Multisector Approaches in Health Services Integration

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Behavioral Health Is Essential to Health

National Recovery Month

Prevention Works • Treatment is Effective • People Recover

September 2018
Life, Liberty, and the Pursuit of Happiness

Recovery Is Patriotic!
JOIN THE VOICES FOR RECOVERY
invest in health, home, purpose, and community
Health

- High-quality behavioral health treatments
- Equal access to care
- Metabolic syndrome
- Tobacco cessation
- Managing weight
- Preventative screening
- Integrated SUD services
- Integrated IDD services
“PSH provides an ideal service platform for reducing health disparities because it represents a critical point of services for many people with SMI and chronic medical conditions, helps bring existing health care and health promotion interventions closer into the community, and fits within a mission to improve wellness and recovery among this population.”

My disability is one part of who I am.
At work, it’s what people can do that matters.

National Disability Employment Awareness Month — Celebrating 70 Years!
Community

Emerging research shows that peer support is effective for supporting recovery from behavioral health conditions. Benefits of peer support may include:

- **Increased self-esteem and confidence** (Davidson, et al., 1999; Salzer, 2002)
- **Increased sense of control and ability to bring about changes in their lives** (Davidson, et al., 2012)
- **Raised empowerment scores** (Dumont & Jones, 2002; Ochuka, Nelson, Janzen, & Trainor, 2006; Resnick & Rosenheck, 2008)
- **Increased sense of hope and inspiration** (Davidson, et al., 2006; Ratzlaff, McDiarmid, Marty, & Rapp, 2006)
- **Increased empathy and acceptance (camaraderie)** (Coatsworth-Pusokey, Forchuk, & Ward-Griffin, 2006; Davidson, et al., 1999)
- **Decreased psychotic symptoms** (Davidson, et al., 2012)
- **Increased engagement in self-care and wellness** (Davidson, et al., 2012)
- **Reduced hospital admission rates and longer community tenure** (Chinman, Weingarten, Stayner, & Davidson, 2001; Davidson, et al., 2012; Forchuk, Martin, Chan, & Jenson, 2005; Min, Whitecraft, Rothbard, Salzer, 2007)
- **Increased social support and social functioning** (Kurtz, 1990; Nelson, Ochocha, Janzen, & Trainor, 2006; Ochoka et al., 2006; Trainor, Shepherd, Boydell, Leff, & Crawford, 1997; Yanos, Primavera, & Knight, 2001)
- **Decreased substance use and depression** (Davidson, et al., 2012)
Campus Behavioral Health

- 36% have a mental health diagnosis.
- 10.4% have considered suicide in previous 12 mos.
- 1 in 5 have an alcohol use disorder.
Advancing Recovery

BRSS TACS
Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

samhsa.gov/brss-tacs
Collegiate Recovery Communities Work!
Poetry for Personal Power at HSSU
21st Century Cures Act

An Unprecedented Federal Commitment to Those We Serve
Interdepartmental SMI Coordinating Committee

Center for Medicare and Medicaid Services
Department of Housing and Urban Development
Department of Labor
Families
Private Sector Partners

Communities

Department of Defense  Department of Education

SAMHSA
Attorney General

Health and Human Services
Veterans Affairs
Social Security Administration

States
Culture of Wellness Organizational Self-Assessment (COW-OSA)

The COW-OSA was designed for SAMHSA-funded Primary and Behavioral Health Care Integration grantees interested in improving their policies, procedures, practices, activities, services, and social and physical environments to reflect the characteristics of a wellness-focused organization. It is designed primarily as a performance improvement resource to increase an organization’s awareness of the key components of a wellness-focused culture, and to engage in a self-reflective process that assists in identifying what to keep doing, stop doing, and start doing.

The COW-OSA includes ten domains and related standards that are characteristic of an organizational culture of wellness. Each grantee may use this self-assessment to identify wellness-related strengths and areas requiring further exploration and development.

Instructions:
Use the following five point scale to indicate the degree to which your organization meets the standards described in the self-assessment.

0 = we don’t meet this standard at all
1 = we minimally meet this standard
2 = we partially meet this standard
3 = we mostly meet this standard
4 = we are exemplary in meeting this standard
N/A = this standard does not apply

*A score of 4 means you have expertise in this area that may be of help to other organizations interested in improving their performance around this standard.

1. Organization-Wide Wellness Team
   A. We have broad representation on an organization-wide wellness team (e.g., a planning/oversight workgroup/committee or group) consisting of clients, peer providers, psychiatrists, primary care providers, and interdisciplinary staff.

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A Model Culture of Health and Wellness

Our Nation, founded on Independence, can be a model culture of health and wellness.
SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)