Exploration of the Role of Faith-Based Organizations in Treating and Preventing Opioid Use Disorder

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Goal

To create an understanding of ways that local churches, synagogues, temples, and other faith-based organizations can be engaged to prevent and treat opioid use disorder.
Exploration of the Role of Faith-Based Organizations in Treating and Preventing Opioid Use Disorder
Introduction

• ACEs, Trauma Informed Care/Community Movement, Faith Communities
• Benefits of Partnering between Faith Communities and Coalitions
• Successful Partnership Examples
• Steps for Mutual Engagement
• DOs and DON’Ts
• Arizona Trauma Informed Faith Community (AZTIFC)
ACEs, Trauma Informed Care/Community Movement, Faith Communities

• ACE (Adverse Childhood Experiences) study is the foundation of the trauma informed care and community movement.
• Trauma informed care seeks the root causes of the surfacing symptoms.
• “What’s wrong with you?” VS. “What happened to you?”
ACEs Connection (nationwide network & resources)

www.acesconnection.com

ACEs Connection
Join the movement to prevent ACEs, heal trauma & build resilience.

PUBLIC  ACTIVE  341 MEMBERS

ACEs in the Faith-Based Community

Connecting and informing the faith community how to integrate ACE concepts into the faith-based community.

Remove Yourself From This Community

PUBLIC  ACTIVE  195 MEMBERS

Arizona ACEs in Action

The members of Arizona ACE Consortium promote ideas, policies and practices that reduce and prevent childhood adversity and build resilience in individuals, families and communities. ACEs can last a lifetime, but they don’t have to.
What can ‘faith’ do for the Trauma Informed Care?

Faith communities provide ‘unconditional love,’ ‘constant care,’ ‘compassion’ and other values and actions that are tremendously effective for the survivors’ resilience.
What can ‘faith’ do for the Trauma Informed Care?

Faith traditions provide rich resources for the mindfulness exercises that are widely used for regulating brain and body, and building resilience.
Benefits to community coalitions of partnering with faith-based organizations

• Collaborating with the organizations and communities that are already established

• There are numerous religious centers and worship places that represent various faith traditions such as Buddhism, Christianity, Islam, Judaism, and Hinduism etc.

• Many faith communities identifies with ethnic and cultural people groups.
### Religious composition of adults in Arizona

<table>
<thead>
<tr>
<th>Faith</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christian</td>
<td>67%</td>
</tr>
<tr>
<td>Evangelical Protestant</td>
<td>29%</td>
</tr>
<tr>
<td>Mainline Protestant</td>
<td>12%</td>
</tr>
<tr>
<td>Historically Black Protestant</td>
<td>1%</td>
</tr>
<tr>
<td>Catholic</td>
<td>21%</td>
</tr>
<tr>
<td>Mormon</td>
<td>5%</td>
</tr>
<tr>
<td>Orthodox Christian</td>
<td>&lt; 1%</td>
</tr>
<tr>
<td>Jehovah's Witness</td>
<td>1%</td>
</tr>
<tr>
<td>Other Christian</td>
<td>&lt; 1%</td>
</tr>
<tr>
<td>Non-Christian Faiths</td>
<td>6%</td>
</tr>
<tr>
<td>Jewish</td>
<td>2%</td>
</tr>
<tr>
<td>Muslim</td>
<td>1%</td>
</tr>
<tr>
<td>Buddhist</td>
<td>1%</td>
</tr>
<tr>
<td>Hindu</td>
<td>1%</td>
</tr>
<tr>
<td>Other World Religions</td>
<td>&lt; 1%</td>
</tr>
<tr>
<td>Other Faiths</td>
<td>2%</td>
</tr>
<tr>
<td>Unaffiliated (religious &quot;nones&quot;)</td>
<td>27%</td>
</tr>
<tr>
<td>Atheist</td>
<td>3%</td>
</tr>
<tr>
<td>Agnostic</td>
<td>4%</td>
</tr>
<tr>
<td>Nothing in particular</td>
<td>19%</td>
</tr>
<tr>
<td>Don't know</td>
<td>&lt; 1%</td>
</tr>
</tbody>
</table>

[Link to Pew Research Center](https://www.pewforum.org/religious-landscape-study/state/arizona/)
Benefits to community coalitions of partnering with faith-based organizations

• Faith communities consist of a variety of people groups from all social sectors and demographic backgrounds.

• Community members are from the same religious background with many differences in gender, age, socio-economic status, education and culture.

• Community members are working in diverse fields: business, education, medical and behavioral health, politics, engineering, art, etc.
Benefits to community coalitions of partnering with faith-based organizations

• Provision of a long term care and relationship
  
  • Faith communities can provide a constant care and long term relationship, which is a crucial moderator for the recovery.
  • Faith traditions facilitate positive values such as, resilience, perseverance, hope, peace, forgiveness, love, commitment, etc.
So the opposite of addiction is not sobriety. It is human connection.

Johann Hari
Benefits to community coalitions of partnering with faith-based organizations

• Provision of the protection factors for the harm reduction
  • Faith communities offer constructive and positive activities and programs for the life growth and restoration to the community members.
  • Many faith communities provide a shelter, safe place and resources for help.

• Existing services related to the recovery area
  • Mutual aid support groups (i.e. 12 steps, SMART, Celebrate Recovery)
  • Counseling, crisis intervention and prayer services
Benefits to faith-based organizations of partnering with community coalitions

• Opportunities to reach out to communities in need

  • Community coalitions offer the faith communities the opportunities to reach out and meet individuals where they are and where they work.
  • Community coalitions provide faith communities the opportunities to meet and reach those who are in need or in vulnerable situations.
Benefits to faith-based organizations of partnering with community coalitions

• Building relationship with the experts and helpers in the community

• Community coalitions consist of many experts and helpers in the community, who want to build relationships with other community members and organizations.

• Partnering with community coalitions is a natural and persuasive way to build positive and strong relationships with the recovery field.
Benefits to faith-based organizations of partnering with community coalitions

• Learning experiences and training opportunities

  • Community coalitions provide great resources and references to learn about substance use and opioid addiction.
  • Community coalitions introduce many opportunities for training congregation members with various topics related to substance use prevention and wellness.
Benefits to faith-based organizations of partnering with community coalitions

- Collaboration and volunteering to the community

- There are many community projects and events where faith-based organizations can collaborate with the community coalitions.
- Faith communities are to be informed by the community coalitions where their members can volunteer for substance use and opioid prevention related services.
Examples of successful partnerships:

The Faithful City
http://www.thefaithfulcity.org/
Sanghoon Yoo thefaithfulcity@gmail.com

South Mountain W.O.R.K.S. Coalitions
https://www.facebook.com/SouthMountainWORKSCoalition/
Shomari Jackson ShomariJ@sbhservices.org
The Faithful City and South Mountain W.O.R.K.S. Coalition

• TFC provides:
  • ACEs training and mindfulness exercises
  • Volunteers to help out the coalition’s programs and events
  • Various faith community resources and collaboration opportunities

• SM WORKS provides:
  • Diverse and excellent training opportunities related to substance use
  • Great resources and referrals to help out those who are struggling and vulnerable
  • Relationship building and networking opportunities with many other community organizations
The Live Well Arizona Incubator Project Vitalyst Sparks Podcast Interview

Join us for Part one of our four-part series with reflections and insights on the Live Well Arizona Incubator project. You’ll sit-in “live” as Shomari Jackson, Project Lead for the South Mountain WORKS Coalition, and Reverend Sanghoon Yoo, President of the Faithful City delve into thoughts about their coalition and its experience with the Live Well Incubator.

• https://vitalysthealth.org/the-vitalyst-spark-podcast/
NATIONAL PRESCRIPTION DRUG TAKE BACK DAY
BBQ & RESOURCE FAIR
SATURDAY, APRIL 27TH, 2019
10:00 A.M. - 2:00 P.M.
LINDO PARK
2230 W. ROESEER RD.
PHOENIX AZ 85041

Got Drugs?
Turn in and safely dispose of your unused or expired medication!

Engage with local community resources in the Muriel Smith Recreation Center

Questions?
Email smworksinfo@gmail.com or
call 602-305-7126 ext. 3354

Can’t wait? Please drop off all unwanted Rx Drugs at these locations anytime:
Phoenix Police Department, South Mountain
Mountain Park Health Center

Arizona Adverse Childhood Experiences Consortium
Examples of successful partnerships:

Pure Heart Church
http://www.pureheart.org/
Brenda Cochran bcochran@pureheart.org

Crossroads
https://thecrossroadsinc.org/
Lee Pioske lee.pioske@thecrossroadsinc.org
Pure Heart’s Trauma Informed Strategy

• Whole-person approach to caring for members

  • Wellness department
    • strengthening body with physical exercises

  • Counseling department
    • 4 therapists specializing in substance use, trauma, mental illness, children, couples & families

• Professionally led whole-person trauma groups
Peer-led Monday Night Support Groups at Pure Heart

- Women’s Recovery
- Men’s Recovery
- P.A.L (Parent’s of Addicted Loved Ones)
- Men’s Transformation (Sexual Issues)
- Living Grace (Mental Illness)
- Family Grace (Family Support for loved ones with Mental Illness)
- DivorceCare for women
- GriefShare
- Women’s Codependency
- General Women’s Support
- Single Moms
- Veteran’s Trauma/PTSD Support
- Full Circle Youth at Risk (12 step for teens/young adults with high risk behaviors)
- Life Builders (support for children ages Kindergarten – 6th grade)
Crossroads/Pure Heart Church Collaboration
Grand Opening late 2019

• Intensive outpatient substance use disorder treatment groups for men & women
• Will accept AHCCCS, private insurance & cash pay rates
• Treat the whole person
• Includes treatment for family & children
Steps for Engaging Faith-based Organizations

• Find or refer a person/people from the faith community in your coalition.
• Find or refer faith communities in your local area.
• Build a relationship in trust and mutual help.
• Invite to each other’s function, meeting(s) and event(s).
• Draw an attention and permission from the headship of the community.
• Provide helpful resources and trainings.
• Find a common interest or opportunity for working together.
• Build or invite to a collaborative project.
Steps for Engaging Faith-based Organizations Exercise

• Who is the person, leader or people group from the faith community in your coalition?
  • ____________________________________________________________

• What are the faith-based organizations in your coalition area?
  • ____________________________________________________________
  • ____________________________________________________________
  • ____________________________________________________________
Steps for Engaging Faith-based Organizations Exercise

• What are the effective ways to build trust with the faith community?
  • ____________________________________________________________________
  • ____________________________________________________________________

• What are the meetings and/or events you can invite faith leaders to?
  • ____________________________________________________________________
  • ____________________________________________________________________
  • ____________________________________________________________________
Steps for Engaging Faith-based Organizations Exercise

• Who is the head person or senior leader that you need to contact in a particular faith community?
  • 

• What information and resources you want to take to the faith leader?
  •
  •
  •
  •
Steps for Engaging Faith-based Organizations Exercise

• What would be a common interest between you and the faith leader?
  • _____________________________________________________________
  • _____________________________________________________________

• What would be a possible event or project you can develop together with the faith leader or faith-based organization?
  • _____________________________________________________________
  • _____________________________________________________________
Steps for Engaging Faith-based Organizations Exercise

• How long it might take for you and the faith leader or faith-based organization to make a progress with each step of engagement?
  • ____________________________________________________________
  • ____________________________________________________________

• How will you evaluate the progress and follow up with the faith leader?
  • ____________________________________________________________
  • ____________________________________________________________
Steps for Engaging Faith-based Organizations

1. Find/Refer a Person or Community
2. Building Relationship
3. Invitation
4. Mutual Help
5. Building a Project/Collaboration
DOs and DON’Ts

• DOs
  • Take a long time enough to build a relationship with trust.
    • Relationship building takes months and years to bear a mutual trust.
  • Listen to the faith community to know them better.
    • Try to know and learn about personal and organizational stories besides events and programs with the business interest.
  • Give away available resources and references to support them.
    • Provide materials as much as possible, making it sure that those are updated ones.
DOs and DON’Ts

• DON’Ts
  • Don’t get easily disappointed with a high expectation.
    • Don’t hurry to make huge progress in building a relationship and developing interests.
  • Don’t bring your own theology or faith tradition to persuade the community.
    • Don’t try to justify the need for collaboration by your own faith conviction.
  • Don’t give the impression that you just want to use their resources.
    • Mutual support and benefit are to be the requirement in all dialogues and collaboration.
Arizona Trauma Informed Faith Community (AZTIFC)

AZTIFC Mission: Building resilient faith-based organizations as trauma informed community to facilitate sensitive care, training, resource sharing, advocacy and social movement, not compromising own faith tradition but multiplying collaboration in the community for the greater good.

AZTIFC – Tracks, Organizations & Regional Leadership Development

Resilient Church Conference

Thursday February 6 2020

Resilient Church

KEYNOTE SPEAKERS

More info:
Rev. Sanghoon Yoo
thefaithfulcity@gmail.com

Speakers from 2019
Building the Resilient Church Conference

Breakout Track Sessions
BLDG 500 & 600

Addiction & Recovery
- Eddie Fisher (Clearfork Academy), Michael Bliis (Men's Chemical Dependency Group at Pure Heart), Sam Burba (Governor's Office of Youth, Faith and Family)

Addiction & Harm Reduction
- Angie Gerin (Addiction Haven), Dave Cooke (100 Pedals, Inc), Tripti Choudbury (BRAVE Community)

Institute for Collective Trauma and Growth

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From Mistrust to Hope: A Post-conference Reflection of The Resilient Church
3/12/2018

This post is one of two reflections on The Resilient Church conference. Read part II here.

On February 9th, 2018, Pure Heart Church and The Faithful City (TFC) hosted "The Resilient Church Conference" (short video here) in Glendale, Arizona. There were 25 speakers who conducted keynote speeches and breakout sessions that focused on trauma, addiction, and mental health. This was a historic and successful event that made me sincerely grateful to God and those involved, including Pastor Dan Steffen and Brenda Cochran of Pure Heart Church, TFC leaders, conference speakers, and volunteers.

Over 250 attendees enjoyed the conference and affirmed their appreciation and passion for future involvement in the trauma-informed community movement. After reflecting on the journey of organizing the conference, from the initial meeting one year ago to the evaluation meeting that just happened last week, there was one phrase that came to my mind: "From Mistrust to Hope."