But, What if it Works…?
The Keys to Creating and Addressing Successful Community Partnerships to provide Trauma Informed Care

Objectives: Participants will be able to...

1. Review and connect
   Review and connect the 4 Rs of Trauma Informed Care to the 5 Preparedness Missions.

2. Understand
   Understand how to cultivate, connect and communicate to establish and maintain cross-agency partnerships.

3. Develop
   Develop an action plan to address gaps and solutions to enact a trauma informed approach within the agency.
Matching Activity

- Partner up and match the mission to an appropriate definition
- Prevention –
- Mitigation –
- Protection –
- Response –
- Recovery –

Trauma Informed Care

Understanding Trauma

- Definition: Trauma results from the actual or perceived harm to one’s physical, psychological, or emotional well-being
- It can be a singular event, or a set of on-going circumstances... (Miller, 2013)

4R’s of Trauma Informed Care

- Realize - impact
- Recognize – signs & symptoms (triggers)
- Respond – safety & security
- Resist - Retraumatization

Forming Effective Partnerships

- Activity:
  - In pairs, please create a definition for community partnership so we have a shared understanding
  - Three C’s of Creating Effective Partnerships
    1. Cultivate
    2. Connect
    3. Communicate (and communicate, communicate, communicate)
Components of Effective Partnering

Cultivating Effective Partnerships

- Community involvement and engagement
- Define purpose and need of the partnership
  - Which sectors of community should be present and the target of outreach?
- Readiness for partnerships
  - Needs assessments/research
- Identification of partnerships
  - What do you need to consider?
  - Locations
  - Appropriateness to population
  - Reputation/responsiveness
  - Costs
  - Etc?

Connecting Effective Partnerships

- Know your audience
- Define your purpose
  - What’s In It For Me?
- Be goal centered/outcome driven
- Informal or formal agreement/process
- Regular and reoccurring meetings
- Be flexible and adaptable

Communicating in Effective Partnerships

- Create your message
  - Be clear, speak to the needs and shared mission
- Know preferred method of communication
- Determine frequency and need for both parties
- Who is/are the champion and decision makers?
- Create a shared agenda, ensure reviewing goals/outcomes at each meeting
- Foster transparency and trust
  - There will be barriers but must create a solution focused approach
Our Example Partnerships

Touchstone: Partnering with Others
- Prevention/grants
  - Teen Pregnancy Prevention Program
  - Drug Education and Prevention
- School Based Services
- CARE Coalition
  - Youth Leadership Council
- School Mental Health Task Force
- Project AWARE initiative
- KOI and Touchstone

Debi and KOI Education
- PBIS Learning Systems Facilitator, Coach
- Mental Health in Schools
  - Trauma Informed Care
  - De-escalation of Youth in Crisis
  - Wrap-Around Services
- Adolescent Development
- Youth Mental Health First Aide for all Queen Creek Unified School District teachers

Action Plan
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