“Creating Sober Visions: Revitalizing The Spirit of Native American and Inpatient Treatment Services”

Damon Polk CADC II
Lane Shepherd LCMHC
Red Circle Lodge
2018
Belonging

From Conception through the developmental stages of our lives we are a celebration! Our Native Ways transition us safety through this physical life. Native Ways secure us in this beautiful universe. This is cradleboard time infants and children learn who they are, where they belong, and feel a sense of protection.

Learn from very little children for the hearts of the little children are pure. Therefore, the Great Spirit may show to them many things which older people miss.

— Black Elk
Belonging creates and validates a sense of self identity, my place in my family, and my community. Cradleboard stories are fun, and have unique and shared origins, and common purpose. The safety, and security offered is appreciated long after the child has grown out of the board.
Mastery

In this time adolescents, and young adults learn to understand their gifts, their vision, where they come from and how to master their talents. And how to balance their strength and make it of value in their family, community, schools, and in the world.
Mastery: “Become the person you hold in high regard. **Politely** emulate the words, gesture...and the walk.”
Interdependence

A time for adulthood, responsibility to others, and understanding our interconnectedness with all things.
Interdependence: “Traditional ways Recognize the Spirit of all things, and we realize that we are a energy source in the universe”. 
Generosity
This is a time when we give back to our families and community, through sharing of wisdom, teachings, culture, ritual, stories, and song.
Generosity

“We come from generous, and gracious people: We have openly shared our homelands, foods, medicines, and songs. It is ours to share, our Earth Mother has taught us much. Thank you for making room for our children. It is our natural duty. Despite the hardships this life is a good one.”
“Eny pi am Eskaganaa’v” Voice of the future- Kwatsaan
What will they recall about their childhood?

What do you recall, and... Does culture matter?
Folks, Culture matters!

From Father to son....
The Spirit never left!
Continue to feed it with your continued love, belief, and humility.
For generations to come.
The evolution of all things in life will always circle back to our Native Ways.

Our children grow up faster than we realize. We have a short time to teach them how to live in this life without me. Letting go is part of that evolution.
PITU/BC Cultural events

Join us for
OPEN BIRD NIGHT
Paiute Indian Tribe of Utah
440 N. Paiute Dr. Cedar City, Ut
*Held in the Back Conference Room
Bring you songs, gourd, dress, scarves, & dance!
Wednesdays from 6:00-7:30 pm (weekly)
*This is an alcohol & drug free Cultural Event
Sponsored by the PITU/BC
For more information contact: Damon Polk CADC II
(435) 586-1112/306 dahson.polk@ihs.gov

OPEN BIRD NIGHT
Shivwits Band Building 440 N. Paiute Dr. Cedar City, Ut
Mondays from 6:00-7:30 pm (weekly)
Bring you songs, gourd, dress, scarves, & dance!
*This is an alcohol & drug free Cultural Event
Sponsored by the PITU/BC
For more information contact: Damon Polk CADC II (435) 586-1112/306 dahson.polk@ihs.gov
10th Annual Spirit Run “Moo’koo uv Toho wee”

September 22, 2018. This is a men’s fasting event. Ages 13 and up. Evolved into a young man’s rite of passage.
Our Native Ways are preserved through our children
It is our collective duty!