Children and Family Futures

The Mission – to improve the lives of children and families, particularly those affected by substance use disorders

- Consults with government agencies and service providers to ensure that effective services are provided to families
- Advises Federal, State, and local government and community-based agencies, and conducts research on the best ways to prevent and address the problem
- Provides comprehensive and innovative solutions to policy makers and practitioners
Children and Family Futures

Regional Partnership Grants I

Office of Juvenile Justice and Delinquency Prevention

Research and Evaluation

In-depth Technical Assistance

National Center for Substance Abuse and Child Welfare

Regional Partnership Grants II

Children Affected by Meth

In-depth Technical Assistance Sites (DTA)
Children Affected by Methamphetamine Sites (CAM)
Children’s Bureau Regional Partnership Grants (RPG)
OJJDP Family Drug Courts (OJJDP)

Array of Services (11)
Child Focused (8)
Drug Courts (10)
System-Wide Collaboration (9)
Treatment Focused (9)
Tribal (6)

RPG Sites (53 Sites)

NCSACW DTA (38 Sites)
NCSACW CAM (12 Sites)
Family Drug Courts - Nationwide

- California - 56
- New York - 55
- Florida - 22
- Total - 322 FDCs

Source: National Drug Court Institute (NDCI) Survey, 2010

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FDC Movement

- 1999: 10
- 2001: 40
- 2005: 153
- 2010: 322

10
40
153
322

5/9/2013
Outcomes

- HIGHER TREATMENT COMPLETION RATES
- SHORTER TIME IN FOSTER CARE
- HIGHER FAMILY REUNIFICATION RATES
- LOWER TERMINATION OF PARENTAL RIGHTS
- FEWER NEW CPS PETITIONS AFTER REUNIFICATION
- COST SAVINGS PER FAMILY
FDC TTA Program Mission

To improve outcomes for children and families by providing training and technical assistance (TTA) that develops, maintains, and enhances Family Drug Courts (FDCs)
Goals of the Program

• To assess and address the national TTA needs of FDCs
• To develop, implement and enhance TTA materials and activities
• To build FDC capacity
• To enhance the knowledge and skills of FDC professionals

Types of TA Products

• Collaborative practice and policy tools
• Information and sharing of models
• Expert consultation and research
• Monographs, white papers, fact sheets
• Training resources and materials
• Longer-term strategic planning and development of protocols and practice models

www.cffutures.org
FDC TA Snapshot

554 FDC TA requests
139 FDCs
37 States

- Engagement and retention
- Responses to behavior
- Implementing training plans and curricula
- Screening & assessment
- Sustainability planning and cost analysis
- Family treatment models
- Performance measures and indicators
- Gender responsive treatment
- Data sharing and collaboration

Evaluation Technical Assistance

- Data collection
- Performance assessment
- Instrumentation
- Data systems
- Data linkages
- Information sharing
2010 FDC Needs Assessment

FDC Best Practices

FDC Peer Networking

Family Drug Court Learning Academy Webinar Series

Family Drug Court Peer Learning Court Program

FDC Learning Academy

2010 launched
23 webinars
46 hours of content
45 expert presenters
1646 attendees
45 States
4.3 satisfaction rating
Visit the FDC Learning Academy Blog

- Webinar updates
- Presenter info
- Learning resources
- Post a follow-up question

www.familydrugcourts.blogspot.com
FDC Guidelines

- CFF with support from OJJDP, in partnership with Federal and State stakeholders
- Crafted guidance document to States for developing FDC guidelines
- Based on research, previous publications, practice-based evidence, expert advisers and existing State standards
- Resource tool for States to clarify FDC principles and develop State guidelines reflecting local and unique needs

FDC Recommendations

Shared Outcomes

Agency Collaboration
- Interagency Partnerships
- Information Sharing
- Cross System Knowledge
- Funding & Sustainability

Client Services
- Early Identification & Assessment
- Needs of Adults
- Needs of Children
- Community Support

Shared Mission & Values
Peer Learning Court Program

• Highlight national best practice models for FDC
• Exchange learning through peer-to-peer technical assistance
• Five (5) mentorship sites across the nation

PEER LEARNING COURT SELECTION PROCESS

• Application Review – 14 Applications received
• Onsite Review – 8 Site visits
• Selection of Sites – 5 Sites selected

- Hillsdale County, MI
- Baltimore City, MD
- Chatham County, GA
- Jackson County, MO
- Pima County, AZ
<table>
<thead>
<tr>
<th>Location</th>
<th>Program/Facility</th>
<th>Judge/supervisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baltimore City Circuit Court,</td>
<td>Juvenile Division</td>
<td>Robert B. Kershaw</td>
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<tr>
<td>Maryland</td>
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<td></td>
</tr>
<tr>
<td>Hillsdale County Family Drug</td>
<td>Family Drug Court</td>
<td>Michelle Bianchi</td>
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<tr>
<td>Court, Michigan</td>
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<tr>
<td>Pima County Juvenile Court,</td>
<td>Arizona</td>
<td>Susan A. Kettlewell</td>
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<tr>
<td>Judge: Patricia P. Stone</td>
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</tr>
<tr>
<td>Chatham County Juvenile Court,</td>
<td>Family Dependency Treatment Court</td>
<td>Molly Merrigan</td>
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<tr>
<td>Georgia</td>
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<td></td>
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<tr>
<td>Jackson County Family Drug Court</td>
<td>16th Judicial District</td>
<td></td>
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<tr>
<td>Hillsdale County Family Drug</td>
<td>Michigan</td>
<td></td>
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<tr>
<td>Court, Michigan</td>
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</tbody>
</table>

FOR MORE INFORMATION OR TO SCHEDULE A SITE VISIT:
Email: PeerLearningCourts@cffutures.org

CONNECT WITH A PEER LEARNING COURT

- PLC Profiles
- Shared Resources
  - Policy and Procedures
  - Parent Handbooks
  - Training Materials
- Virtual Consultation
- On-Site Visits

FOR MORE INFORMATION OR TO SCHEDULE A SITE VISIT:
Email: PeerLearningCourts@cffutures.org
Request a Site Visit

- Complete the Site Visit Request Form available online http://www.cffutures.org/projects/family-drug-court-peer-learning-court-program
- CFF will contact you and assist with assessing your need and identifying the best PLC match
- Support with scheduling, coordinating and material production will be provided

Pima County Family Drug Court
Overview

• Received SAMHSA implementation grant in response to plummeting reunification rates in Pima County

• Started as a pilot in one zip code/one C.P.S. unit

• First client in 2001

• Parallel model

• All parents are now eligible (with a few exceptions)

• Three levels:
  • Phase I: attend FDC every week for two months
  • Phase II: every other week for two months
  • Phase III: every month for four months

• Minimum 8 months to graduate (so parents have to enroll within 4 months of their child’s removal)

• Parents must write and submit a packet requesting to phase or graduate; team must approve
Services

- Intensive case management
- Recovery Support Specialists
- Trauma-specific individual therapy
- Celebrating Families! (with transportation for children)
- Alumni Group
- Peer Mentors

Substance Abuse Treatment

- Arizona Families First
- Community Partnership of Southern Arizona (CPSA)
  - Codac
  - Cope
  - La Frontera
  - Marana Health Center
Family Drug Court is every Wednesday

- 8:45 a.m. Multi-disciplinary staffing
- Discuss all clients who will appear that week in any of the 3 sessions: Compliant or non-compliant, reward or sanction, phasing or graduation packet

- Participants:
  - Judge
  - Program staff
  - Trauma therapist
  - CPS management
  - CPSA court liaison

Three Sessions every Wednesday
10:30 Mothers
2:00 p.m. Mothers again

3:30 p.m. Fathers
Andy’s
Recovery
Journey

The Recovery Support Specialist

**Essential Functions:**
- Assist FDC Case Specialist in monitoring FDC participants
- Participate in staffings
- Support and advocate for client at hearings:
  - Criminal court
  - City Courts
  - Homeless Court
  - Mental health Court
  - Foster Care Review Board
### Essential Functions (cont.)

- Conduct new client intakes
- Input client data and contact notes into database
- Monitor treatment verification forms and authenticate
- See clients once per week
- Find clients who have fallen off the radar
- Help clients develop and finish Recovery Plans
- Help with transportation

### RSS

- Intakes (substance abuse hx.)
- Recovery plans
- Concrete services (housing, clothing, job assistance, food boxes)
- Legal issues (warrants, Homeless Court, etc.)
- Assist in developing outside support (including taking them to meetings for the 1st time)
- Help them deal w/ cravings and relapses

### CS

- Intakes (psychosocial & trauma hx)
- Referrals for trauma therapy & Celebrating Families!
- Collaborate w/ substance abuse & mental health tx.
- Collaborate w/ CPS
- Attend CFTs/ARTs
- Attend FCRBs
- Attend dependency court hearings
- Updates to the FDC judge
Essential Knowledge, Skills, and Experience for the RSS

• Sustained recovery from addiction
• Empathy
• Motivational Interviewing
• Crisis Intervention
• Cultural awareness and competence
• Knowledge of signs and symptoms of relapse
• Multiple community contacts

Training

Recovery Support Specialist Institute:
Collaborative Effort: CPSA & University of Arizona
Family & Community Medicine:
http://www.fcm.arizona.edu/workforce-development-program

Ongoing training:
• Trauma
• Motivational Interviewing
• Drug and alcohol screening
• What’s new? (Bath salts, K2, synthetics, spice)
• Mental Illness
Sharing the Recovery Story

• This may require coaching and practice
• Timing is everything
• The RSS must acknowledge that there are many pathways to recovery

Boundaries

• The RSS may have crossed paths with a client in a “previous life”

• The RSS may spend a lot of time with one client who is in crisis.....this can strengthen the relationship or lead to boundary issues

• No secrets! The RSS keeps the team informed.
“Before & After”

• You must address what came BEFORE the drug and alcohol abuse

  – 97% of our parents reported childhood trauma
  – We contracted with Arizona’s Children Association (Las Familias) to provide trauma-specific individual therapy

You must help each parent prepare for life AFTER Family Drug Court.

Pima County FDC has built in opportunities for graduates to both receive and give peer support.
• Alumni Groups
• Alumni Coordinator
• Peer Mentors
• Recovery Support Specialists

• We even have a graduate doing her B.S.W. field placement with us!
• Coming soon: A Recovery Support Specialist Lead
  • And Peer Group Leaders for Celebrating Families!

CONGRATULATIONS!!

Now that you are about to graduate from Family Drug Court, are you wondering where you’ll find the same level of support and fellowship? We have great news!

There’s a group for that!
The FOC Alumni Group is for parents/families who have completed the Family Drug Court Program. The group meets from 10am-12noon on the first Saturday of every month. On the third Saturday of the month, there is a fun family event, however you MUST attend the meeting on the first Saturday of the month to find out when and where the event will occur.

You MUST attend one meeting prior to your graduation.
Meeting are held at 1708 15th S, 1st Flr, near Campbell & Broadway.

Contact the Alumni Coordinator, Edward at 520-272-2980 with any questions.

TABLE 3. EVIDENCE SUGGESTS THAT PEER SUPPORT & COACHING . . .

- Reduces the number of admissions and days spent in hospitals and increased time in the community
- Reduces use of acute services (e.g., emergency rooms, detoxification centers)
- Increases engagement in outpatient treatment
- Increases active involvement in care planning and self-care
- Improves social functioning
- Increased hope, quality of life, and satisfaction with life
- Reduces substance use
- Reduces depression and demoralization
- Improves chances for long-term recovery
- Increases rates of family reunification
- Reduces average service costs per person

SAMHSA 2012
Questions & Discussion

FDC Learning Academy 2013

**Save the Dates**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>March 13</td>
<td>Responding to Domestic Violence in FDC</td>
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<tr>
<td>TBA</td>
<td>Passing the Judicial Baton – Why Judicial Succession Planning Matters in FDC</td>
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<td>May 8</td>
<td>Reaching the Tipping Point – FDCs as a National Child Welfare Reform Strategy</td>
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<tr>
<td>June 19</td>
<td>FDC Peer Learning Courts – Highlighting Effective FDC Practices</td>
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<tr>
<td>August 14</td>
<td>So Who Are You Really Serving? The Challenge of Serving Special Populations in FDCs</td>
</tr>
<tr>
<td>September 11</td>
<td>Raising the Bar in FDCs – A Look at FDC Guidelines</td>
</tr>
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Training and Staff Development

NCSACW Online Tutorials

3. Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Legal Professionals

Please visit: [http://www.ncsacw.samhsa.gov/](http://www.ncsacw.samhsa.gov/)

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RESOURCES
Please visit our website:
[http://www.cffutures.org](http://www.cffutures.org)

Please visit: