LEARNING OBJECTIVES

In 2012, chronic pain was identified as the single leading cause of years lived with disability worldwide. This enormous need has placed public attention on the delivery of dynamic and informed pain management therapy that is capable of evolving with the rapid pace of research. It is essential for practitioners of pain management to regularly assess new literature for strategies in navigating an ever changing policy environment. As a result of attending this conference, attendees will achieve the following educational goals:

- Identify new trends in pain management involving drug development, assessment, such as the use of biomarkers, research and patient-centered technology.
- Analyze current procedures for responsible opioid prescribing with particular emphasis on assessment, titration and preventing diversion.
- Appreciate the association between psychiatric illness and Pain Management as well as the use of psychiatric medications to control neuropathic pain.
- Describe novel approaches to integrating complementary and alternative care practices into traditional treatment as part of the bio-psycho-social model of medicine.
- Evaluate the capacity of practices in Medication-Assisted Treatment to optimize patient care while maintaining a global reduction in opioid abuse.

Join fellow health care professionals to enhance your knowledge of the integrative approaches and policy issues affecting pain medicine. Learn from leading experts in the field to improve the quality, safety and efficacy of pain management treatment modalities and explore the future of pain management practice.

TARGET AUDIENCE

Healthcare professionals and frontline clinicians including physicians, nurse practitioners, nurses, physician assistants, and pharmacists involved in the treatment of patients receiving specialized pain management.
COURSE DESCRIPTION

Innovations & Trends in Pain Management continuing medical education program offers a unique opportunity to learn from national experts on pain and palliative care.

This activity will focus on five distinct areas of pain management and will integrate presentations, and an audience response system, to facilitate more active participation. The five areas are:

- Multi-disciplinary and Integrative Treatment Modalities
- Evidence-based Policy
- Measuring Outcomes & Quality of Care
- Screening & Assessment
- Pain in the Primary Care Setting

SPECIAL ACCOMMODATIONS

Persons with a disability may request a reasonable accommodation, such as sign language interpreter, by contacting (Tara O’Brien at 602-496-1486 or tara.obrien@asu.edu - if possible). Requests should be made as early as possible to allow time to arrange the accommodation.

SCHEDULE

8:00 - 9:00 am Registration and Breakfast
9:00 am - 4:15 pm Conference with 6.25 AMA PRA Category 1 Credit(s)™

Registration

Registration is online at: regonline.com/pain-management

Registration Fee:
Full Registration $275
Student Registration $125
Scholarships Available: tara.obrien@asu.edu

All registrations include full breakfast and lunch at our conference center, the AAA/CAA Five-Diamond Award Recipient, the Fairmont Scottsdale Princess Resort.

Conference

Accomodations available at: fairmont.com/scottsdale

7575 East Princess Drive
Scottsdale, AZ 85255
Phone: 480-585-4848
Fax: 480-502-9492

For additional Information:
500 N 3rd St., Ste. 200
Phoenix, AZ 85004
Phone: 602-496-1486
Email: tara.obrien@asu.edu

VISIT US: CABHP.ASU.EDU
**Keynote Speakers**

**MICHAEL ASHBURN, MD, MPH, MBA**
Professor of Anesthesiology and Critical Care, and a Senior Fellow of the Leonard Davis Institute of Health Economics at the University of Pennsylvania

Dr. Michael Ashburn is professor of Anesthesiology and Critical Care, and a Senior Fellow of the Leonard Davis Institute of Health Economics at the University of Pennsylvania. He is the Director of the Penn Pain Medicine Center and Co-Director of the Palliative Care Program at the Abramson Cancer Center. The focus of Dr. Ashburn’s clinical practice is pain medicine and palliative care, including the medical management of patients with complex pain problems as well as the use of interventional therapy for the treatment of pain.

**DONALD ABRAMS, MD**
Chief of Hematology - Oncology at San Francisco General Hospital

Dr. Donald I. Abrams is chief of Hematology-Oncology at San Francisco General Hospital where he was an original pioneer in the care of patients with HIV infection. He began to study medicinal cannabis in clinical trials in 1997 and continues to do so to this day. He completed a fellowship in Integrative Medicine with the University of Arizona Center for Integrative Medicine in 2004. Since that time he has been providing Integrative Oncology consultations to patients at the UCSF Osher Center for Integrative Medicine. His research in complementary therapies includes studies of mind-body treatments, botanical therapies, and traditional Chinese medicine herbal therapies. He has co-edited the Oxford University Press textbook Integrative Oncology with Dr. Andrew Weil and is on the National Cancer Institute’s PDQ CAM Editorial Board.

**CARMEN GREEN, MD**
Founding chair of the American Pain Society’s (APS) Special Interest Group for Pain Disparities

Carmen R. Green, MD is the founding chair of the American Pain Society’s (APS) Special Interest Group for Pain Disparities, former chair of the APS’ Public Policy committee as well as a committee member of the Health and Human Service’s National Pain Strategy Task Force Oversight Committee and Co-chair of its Disparities Committee. She serves on several advisory committees for the National Institute of Health. She is a Professor of Anesthesiology, Obstetrics and Gynecology, and Health Management and Policy at the University of Michigan Schools of Medicine and Public Health. Her research focuses on disparities in pain and health care, minority health, women’s health, and health policy.
RICHARD CHRISTENSEN, PA, CAS
Director of Medical Services Valle Del Sol; and Chair, PA Health Committee

Richard (Rick) Christensen, PA is an Adjunct Professor at A.T. Still University and an Associate Member of the American Society of Addiction Medicine. He has twice been appointed to the PA Regulatory Board for the State of Arizona and was awarded the PA of the Year award in 1995 and 2002. Rick chaired the scientific portion of the National Methadone Conference in Washington DC in 1992 and chaired the National Methadone Conference in Arizona in 1995. He won the Nyswander Dole Award for Lifetime Achievements in the field of addiction medicine the same year. Rick is a national expert in the field of neurobiology as it relates to chemical dependency and has treated over 200,000 people addicted to opiates.

MICHAEL CLARK, MD, MPH, MBA
Director and an Associate professor of the Chronic Pain Treatment Program at Johns Hopkins Bloomberg School of Medicine

Dr. Clark is the director and an associate professor of the Chronic Pain Treatment Program at Johns Hopkins Bloomberg School of Medicine. He is also a member of the Blaustein Pain Treatment Center, the Addiction Treatment Services Program, & the vestibular and Balance Disorders Centers at Johns Hopkins. Dr. Clark serves on the NIH Division of Research Grants Risk Prevention and Health Behavior Study Section and is an editorial reviewer on a number of journals in the field of pain management research and policy. His current research focuses on psychiatric aspects of somatic symptoms such as chronic pain, including studies on neuropathic pain, substance abuse, and the phenomenology of depression in patients with chronic pain.

DANIEL DUHIGG, DO, MBA
Addiction Psychiatrist, Chronic Pain Specialist and an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of New Mexico

Dan Duhigg is an addiction psychiatrist, chronic pain specialist and an assistant professor in the department of psychiatry and behavioral sciences at the University of New Mexico. He is medical co-director for the Chronic Pain and Headache teleECHO clinic, and is part of the UNM interdisciplinary chronic pain management clinic. Within the ECHO Institute, his focus is on innovative uses of the ECHO model in behavioral health and reducing opioid overdoses in chronic pain management. He is interested in changing the world, now.
# Conference Agenda - FRIDAY, OCTOBER 30, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Salon A</th>
<th>Salon B</th>
<th>Salon C</th>
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<tbody>
<tr>
<td>8:00-9:00 am</td>
<td>Registration Opens - Coffee, Breakfast and Networking</td>
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<tr>
<td>9:00-10:15 am</td>
<td><strong>Keynote Session:</strong> Improving Outcomes in Pain Care - Dr. Michael Ashburn</td>
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<td>10:15-10:30 am</td>
<td>Networking Break with refreshments</td>
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<tr>
<td>10:30-11:45 am</td>
<td><strong>Session 1:</strong> MAT in the Pain Management Practice - Rick Christensen, PA</td>
<td><strong>Session 2:</strong> Chronic Pain &amp; Depression - Dr. Michael Clark</td>
<td><strong>Session 3:</strong> Opioid Prescribing &amp; Assessing for Aberrant Behavior - Dr. Daniel Duhigg</td>
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<td>11:45-1:15 pm</td>
<td><strong>Lunch &amp; Keynote Session:</strong> Cannabis in Pain and Palliative Care - Dr. Donald Abrams</td>
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<td>1:15-1:30 pm</td>
<td>Networking Break</td>
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<tr>
<td>1:30-2:45 pm</td>
<td><strong>Session 4:</strong> Integration of Specialty Care into Primary Care Practice - Dr. Michael Ashburn</td>
<td><strong>Session 5:</strong> Predictors of Chronic Pain - Dr. Michael Clark</td>
<td><strong>Session 6:</strong> An Integrative Medicine Approach to Chronic Pain - Dr. Donald Abrams</td>
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<tr>
<td>2:45-3:00 pm</td>
<td>Networking Break with refreshments</td>
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<td>3:00-4:15 pm</td>
<td><strong>Keynote Session:</strong> Unequal Burdens and Unheard Voices: The Pursuit for Equity and Inclusion in Pain Care - Dr. Carmen Green</td>
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**SPECIAL THANKS TO OUR CONFERENCE SUPPORTER**
**ARIZONA DEPARTMENT OF HEALTH SERVICES**
Session Descriptions

9:00 - 10:15 am  Keynote Session
Improving Outcomes in Pain Care - Dr. Michael Ashburn
TBD

10:30 - 11:45 am, Breakout Sessions

Session 1: MAT in the Pain Management Practice - Rick Christensen, PA
Describe the pharmacokinetics of methadone and Suboxone in opiate addiction treatment.

Session 2: Chronic Pain & Depression - Dr. Michael Clark
TBD

Session 3: Opioid Prescribing & Assessing for Aberrant Behavior - Dr. Daniel Duhigg
This course will review standards of care in opioid prescribing for chronic noncancer pain, and review how to identify aberrant drug related behaviors

12:00 - 1:15 pm  Keynote Session
Cannabis in Pain and Palliative Care - Dr. Donald Abrams
It has been suggested that the existence of our system of cannabinoid receptors and endocannabinoids is related to its ability to modulate our experience of pain. To that end, cannabinoids from the Cannabis plant (phytocannabinoids), complexing with the same receptors, are also likely to be able to impact pain. This session will describe the rationale for the use of cannabis in management of pain. Data from published clinical trials will be reviewed. In addition to pain, other vexing symptoms in patients with advanced illness that may also be improved with cannabis will also be discussed.

1:30 - 2:45 pm, Breakout Sessions

Session 4: Integration of Specialty Care into Primary Care Practice - Dr. Michael Ashburn
TBD

Session 5: Predictors of Chronic Pain - Dr. Michael Clark
TBD

Session 6: An Integrative Medicine Approach to Chronic Pain - Dr. Donald Abrams
The integrative medicine toolbox contains many non-pharmacologic interventions that have been shown to have benefit in patients with chronic pain syndromes. Studies have suggested that a large percentage of patients seeking integrative medicine consultation are doing so for a complaint of chronic pain and integrative medicine center directors have ranked chronic pain as the most successful condition that the deal with in their practices. This session will review nutrition, supplements, mind-body approaches, traditional Chinese medicine and manual therapies as they contribute to relief of chronic pain. A case presentation for group discussion will be presented.

3:00 - 4:15 pm Keynote Session
Unequal Burdens and Unheard Voices: The Pursuit for Equity and Inclusion in Pain Care - Dr. Carmen Green
TBD
ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of The University of Arizona College of Medicine at the Arizona Health Sciences Center and Arizona State University. The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

INSTRUCTIONS TO RECEIVE CREDIT

To receive credit, please read the introductory CME material, attend the entire meeting, and complete the online evaluation and attestation at the end of the conference.

CONFERENCE SLIDE DECKS

Conference registrants will be responsible for downloading presenter slide decks. Slide decks will be available online one week before the conference date. It is the responsibility of the participant to download the slide decks and bring them to the conference in a printed or electronic format if they deem necessary. Printed versions of the slide decks will not be distributed on the day of the conference.

A small handout with pertinent information regarding the day’s schedule and room locations, as well as evaluation and credit claiming instructions, will be provided on the day of the conference only.