Mental Illness, Substance Abuse & Trauma:
The Trifecta for Community Corrections

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Why Should You Care?

- Community Safety
- Your Job Easier
- Community Healthier
On June 30, 2005, approximately 7 million people were under correctional supervision in the U.S.

- Jail: 747,529
- Prison: 1,446,269
- Probation: 4,162,536
- Parole: 784,408
PRA/CSG Jail Prevalence Study

Sites: 5 jails (2 – MD; 3 – NY)

Time: 2002 and 2006

Serious Mental Illness: Depression/Bi-Polar/Schizophrenia/
Schizo-Affective/Schizophreniform/
Brief Psychosis/Delusional/Psychosis NOS

Prevalence: Last month

Prevalence Rates: Men – 14.5%
Women – 31%

## Any Physical or Sexual Abuse

(N=2,122)

<table>
<thead>
<tr>
<th></th>
<th>Lifetime</th>
<th>Current</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>95.5%</td>
<td>73.9%</td>
</tr>
<tr>
<td>Male</td>
<td>88.6%</td>
<td>86.1%</td>
</tr>
<tr>
<td>Total</td>
<td>92.2%</td>
<td>79.0%</td>
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</table>
# Experience of Trauma

<table>
<thead>
<tr>
<th></th>
<th>Witness Violence</th>
<th>Sexual Abuse</th>
<th>Physical Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lifetime</td>
<td>Current</td>
<td>Lifetime</td>
</tr>
<tr>
<td>Female</td>
<td>69.7%</td>
<td>35.0%</td>
<td>76.0%</td>
</tr>
<tr>
<td>Male</td>
<td>65.1%</td>
<td>30.2%</td>
<td>34.1%</td>
</tr>
<tr>
<td>Total</td>
<td>67.4%</td>
<td>32.9%</td>
<td>55.9%</td>
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</table>
The past isn’t over...
It isn’t even past.  

Wm Faulkner
What is Trauma?
The Three Es

Event

Experience

Effects
Experienced as:

- Threatening
- Terrifying
- Overwhelming
Shapes World View:

Self
Beliefs
Relationships
Pervasive Impact
BEHAVIOR = SURVIVAL
Long-term Impact

Substance Abuse  Behavioral Problems

Fear  Powerlessness  Anger  Pain

Poor Relationships  Mental Health
Signs

- Missed/late to work
- Back to wall
- Distracted; concentration poor
- “Spacing out”
- Easily startled
- Doesn’t like people close
- Doesn’t like to be touched
- Hyper–vigilance
- Behavioral problems
- Mood fluctuations
- Aggressive/angry
- Suicidal gestures
CIT Officer Intervenes

I do not even know how to begin to "Thank You" for your class/session "Improving Police Encounters with Returning Veterans" at the CIT Conference in Atlanta. I have been home just over a week and was already confronted by a Marine OIF with PTSD!

Your video helped me interpret reckless driving and anger as possible PTSD symptoms...It saved us from having to go hands on because I was able to reach out with the verbal skills I learned in your class and this situation did not escalate.

In fact, because of that same video and that scenario where the VET had the handgun, I was able to ask the right question "do you have any weapons?". He looked me straight in the eye and began to weep and asked me to take the weapon for safekeeping until he felt he was ready to have it back. What a heart wrenching sight to have this honorable Marine hand over his weapon to me.

I gave him and his wife the Veteran Suicide phone number that I put in my contacts during your class/session. On Monday, I will contact the VA in my area and have them follow-up. THANK YOU with all my heart.