intersectional identities of transgender individuals. His MSW area of concentration was Community and Administrative Leadership Isaac strives to raise cultural competence and awareness about gender and sexual minority populations and intersectional identities.

Dr. Miguel G. Arciniega, Professor Emeritus in the Program of Counseling and Counseling Psychology at ASU, has authored over 40 articles and book chapters in national and professional journals including a book on Parenting Models and Mexican Americans. His work focuses on cultural issues with multicultural populations and multicultural counseling.

Elizabeth Arendt is the coordinator for the Drug Free Communities Support Program at Terros. She also coordinates the Quinceañera Sin Alcohol program. She served in the Peace Corps in Morocco designing programs for youth development and women’s health. Elizabeth is currently pursuing her Masters in Prevention Science from the University of Oklahoma.

Dagoberto Ballón, a member of AZ Queer Undocumented Immigrant Project (QUIP) and ALT UndocoQueer, helped found AZ QUIP and is currently working as a back-end developer for a national immigration organization.

Erin Callinan has been an advocate for eradicating the stigma surrounding mental illness since she was diagnosed with bipolar disorder in 2001. She is the Training and Technical Assistance Manager for the Arizona Coalition to End Sexual and Domestic Violence, and she has written a book entitled, Beautifully Bipolar: An Inspiring Look into Mental Illness.

Michael Carr, currently Arizona Department of Child Safety Statewide Behavioral Health and Appeals Coordinator, is a facilitator/trainer and board member with the Gay, Lesbian, & Straight Education Network (GLSEN), Phoenix Chapter, which strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.

Erika Castillo, has been a Legal Advocate for three years with Chicanos Por La Causa, De Colores Domestic Violence Shelter.

David Cocoros, MS, is Co-Executive Director and Co-Founder of Youth Development Institute (YDI) since 1996. He has a Master of Science degree in Criminal Justice from Sam Houston University.

Mónica Cortez, is an Intake and Volunteer Coordinator at Chicanos Por La Causa, De Colores Domestic Violence Shelter. She has an MS in Deaf Education and has worked in behavioral health for 17 years.

Jason Vail Cruz Community Prevention Lead Community Development Coordinator at Terros and serves as Chair of the Safe Out committee for the LGBTQ Consortium. His current focus is reducing excessive drinking in the Phoenix LGBTQ community. Jason has a passion for social justice and addressing health disparities.

Nicole Damar, Arizona Department of Health Services, Refugee Health Program, has a Bachelor’s degree in biology and medical anthropology and a Master’s degree in pathobiology. She spent two years working as an EMT, three years as a hospital social worker, and four years doing laboratory research.

Amy D’Arpino joined the Community Partnership of Southern Arizona in 2012 as the Cultural Diversity Specialist. She is the Chair of the LGBTQ Behavioral Health Coalition of Southern Arizona. In addition, Amy co-facilitates a support group for parents of transgender and gender diverse children. Amy holds a B.S. from ASU.

Davin Franklin-Hicks specializes in assisting organizations and service providers in meeting the unique needs of Lesbian, Bi-Sexual, Transgender, and Queer/Questioning people. He serves as Training Coordinator for the LGBTQ Behavioral Health Coalition of Southern Arizona and works as the Community Relations Administrator for La Frontera Arizona.

Jonathan Beebe Giudice completed schooling in Maryland and Mexico City and is a farmer, a translator and a member of AZ Queer Undocumented Immigrant Project (QUIP) and Arizona Coalition to End Sexual and Domestic Violence. He is excited to be part of building a powerful and queer migrant community in Arizona.

Kathy Gomez, has been a Legal Advocate for 12 years with Chicanos Por La Causa, De Colores Domestic Violence Shelter.

Ricky González, educated in international cuisine, fled persecution and discrimination in his home country of Guatemala. After arriving in the U.S., he was detained and suffered sexual harassment leaving him with psychological trauma. Ricky is working within Arcoiris, starting a microenterprise for formerly detained and undocumented LGBTQ people.
Bios

Eddie Grijalva, LISAC, CRSS has experienced poverty, abuse, and addiction. He has survived and thrived to embrace his past and be an influence in the lives of so many who suffer from their past. His story is an inspiration to others.

Robert Howard is the CEO of NAZCARE, Inc. Her research in the area of mental and substance abuse recovery has helped NAZCARE become a leader in mental health recovery and recovery training. Her best practice programs are implemented in all fifteen NAZCARE Wellness Centers and housing programs throughout rural Arizona.

Jennifer Johnson, a master’s level graduate of Arizona State University currently works for Native American Connections as a Behavioral Health Clinician, working directly with adults dealing with substance abuse issues.

Dr. Gulsah Kemer serves as a Behavioral Health Clinician, working directly with adults dealing with substance abuse issues.

Dr. Robert Velez is the Coordinator of the Research and Development Center for the Center for Psychiatric Health Initiatives at the University of Phoenix.

Guillermo Peña is a Field Supervisor for the United States Probation Office, in Phoenix, Arizona. He has a B.A. in Industrial Psychology from Universidad de las Américas, Mexico City, Mexico, and a M.Ed. from Northern Arizona University, Flagstaff, AZ.

David Rivás is a full time program specialist with MADD. He graduated from the University of Arizona in 2010 and has been involved in the nonprofit world since his graduation.

Roger Robinson is a United States Probation Officer/Instructor in Core Correctional Practices for the United States Probation Office in Phoenix, AZ. He has a B.A. in Sociology and a M.Ed, both from Northern Arizona University, Flagstaff, AZ.

Jesse Rocky Romero, LMSW/CJSOT is an Assistant Professor at New Mexico Highlands University School of Social Work. He has conceptualized, implemented, and received funding for two social work student training clinics focusing on training interns to be culturally aware and competent. Mr. Romero has worked as a consulting trainer for the National Hispanic and Latino ATTC.

Robert Scales, Ph.D., Director of Cardiac Rehabilitation and Wellness at Mayo Clinic, was the Principal Investigator in the Cardiac Rehabilitation and Health Initiatives of Lifestyle Education (CHILE) Study, investigating the impact of motivational interviewing (MI) on the behaviors of patients attending cardiac rehabilitation. He is an experienced trainer.

Patty Talahongva, is Hopi and Tewa. She attended ASU and has enjoyed a career as a journalist while attending Phoenix Indian High School. She has a Master of Science degree in Psychology from Arizona State University.

Xavier Teso is the Project Manager for Amistades, Inc.’s Razalogia Family Engagement Project. Xavier brings over twenty years of experience in working with community causes, educational and cultural events within the Chicano community and he is a graduate of the University of Arizona’s Mexican American Studies Program.

Dr. Noé Vargas, Director of Counseling Programs at Grand Canyon University, specializes in psychological trauma, substance abuse, and integrating behavioral health and medical care. He makes professional presentations on understanding childhood trauma, cultural diversity, and effective parenting communication.

Dr. Nathan A. Velez is Clinical Director of Adult/Crisis/Intake services at The Guidance Center in Flagstaff, AZ. He has a background in criminal justice, forensic psychology, community counseling, and Ph.D. in Educational Psychology. His research interests include distress, impairment, wellness, and social desirability in providers.

Victoria Villalba, a formerly detained transwomyn of color, pursued autodidactic studies of immigration law and LGBTQ rights while in the San Diego CCA Immigration Detention Center. Currently she organizes with Arcoiris and AZ Queer Undocumented Immigration Project and is developing a support group for formerly detained and undocumented transwomyn.

Charlotte Webb, M.A., Chief Recovery Officer at PSA Behavioral Health Agency, is a long-time proponent of recovery and wellness, holding a firm belief recovery is possible for all. Charlotte has worked as a peer (recovery) support specialist, peer mentor, and director of several innovative programs.

Marcos André's Williamson a graduate of Arizona State University currently working in youth prevention, is a member of AZ Queer Undocumented Immigrant Project (QUIP) and Arcoiris Liberation Team. Marcos is also a member of the Phoenix gay community.

Wendy L. Wolfestein, Ph.D., Director of Evaluation and Partner Contracts at the Southwest Interdisciplinary Research Center (SIRC) at ASU, has worked with local, county, state and national agency partners to design and perform evaluations, provide trainings and disseminate findings. Her program and evaluation efforts are aimed at preventing, reducing and eliminating health disparities.
The Ten Core Values of Cesar E. Chavez

1. **Service to Others** – Service that is predicated on empowering others; engendering self-help, self-determination, and self-sufficiency versus charity; recognizing our obligation to one another as one humanity; that is courageous and steadfast in its willingness to endure great hardship for others;

2. **Sacrifice** – Sacrifice that is spiritual; that requires boldness and courage versus economic justice and equality; action that against all odds; and optimism, human beings can prevail faith, steadfast commitment, patience, and optimism, human beings can prevail;

3. **A Preference to Help the Most Needy** – A concerted effort to reach out to the most in need, the most dispossessed, the most forgotten people in society no matter how difficult the challenge that choice may bring;

4. **Determination** – Determination that is characterized by an attitude that with faith, steadfast commitment, patience, and optimism, human beings can prevail against all odds;

5. **Non-Violence** – Invoking non-violence as the most powerful tool for achieving social/economic justice and equality; action that requires boldness and courage versus meekness and passivity;

6. **Acceptance of All People** – An essential ingredient for success in organizing diverse forces to achieve social change, create community, and actualize democracy; as an absolutely indispensable necessity to the well-being of this country;

7. **Respect for Life and the Environment** – Respect that holds as sacred the land, the people, and all forms of life;

8. **Celebrating Community** – Sharing the joys and respectful expression of cultural diversity through the reinforcement of the values of equity and responsibility to and for one another;

9. **Knowledge** – The pursuit of self-directed learning and the development of critical thinking and constructive problem solving skills; and,

10. **Innovation** – A creative capacity to find pragmatic strategies and tactics to resolve problems and situations that often seem insurmountable to others.

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Conference Planning Committee Members

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- Alexandra Zavala
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- Barb Garden
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