Recovery Behind Bars
Center for Applied Behavioral Health Policy (CABHP)
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Recovery Behind Bars

- Not a new concept
- My experience
- Others’ experiences
- The research
- Criminal Justice aware
Learning Objectives

Participants will be able to:

• Define Recovery and describe its relationship to recidivism
• Apply tenets of public health and public safety to their work
• Conceptualize ways to promote recovery in their workplaces
• Collaborate with peer support specialists in forensic, health and behavioral health settings
Learning Agreement

Let’s create a learning space together
What is Recovery?

- Pursuit of hopes and dreams
- Living full life in the community of one’s choosing
- Relief from symptoms or the ability to thrive despite symptoms
- Moving forward, not going back
- Related to resiliency and wellness
Introduction
Recovery Behind Bars

What would you like to learn?
I am good
just taking a break

I could use some support
and someone to talk with
Recovery is a priority... or is it?

- I won‘t be angry
- You're here because you want to learn, correct?
- In the jail, it was not
- Inmates
- Correctional Officers
- Health Care
- Our team
The Research

1. SAMHSA
2. The UK
3. The Department of Justice
4. The State Council of Governments
5. The States of Texas and Pennsylvania
Peer Support

Engaging the individual is the single most important skill to master and employ.
What is a Peer Support Specialist?

- A person who supports others to achieve their recovery goals

- A person with lived experience of recovery and training, who has expertise and is effective in navigating the criminal justice and mental health systems with the persons they serve
Outcomes

Promoting Recovery Behind Bars can result in:

- Improved health for individuals
- Successful re-entry
- Decreased recidivism
- Improved public safety
- Cost savings in both systems
Questions & Comments

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