CREATING SOBER VISIONS: REVITALIZING THE SPIRIT OF NATIVE AMERICAN AND INPATIENT TREATMENT SERVICES"
CREATING A RELATIONSHIP WITH NATIVE AMERICAN YOUTH

- Teenagers do not care how much I know until they know how much I care.

- I might not be a member of their family, however I can treat them like they are a member of my family.
DEVELOPING TRUST WITH NATIVE AMERICAN YOUTH

- Create a safe environment for youth to learn and express.

- Ask them about the cultural practices of their family and tribe so you can understand how to best reach them.
DEVELOPING TRUST WITH NATIVE AMERICAN YOUTH

- Allow youth to express feelings and past trauma through cultural activities and ceremonies.

- Encourage everyone involved in the child’s life to participate in cultural activities.
Encourage youth to sacrifice something in order to participate in ceremony. The more they give to something, the more they will get back.

Success in cultural activities leads to increased self-esteem.

Encourage communication with their higher power.

RESPECT FOR CULTURAL VALUES LEADS TO RESPECT FOR SELF

“If I don’t know who I am, I don’t know what I am supposed to do.”

- Nurture a respect for heritage.
- Learning who they are helps youth make good choices.
- Help youth set and achieve goals.
HOW CULTURE HELPS YOUTH DEVELOP LEADERSHIP

- Allow youth to take leadership roles in cultural activities.
- Youth can take ownership of activities to help them gain confidence.
- Teach youth that they are an example to others.
- Be what you want the youth to be.