9th Annual Summer Institute

System Transformation in an Era of Recovery-Oriented Services

July 14-18, 2008 — Hilton Sedona Resort
Welcome to Summer Institute 2008. We are pleased you have chosen to join us for our 9th annual behavioral health conference in beautiful Sedona.

This year, we have assembled a premier lineup of the leading voices in substance use and mental health from Arizona and across the United States. You will see this year’s event offers a variety of plenary and breakout session topics aimed at bringing you the most innovative, useful information available and give you the tools to better serve your clients and constituents.

Presentations have been selected to amplify this year’s conference theme: System Transformation in an Era of Recovery-Oriented Services.

SAMHSA’s Center for Substance Abuse Treatment defines recovery from alcohol and substance use problems as “a process of change through which an individual achieves abstinence and improved health, wellness and quality of life.” This recovery-oriented approach informs and is consistent with the Pacific Southwest Addiction Technology Transfer Center and the Center for Applied Behavioral Health Policy’s commitment to fostering science-based, client-centered services.

New at this year’s conference is the Motivational Interviewing Academy. A cohort of 40 behavioral health professionals attending the conference will devote five days to an individualized, intensive immersion training led by Robert Rhode, Ph.D. Our first-ever MI Academy will serve as the kickoff of a series of MI training opportunities we will offer throughout Arizona over the coming year.

The 4th Annual Arizona Behavioral Health Awards Gala will take place 5:30 p.m., Thursday, July 17 in the Canyon Ballroom. The elegant dinner event will feature live music, fun and fellowship – if you have not already registered for the gala, tickets may still be available at the registration desk. Join us in honoring those who have made valuable contributions to the behavioral health in our state.

Thank you again for sharing Summer Institute with us. We hope your experience here will be one of learning and rejuvenation before you return home to carry on the important work you do to improve the lives of those you serve in Arizona.

For more information, visit:  

www.cabhp.asu.edu
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<tr>
<th>Time</th>
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<tr>
<td><strong>TUESDAY</strong>&lt;br&gt;12:30-2 p.m.</td>
<td><strong>OPENING PLENARY:</strong> The Health/Mental Health Imperative: Integration as the Only Sensible Alternative, David Shern, Ph.D. — Canyon Ballroom A &amp; B</td>
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<tr>
<td>2:15-3:45 p.m.</td>
<td>Session 2: Evidence-Based Practices in Co-occurring Disorders Treatment&lt;br&gt;Session 4: National Outcome Measures&lt;br&gt;Session 5: HIV/AIDS and Mental Health&lt;br&gt;Session 6: Factors Affecting the Quality of Community Supports for Persons with SMI&lt;br&gt;Session 7: Leveraging Affordable Housing Dollars</td>
<td>Canyon Ballroom A &amp; B&lt;br&gt;Canyon Ballroom B&lt;br&gt;Oak Creek A&lt;br&gt;Oak Creek B&lt;br&gt;Dry Creek&lt;br&gt;Juniper Suite</td>
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<tr>
<td>4-5:30 p.m.</td>
<td>Session 10: Emotional Models for Addiction&lt;br&gt;Session 9: The Children’s System of Care in Arizona&lt;br Session 11: Discrimination 101 for People in Recovery</td>
<td>Canyon Ballroom A &amp; B&lt;br&gt;Session 12: Electronic Information Exchange and Behavioral Health</td>
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<td>5:30 p.m.</td>
<td><strong>NO HOST RECEPTION:</strong> PATIO AREA</td>
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<td><strong>WEDNESDAY</strong>&lt;br&gt;8:45-10:15 a.m.</td>
<td><strong>PLENARY:</strong> Building a Systemic Vision for Resiliency, Wellness and Recovery - A New Age, A Stronger Profession, Michael Flaherty, Pd.D. — Canyon Ballroom A &amp; B</td>
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<tr>
<td>10:30 a.m.-NOON</td>
<td>Session 14: Treating Young Adults Aged 18-24&lt;br&gt;Session 13: Leading a Peer Work Force&lt;br&gt;Session 11: Discrimination 101 for People in Recovery&lt;br&gt;Session 15: Late life Depression and Family Caregivers</td>
<td>Canyon Ballroom A &amp; B&lt;br&gt;Session 12: Electronic Information Exchange and Behavioral Health</td>
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<td>NOON-1:45 p.m.</td>
<td><strong>LUNCH PLENARY:</strong> Understanding and Managing the Recovery Cycle, Michael Dennis, Ph.D. — Canyon Ballroom A &amp; B</td>
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<td><strong>THURSDAY</strong>&lt;br&gt;9:10-11:45 a.m.</td>
<td><strong>PLENARY:</strong> Employment and Economic Self-Sufficiency as Pathways to Recovery, Judith Cook, Ph.D. — Canyon Ballroom A &amp; B</td>
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<td>12:15-1:45 p.m.</td>
<td><strong>PLENARY:</strong> Recovery &amp; Wellness Oriented Services System: Challenges and Possibilities from a Personal and Professional Perspective, Margaret Swarbrick. Ph.D. — Canyon Ballroom A &amp; B</td>
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<td>2-3:30 p.m.</td>
<td>Session 32: Cultural Adaptation Initiative&lt;br&gt;Session 35: Successful Treatment for SMI and Chemical Dependency&lt;br&gt;Session 31: An Integrated Health Intervention&lt;br&gt;Session 34: Gambling Addiction &amp; Recovery&lt;br&gt;Session 33: Building a Collaborative Community</td>
<td>Canyon Ballroom A &amp; B&lt;br&gt;Session 16: System Transformation at the Mental Health Center of Denver</td>
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<td>5:30 p.m.</td>
<td><strong>4TH ANNUAL ARIZONA BEHAVIORAL HEALTH AWARDS GALA</strong></td>
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<td><strong>FRIDAY</strong>&lt;br&gt;8:30-10 a.m.</td>
<td>Session 38: Developing Welcoming Integrated Systems of Care&lt;br&gt;Session 37: Becoming a Recovery Facilitating Organization&lt;br&gt;Session 39: Responding to the Mental Health Needs of the Deaf Community&lt;br&gt;Session 40: A Youth Tobacco Prevention Program&lt;br&gt;Session 36: Peer Supports as Recovery Partners</td>
<td>Canyon Ballroom A &amp; B&lt;br&gt;Session 16: System Transformation at the Mental Health Center of Denver</td>
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<td>10:15-11:45 a.m.</td>
<td><strong>CLOSING PLENARY:</strong> Substance Abuse Treatment: The Next Generation, Richard Rawson, Ph.D. — Canyon Ballroom A &amp; B</td>
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Session 1 – OAK CREEK B: A Web-Based Audio-Visual Library as Tool for Member and Family Empowerment
Michael Berren, Community Partnership of Southern Arizona (CPSA)
Community Partnership of Southern Arizona (CPSA) has created a Web-based audio-visual library containing empowering information for members, families, providers and other stakeholders. The presentation will focus on three types of information:

- Clinical (What is Schizophrenia)
- Systems (Advance Directives)
- Inspirational (personal stories of recovery and words of wisdom)

A description of the AV library was published in the spring issue of Behavioral Healthcare. The presentation will include a demonstration of the library, review of user satisfaction data, and information on how to build a similar system or (free of charge) build presentations on the CPSA system.

Session 2 – CANYON A: Use of Evidence-Based Practices in the Implementation of Co-Occurring Disorders Treatment Programs
Linda Gerston, Ventura County Behavioral Health
The workshop will describe the development and implementation of the Ventura County Behavioral Health (VCBH) Integrated Dual Diagnosis Treatment (IDDT) Program, which used the Substance Abuse and Mental Health Services Administration (SAMHSA) toolkit for Co-Occurring Disorders and Fidelity Scale as a template for evidence-based treatment of individuals with serious mental illness and severe substance use disorders.

The workshop will include information on how to integrate treatment of trauma and post-traumatic stress disorder into a co-occurring disorders program.

Session 3 – DRY CREEK: The National Child Traumatic Stress Network: Resources and Opportunities
Pat Penn, La Frontera Center, Inc.
Elizabeth Wong, Arizona’s Children Association
Sandra Gallagher, La Frontera Center, Inc.
The presentation will introduce the National Child Traumatic Stress Network (NCTSN) and its wide array of resources, which foster collaboration. The NCTSN, a SAMHSA/CMHS-funded initiative, is a nation-wide network of researchers and clinicians dedicated to improving care for traumatized children and families, and interactions among multiple community stakeholders.

The presentation will highlight two toolkits dedicated to children/youth with co-occurring disorders, both of which include case vignettes, audio-visual and written materials, activities and further resources.

Session 4 – CANYON B: National Outcome Measures: Moving the System Toward Recovery
Melissa Thomas, Lisa Shumaker and Sondra Stauffacher, Arizona Department of Health Services, Division of Behavioral Health Services (DBHS)
The workshop will be presented by representatives from the Arizona Department of Health Services Quality Management and Grants area as a follow-up to the Summer Institute 2007 presentation “When Worlds Collide.” All providers in the Arizona public behavioral health system capture demographic data that is used to populate and report the National Outcome Measures (NOMs). However, not all providers know what the NOMs are, what data creates them and why they are important.

The presentation will be a refresher and update on all NOMs activities at the state and the federal levels. Presenters will identify how the NOMs can be used to move our system to a more recovery orientation.

Session 5 – OAK CREEK A: HIV/AIDS and Mental Health
Cora Bruno, Body Positive
The session will provide a comprehensive overview of mental illness as it relates to HIV/AIDS. The issues faced by those living with HIV/AIDS provide a complex challenge for providers and others to identify and treat. With the advent of new and improved HIV medications, long term survival has been achieved, and approaches for increasing life-span skills for improving quality of life need to be developed and implemented. The workshop will provide tools to address these challenges.
Session 6 – OAK CREEK A: Factors Affecting the Quality of Community Supports for Persons with Serious Mental Illness in Maricopa County

Michael S. Shafer, Richard Rivera and Michael Funk, CABHP

For the past 27 years, DBHS and Maricopa County have been defendants in a class action lawsuit. As a condition of the lawsuit, an independent case review is conducted by the Office of the Court Monitor to evaluate the relative quality of services provided and the outcomes achieved serving persons with serious mental illness.

The presentation will detail results of statistical analyses conducted on data obtained from the 2006 and the 2007 audits, which will be presented to identify client- and service-level factors affecting the determination of service quality.

Session 7 – OAK CREEK B: Leveraging Affordable Housing Dollars to Provide Safe, Drug Free Housing as part of the Behavioral Health Continuum of Care

Dianna Yazzie Devine, Native American Connections

Clients do best after treatment if they have access to safe and affordable housing. Native American Connections has been able to leverage available affordable housing dollars to acquire assets and capital to support our continuum of care to provide transitional as well as permanent housing, which allows us to expand and enhance our services. The presentation will discuss Native American Connections experience since its inception in 1972.

Session 8 – DRY CREEK: Integrated Re-Entry in Illinois

Janelle Prueter and Joel Warmolts, TASC, Inc.

Illinois has taken the lead in innovative approaches to substance abuse for offenders to promote successful reentry after incarceration. In the last four years, Illinois has opened two model drug treatment prisons: Sheridan Correctional Center and Southwestern Correctional Center, which also houses a model methamphetamine treatment program.

The workshop will outline the history of reentry initiatives in Illinois, successful outcomes of the program, and challenges and plans for future improvements, such as integrating the system and services around durable long-term recovery.

Session 9 – CANYON B: The Children’s System of Care in Arizona

Bob Crouse, Tim Penrod, Bettie Jordan, Terri Kang, Kevin Flynn, Kurt Rieck and Katie McGlynn, DBHS

Discussion will focus on three aspects of the children’s system of care in Arizona. Participants will receive an overview that covers the evolution of the system and a vision for achieving balance in behavioral health services via case management, treatment/medication services, and direct support services.

Discussion will also cover use of the Child and Adolescent Service Intensity Instrument (CASII) to recommend level of service for children needing intensive case management.

The presentation will close with a brief overview of the DBHS “Meet Me Where I Am” (MMWIA) initiative and a description of how MMWIA’s emphasis on providing quality, community-based support and rehabilitation services has improved outcomes for youth and families enrolled in the Arizona public behavioral health system.

Session 10 – CANYON A: Emotional Models for Working with Addiction

Rick E. Thomas, I.D.E.A. Consulting

The advent of the Cognitive-Behavioral revolution of the late 70s and early 80s led many clinicians to focus on thought and mental processes. The workshop offers a comparison and contrast of Robert Plutchik’s emotional model and Sylvan Tompkins affect model respectively. A framework for the clinician to use the counseling skill of reflection to help create a deeper therapeutic relationship is presented. The importance of feeling and the coming affective neuroscience revolution will be explored. Extensive references for further research will be included in the handouts.
Session 11 – OAK CREEK A: Discrimination 101 for People in Recovery
John De Miranda, National Association on Alcohol, Drugs and Disability

Despite widespread public acceptance of alcoholism and drug addiction as public health problems, those affected by substance use disorders still face discrimination in the employment and housing markets, as well as loss of basic civil liberties. The workshop provides examples of discriminatory practices, an overview of the laws prohibiting discrimination (The Rehabilitation Act of 1973 and The Americans with Disabilities Act of 1990), and how persons experiencing discrimination can use these statutes in their defense.

Session 12 – DRY CREEK: Electronic Health Information Exchange and Behavioral Health: Putting the Future in Focus
Victoria L. Navarra, DBHS
Brad Tritle, Arizona Health Connection Roadmap (AzHEC)
Anita Murcko, Arizona Healthcare Cost Containment System
Eric Thomas, Arizona Government Information Technology Agency

The President’s New Freedom Commission on Mental Health focuses on the use of technology to transform the delivery of behavioral health care in America. Goals include a recommendation to “develop and implement integrated electronic health records (EHR) and personal health information (PHI) systems.” The presentation will cover: the Arizona Initiatives, AZHeC and AHCCCS-HleHR Project Utility; and how adoption of EHRs and the “virtual medical home” can empower patients to actively engage in collaborative self-management.

Session 13 – CANYON B: Leading a Peer Work Force: Innovative Clinical Supervision Strategies that Foster the Growth of Peers in Substance Use and Co-Occurring Programs
Courtney Penniman, Christy Dye and Christopher Bartz, Recovery Innovations of Arizona

Peers bring a unique and highly valuable gift to substance use and co-occurring programs, yet many supervisors find themselves perplexed by the unanticipated dilemmas that peers face in their professional roles. Attendees will learn how to effectively and ethically supervise peers with issues such as peer role confusion, personal relapse, self-disclosure risks, dual relationships, and challenges that may arise while delivering services in triggering environments.

Session 14 – CANYON A: Securing Their Future: Treating Young Adults Aged 18-24 with Substance Use Disorders
Gabriella Guerra and Elaine Gropenbacher, Piurek and Associates

This session will include information for behavioral health practitioners and leaders related to the unique characteristics surrounding the 18-24 age group, issues surrounding family dynamics, and areas for staff development. Presenters will address the impact of substance abuse on this population’s social and cognitive development and identify and discuss useful programmatic strategies.

Session 15 – OAK CREEK B: Evidence-based Psychological Treatments for Late Life Depression and Family Caregivers
David W. Coon, Arizona State University (ASU)

As Arizona’s aging population continues to grow, the need to identify and effectively deliver empirically supported behavioral health programs for older adults and their family caregivers is critical. This presentation draws from recent findings by the American Psychology Association’s Task Force on Evidence-Based Psychological Treatments (EBTs) for Older Adults to focus on the identification of EBTs for late life depression and family caregivers of older adults. As a member of the Task Force, Dr. Coon will expand on similarities and differences among the core components of the EBTs identified for both populations, and will share both challenges and opportunities for the delivery of EBTs.
Session 16 – JUNIPER: System Transformation at the Mental Health Center of Denver: What it Takes to Get There

Kate Deroche, C.J. McKinney and Roy Starks, Mental Health Center of Denver

This workshop will describe the steps taken by the Mental Health Center of Denver to transform into an outcomes-focused, recovery oriented center. These include changes in mission and vision, the creation of a recovery committee charged with providing infrastructure that will foster recovery in consumers and a wellness culture in staff.

The presentation will also describe our first steps in the creation of a recovery university, the creation of several instruments developed to assist clinical practice and assess the recovery needs of a mental health center and finally, the creation of learning collaborative with other centers across the nation.

Session 17 – CANYON B: Utilizing the Community Reinforcement Approach with Family Therapy (CRAFT) Model in a Community Treatment Program Setting (Part 1)

Raymond Anderson, CABHP

For decades, attention has focused on the user of substances, with little concentration given to those who surround the user. Traditional approaches often promote confrontation, or portray the need for the client to “hit bottom.” Community Reinforcement and Family Training (CRAFT) is an effective approach that can benefit Concerned Significant Others (CSOs) of those affected by addiction.

Without confrontation, CRAFT has been used in community treatment settings to get loved ones with substance use disorders to engage in treatment (generally 6 out of 10). CRAFT can improve quality of life for CSOs, and reduce substances use, even for those who do not engage in treatment. The presentation will also include a discussion of how this approach may be implemented in various communities.

Session 18 – OAK CREEK A: Project Connect: Alcohol, Drugs and Developmental Disabilities (Part 1)

John De Miranda, National Association on Alcohol, Drugs, and Disability

It was long believed that persons with developmental disabilities were immune from alcohol and drug problems, and studies indicated low rates of substance abuse prevalence. As independent living and supported employment programs have evolved, more recent studies indicate increasing alcohol and drug use.

Project Connect is funded by the California Endowment and has already generated national interest. The presentation will discuss the need for integration of services and increased communication between behavioral health agencies and those serving people with developmental disabilities.

Session 19 – DRY CREEK: Motivating Behavior Change: The Case of Illicit Drug Use

Elias Robles-Sotelo, ASU

Drug abuse is frequently described as a chronic, relapsing brain disease. Abundant evidence exists that neuro-chemical reward mechanisms are “hijacked” by drug compounds, leading to neurophysiologic changes associated with compulsive patterns of drug use.

While genetic and neuro-chemical factors are significant, a conducive social, psychological environment is also essential to motivating abstinence and recovery. The presentation will address the power of competing motivations (drug reward vs. non-drug reward) in determining everyday behavior, as well as the use of effective environmental interventions to motivate behavior change.

Session 20 – CANYON A: System Transformation in Arizona: DBHS Speaks Out

Rodgers Wilson, Lisa Shumaker, Norma Garcia-Torres, Tom Kelly and Laura Henry, DBHS

Key leaders at DBHS will outline their agency’s vision and plan for transforming Arizona’s behavioral health service delivery system. The panel will discuss accomplishments toward realizing this vision, and how everyone has role in achieving an integrated system of recovery throughout Arizona.

Session 41: OAK CREEK B: Say It Straight (Part 1)

Cathy Torrez-Paddack, Terros Inc.
Jason Vail Cruz, Terros Inc.

Say It Straight (SIS) an evidenced based intervention funded by SAMHSA to prevent the onset/relapse of substance abuse, HIV and Hepatitis. This intervention utilizes sculpture, visualization and movie making to assist participants in identifying current dis-empowering methods of communication and replacing them with SIS. SIS teaches participants how to discover and honor their deepest wish and to communicate that with respect for the other person and the issue.
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Nafi

New Arizona Family, Inc.
**Session 21 – JUNIPER: Using the Arizona Arrestee Reporting Information Network (AARIN) to Surveil Trends Among the Adult and Juvenile Arrestee Population**

Charles Katz, David Choate and Andrew Fox, ASU

The workshop will describe the Arizona Arrestee Reporting Information Network (AARIN), which was established by Maricopa County in January 2007 to monitor drug use trends, treatment needs and at-risk behavior among arrestees recently booked in the county. For eight weeks each quarter, trained local staff members conduct voluntary, anonymous interviews with adults and juveniles who have been arrested within the past 48 hours.

Recent survey results, focusing on the intersection of drug abuse and mental health among arrestees, will be presented.

**Session 22 – CANYON B: Utilizing the Community Reinforcement Approach with Family Therapy (CRAFT) Model in a Community Treatment Program Setting (Part 2)**

Raymond Anderson, CABHP

For decades, attention has focused on the user of substances, with little concentration given to those who surround the user. Traditional approaches often promote confrontation, or portray the need for the client to “hit bottom.” Community Reinforcement and Family Training (CRAFT) is an effective approach that can benefit Concerned Significant Others (CSOs) of those affected by addiction. Without confrontation, CRAFT has been used in community treatment settings to get loved ones with substance use disorders to engage in treatment (generally 6 out of 10). CRAFT can improve quality of life for CSOs, and reduce substances use, even for those who do not engage in treatment. The presentation will continue discussion of how this approach may be implemented in various communities.

**Session 23 – OAK CREEK A: Project Connect: Alcohol, Drugs and Developmental Disabilities (Part 2)**

John De Miranda, National Association on Alcohol, Drugs, and Disability

It was long believed that persons with developmental disabilities were immune from alcohol and drug problems, and studies indicated low rates of substance abuse prevalence. As independent living and supported employment programs have evolved, more recent studies indicate increasing alcohol and drug use. The presentation continue discussing Project Connect and the need for integration of services and increased communication between behavioral health agencies and those serving people with developmental disabilities.

**Session 24 – CANYON A: System-Wide Collaboration in Trauma-Informed Substance Abuse Treatments for Adolescents**

Janet Fuhriman, Arizona’s Children Association (AZCA)
Barbara Quade, Jewish Family & Children’s Services (JFCS)

The Child & Adolescent Traumatic Stress Services Center of Southern Arizona (CATSS) is a collaboration of JFCS, AZCA, Pima County Victim Witness and LFC, which is designed to expand access to trauma-informed services and enhance the availability of evidence-based trauma treatment resources for children and adolescents and their families in Pima County and rural Arizona.

The workshop will discuss avenues of success, including community implementation of a trauma screening, including the identification of two best practice models. The presentation will also discuss bringing trauma informed services to first responders (police, fire) and to the families of deployed military.

**Session 25 – DRY CREEK: Technology and Transforming Systems**

Brain Arthur, and Chris Phillips, CABHP

The Internet arose, in part, from the efforts of scientists in the late 1960s to create a resource sharing network for the dissemination of research and data. Recent advances in technology continue to transform the way humans interact, especially in the realm of data collection and analysis. These advances may also improve the work of agencies in the behavioral health field.

The presentation will discuss CABHP’s work developing Web data portals, which track client participation and program outcomes. The availability of “real time” data not only improves the efficiency and quality of outcome reporting, but may enable agencies to more readily adapt treatment delivery and adjust implementation strategies to better meet client needs.

**Session 42: OAK CREEK B: Say It Straight (Part 2)**

Cathy Torrez-Paddack, Terros Inc.
Jason Vail Cruz, Terros Inc.

Say It Straight (SIS) an evidenced based intervention funded by SAMHSA to prevent the onset/relapse of substance abuse, HIV and Hepatitis. This intervention utilizes sculpture, visualization and movie making to assist participants in identifying current dis-empowering methods of communication and replacing them with SIS. SIS teaches participants how to discover and honor their deepest wish and to communicate that with respect for the other person and the issue.
Session 26 – CANYON B: Implementing Evidence-Based Practices in a Transitional Housing Program

Michael S. Shafer, CABHP
Nick Jones, Old Pueblo Community Services
Tom Litwicki, Casa Santa Clara
Lindsay Gray, CABHP

The challenge in treating substance use disorders is no longer that of demonstrating clinical efficacy, but one of implementation and institutionalization of practices.

The presentation will describe the path of Old Pueblo Community Services through the stages of implementation as it adopted two evidence-based practices – Motivational Interviewing and Community Reinforcement Approach – using a multi-dimensional heuristic that includes both the stages and degrees of implementation.

Session 27 – DRY CREEK: Safe Zones for Sexual Minorities: Culturally Competent Services for LGTBQ People in Treatment

Marie Hamilton and Lisa Razzano, University of Illinois at Chicago

The workshop explores heterosexism, homophobia, and fixed ideas about gender expression in the lives of sexual minorities. Participants will engage in strategies to create “safe zones” within organizations to enhance cultural competence in the services provided to sexual minorities.

The session will focus on several activities: educate participants regarding sexual orientation and gender identity and its relevance to effective treatment services; challenge heterosexist assumptions and homophobia on a personal and institutional level; establish a visible support system for sexual minority people in treatment and staff; and help participants identify behaviors and policies that encourage inclusivity.

Session 28 – CANYON A: The Arizona Substance Abuse Partnership: A Statewide Collaboration Aimed at Maximizing Health and Safety Outcomes through the Elimination of Substance Abuse

Jeanne Blackburn, Governor’s Office for Children, Youth and Families
Phillip Stevenson, Arizona Criminal Justice Commission

The workshop will discuss the Arizona Substance Abuse Partnership, the single statewide council on substance abuse issues, whose duties include coordinating and improving funding allocation processes across state agencies to address gaps in prevention, treatment and enforcement efforts.

This workshop will discuss the results of this assessment and indicate potential implications to the substance abuse treatment system in Arizona.

Session 29 – OAK CREEK A: Adapting Seven Challenges Substance Abuse Programming to Adolescent Girls in a Residential Setting

Alyssa Rapisarda and Todd O’Leary, Florence Crittenton

The Seven Challenges program is an evidence-based harm-reduction approach for working with substance-abusing and drug dependent youth and young adults, which has been adapted by Florence Crittenton for use with adolescent girls in a residential treatment setting.

The workshop will describe why the program is effective working with girls and will share some of modifications made to implement this program in a residential setting with a varying length of stay.

Session 30 – OAK CREEK B: Parent to Parent Recovery: A Parent’s Influence

Aimee Amado, Arizona Department of Economic Security
Ron Caprio, TERROS
Tony Morgan, TERROS
Katie McGinty, TERROS

The workshop will include an overview of the Parent to Parent recovery program and its implementation in Maricopa County. The program will provide enhanced AFF services through the assignment of a trained Recovery Coach by TERROS, who engages the family and assists them in their recovery from substance abuse. The program builds on the strengths and capacities of existing providers by using an enhanced model of collaborative and multidisciplinary substance abuse and child welfare interventions.
Session 31 – OAK CREEK A: An Integrated Health Intervention for People Affected by HIV/AIDS, Mental Illness, and Substance Use
Lisa Razzano and Marie Hamilton, University of Illinois at Chicago
Research has documented increased vulnerability to HIV infection for clients with co-occurring mental health and substance use disorders, and the potential for ongoing participation in high risk sexual and drug use activities. As a result, health interventions must address the multiple factors affecting these individuals, and the convergence of mental health, substance use, and chronic physical health impairments, such as HIV/AIDS. The presentation summarizes findings from two randomized studies of an evidence-based, integrated intervention for individuals affected by HIV/AIDS, substance use, and mental illness.

Session 32 – CANYON A: Cultural Adaptation Initiative: Providing Evidence-Based Practices to Populations of Color
Rick Ybarra, Hogg Foundation for Mental Health
Evidence-based practices (EBPs), such as Cognitive Behavioral Therapy (CBT), are shown to improve outcomes in numerous treatment studies. However, providing EBPs for people of color with mental illnesses has been controversial, as there are not sufficient data available to determine whether cultural adaptations are superior to standard EBPs. The presentation will cover program components of the Cultural Adaptation Initiative, grantee sites, population served, cultural adaptations implemented, and lessons learned in year one.

Session 33 – DRY CREEK: Building a Collaborative Community to Tackle Youth Substance Abuse
Chuck Rankin, CPSA
Glin Whitehead, Arizona’s Children Association
Jennifer Langford, Pima County Juvenile Court
June Trimble, The Partnership
Elise Lopez, Compass Healthcare
Bridget Ruiz, University of Arizona - Southwest Institute for Research on Women (SIROW)
The workshop will share successes and lessons learned from building an active and sustainable group of diverse professionals, community members and youth advisors who collaborate to improve youths’ resiliency from substance abuse. Each presenter will provide a unique perspective on how their roles in a variety of collaborative successes (i.e. a youth-led town hall style conference, multiple outreach projects, and joint trainings).

Session 34 – OAK CREEK B: Gambling Addiction & Recovery: No Shortcut to Easy Street
Bobbe McGinley, ACT-Counseling & Education
The program will provide an overview of the assessment process, treatment plan development, and methods of treatment for compulsive gamblers and their families. The program will discuss the types of gamblers, the characteristics of a gambler, the similarities between gambling addiction and substance abuse, and the stages, progression, and pathology of gambling addiction. Discussion will include gambling issues related to family, youth, women and the elderly, as well as problems caused by gambling in the workplace and online gambling. The program will also cover the recovery process, types of treatment (i.e., residential, outpatient, self-help), and positive outcomes of treatment.

Session 35 – CANYON B: Twelve Women Under One Roof: Secrets of Successful Treatment for SMI and Chemical Dependency in a Residential Setting
Patricia L. May, Verde Valley Guidance Clinic
The workshop will discuss a gender-specific residential treatment program for women with co-occurring disorders, and explore the unique problems experienced by women with serious mental health and substance abuse diagnoses. The unique aspects of the treatment modality allow for a flexible length of stay utilizing the ASAM criteria and individual attainment of specific goals and objectives. With emphasis on recovery, residents address issues of addiction, mental health, physical health and relationships in a safe environment.
Session 36 – DRY CREEK: Peer Supports as Recovery Partners/Peer Training in Client-Directed, Outcome-Informed Recovery

Bob Bohanske, Southwest Behavioral Health
Mike Franczak, MARC Behavioral Health

Although Peer Supports are increasingly recognized as essential to recovery and are now common in multiple clinical settings, outcome data remains missing in action. The workshop details a peer support training approach grounded in client-directed, outcome informed ideas and practices. Attendees will learn about measures of peer effectiveness as well as consumer outcomes.

Session 37 – CANYON B: Becoming a Recovery Facilitating Organization: How to Assess, Plan and Implement a Substantive Transformation Process

William Kennard, Piurek and Associates
Vicki Staples, CABHP
Kevin Ferris, CHEEERS

When traditional behavioral health organizations transform and become recovery driven, people sometimes wonder “just exactly what changed.” To be fair, standards for defining the components, functions and processes of recovery-facilitating organizations are still at the innovation stage. The workshop will present a model for transforming the human qualities of current services, programs and practices to facilitate recovery.

Session 38 – CANYON A: Changing the World: Developing Welcoming Integrated Systems of Care for Individuals and Families with Mental Health and Substance Use Disorders

Kenneth Minkoff, Harvard University, ZiaLogic
Christine Cline, ZiaLogic

Individuals with co-occurring disorders are associated with poor outcomes and high costs throughout the service system, yet have been traditionally defined as “misfits” rather than priorities within all systems of care. Examples of systems difficulties faced by individuals with co-occurring mental health and substance use disorders in public and private settings will be discussed, as well as research-based principles of successful treatment interventions. Presenters will discuss a systematic process for implementing a comprehensive, continuous, integrated system of care (CCISC) to build on work in thirty states and four Canadian provinces, utilizing simultaneous interventions at the system, program, clinical practice, and clinician levels, and reports on progress of various system changing initiatives.

Session 39 – OAK CREEK A: Effectively Responding to the Mental Health Needs of the Deaf Community in Arizona

Beca Bailey, Arizona Commission for the Deaf & Hard of Hearing

Providing culturally and linguistically appropriate services to the deaf community is vital in reducing disparities in mental health care. About 55,000 deaf people live in Arizona and many need mental health services. Deaf individuals routinely experience barriers to communication access that result in unmet mental health needs. Attendees will learn to foster a system that provides culturally and linguistically appropriate access and accommodation to deaf clients in Arizona.

Session 40 – OAK CREEK B: Capacity Building: A Youth Tobacco Prevention Program

Stephanie Uetrecht, Tracy Loafman and Kelly McCarty, Maricopa County Tobacco Use Prevention Program

The Maricopa County Tobacco Use Prevention Program (MACTUPP) provides a model for building effective school-based programs. By partnering with 430 schools, MACTUPP has built an effective, research-based, and cost-effective approach to prevent the serious health damage caused by tobacco addiction, and developed resiliency skills, such as decision making, critical thinking, and peer relationships. More than 42,000 students benefit from the county’s collaboration with schools, which provides research-proven curriculum to improve coping skills and reduce negative risk taking behaviors for youth in grades 4 through 8.
Definition of Recovery-Oriented Systems of Care (ROSC)

Recovery-oriented Systems of Care (ROSC) support person-centered and self-directed approaches to care that build on the strengths and resilience of individuals, families, and communities to take responsibility for their sustained health, wellness and recovery from alcohol and drug problems.

Systems of Care Elements

**Person-centered.** Recovery-oriented systems of care will be person-centered. Individuals will have a menu of stage-appropriate choices that fit their needs throughout that recovery process. Choices can include spiritual supports that fit with the individual’s recovery needs.

**Family and other ally involvement.** Recovery-oriented systems of care will acknowledge the important role that families and other allies can play. Family and other allies will be incorporated, when appropriate, in the recovery planning and support process. They can constitute a source of support to assist individuals in entering and maintaining recovery. Additionally, systems need to address the treatment, recovery and other support needs of families and other allies.

**Individualized and comprehensive services across the lifespan.** Recovery-oriented systems of care will be individualized, comprehensive, stage-appropriate, and flexible. Systems will adapt to the needs of individuals, rather than requiring individuals to adapt to them. They will be designed to support recovery across the lifespan. The approach to substance use disorders will change from an acute-based model to one that manages chronic disorders over a lifetime.

**Systems anchored in the community.** Recovery-oriented systems of care will be nested in the community for the purpose of enhancing the availability and support capacities of families, intimate social networks, community-based institutions and other people in recovery.

**Continuity of care.** Recovery-oriented systems of care will offer a continuum of care, including pretreatment, treatment, continuing care and support throughout recovery. Individuals will have a full range of stage-appropriate services from which to choose at any point in the recovery process.

**Partnership-consultant relationships.** Recovery-oriented systems of care will be patterned after a partnership-consultant model that focuses more on collaboration and less on hierarchy. Systems will be designed so that individuals feel empowered to direct their own recovery.

**Strength-based.** Recovery-oriented systems of care will emphasize individual strengths, assets and resiliencies.

**Culturally responsive.** Recovery-oriented systems of care will be culturally sensitive, competent and responsive. There will be recognition that beliefs and customs are diverse and can impact the outcomes of recovery efforts. In addition, the cultures of those who support the recovering individual affect the recovery process.

**Responsiveness to personal belief systems.** Recovery-oriented systems of care will respect the spiritual, religious and/or secular beliefs of those they serve and provide linkages to an array of recovery options that are consistent with these beliefs.

**Commitment to peer recovery support services.** Recovery-oriented systems of care will include peer recovery support services. Individuals with personal experience of recovery will provide these valuable services.

**Inclusion of the voices and experiences of recovering individuals and their families.** The voices and experiences of people in recovery and their family members will contribute to the design and implementation of recovery-oriented systems of care. People in recovery and their family members will be included among decision-makers and have oversight responsibilities for service provision. Recovering individuals and family members will be prominently and authentically represented on advisory councils, boards, task forces and committees at the Federal, State and local levels.

**System-wide education and training.** Recovery-oriented systems of care will ensure that concepts of recovery and wellness are foundational elements of curricula, certification, licensure, accreditation and testing mechanisms. The workforce also requires continual training, at every level, to reinforce the tenets of recovery-oriented systems of care.

**Ongoing monitoring and outreach.** Recovery-oriented systems of care will provide ongoing monitoring and feedback with assertive outreach efforts to promote continual participation, re-motivation and reengagement.
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David Shern, Ph.D.
President & Executive Director of Mental Health America

The Health/Mental Health Imperative: Integration as the Only Sensible Alternative

With more than 30 years of distinguished service in mental health services research and system reform, David L. Shern, PhD, is one of the nation’s leading mental health experts. His work has spanned a variety of mental health services research topics including epidemiological studies of the need for community services; the effects of differing organizational, financing and service delivery strategies on continuity of care and client outcome and the use of alternative service delivery strategies such as peer counseling and self help on the outcomes of care.

Michael Flaherty, Ph.D.
Executive Director, Institute for Research, Education and Training in Addictions (IRETA)

Building a Systemic Vision for Resiliency, Wellness and Recovery: A New Age, A Stronger Profession

Michael T. Flaherty, Ph.D. is a clinical psychologist with over 30 years of daily clinical and administrative experience in the addictions. He is the Executive Director of the Institute for Research, Education and Training in Addictions (IRETA), as well as the Principal Investigator, Northeast Addiction Technology Transfer Center (NeATTC) serving NY, NJ and PA from its home bases in Pittsburgh, PA and Albany, NY. IRETA is a non-profit (501©3) Institute dedicated to aligning science, service and policy research and practice in addiction prevention, intervention, treatment and research.

Judith Cook, Ph.D.
Director, Mental Health Service Research Program, University of Illinois at Chicago

Transformation of Service Orientation to include Psychosocial and Employment Services

Judith A. Cook is Professor of Psychiatry at The University of Illinois at Chicago (UIC) Medical Center. She directs the Mental Health Services Research Program (MHSRP) which houses a federally funded center on self-determination and recovery, and a number of research and evaluation projects addressing severe mental illness. Dr. Cook also directs the Coordinating Center for the Employment Intervention Demonstration Program, a federal multi-site, clinical trials study of supported employment interventions for people with major mental disorders.

Michael Dennis, Ph.D.
Senior Research Psychologist, Director, Global Appraisal of Individual Needs (GAIN), Chestnut Health Systems

Understanding and Managing the Recovery Cycle

Michael Dennis, Ph.D., is a Senior Research Psychologist and Director of the Global Appraisal of Individual Needs (GAIN) coordinating center (GCC) at Chestnut Health Systems in Bloomington, Illinois. He was coordinating center principal investigator of Cannabis Youth Treatment (CYT) experiments that led to wide spread replication and won the 2006 Research to Evidenced Based Practice Award from the at the 2006 Joint Meeting on Adolescent Treatment Effectiveness (JMATE).

Margaret (Peggy) Swarbrick, Ph.D.
Director, Institute for Wellness and Recovery Initiatives

Recovery & Wellness Oriented Services System: Challenges and Possibilities from a Personal and Professional Perspective

Margaret (Peggy) Swarbrick, PhD, OTR, CPRP, is the Director of the Institute for Wellness and Recovery Initiatives, Collaborative Support Programs of New Jersey and is a post doctoral fellow in the Department of Psychiatric Rehabilitation Program and Counseling University of Medicine and Dentistry-NJ, School of Health Related professions. She has been personally involved in the mental health field since 1977 and professionally involved since 1986. Ms. Swarbrick has worked as an occupational therapist in a variety of settings providing wellness and recovery focused services.

Richard Rawson, Ph.D.
Associate Director, UCLA Integrated Substance Abuse Programs (ISAP)

Substance Abuse Treatment: The Next Generation

Richard A. Rawson, Ph.D., is an Associate Director of UCLA Integrated Substance Abuse Programs and Professor-in-Residence at the UCLA Department of Psychiatry, in which he has been a member for more than 20 years. He received a Ph.D. in experimental psychology from the University of Vermont in 1974. He has led addiction research and training projects for the United Nations, the World Health Organization, and the U.S. State Department, exporting science-based knowledge to many parts of the world.