Parents
Inspiring Hope

Supporting Parents Through the Dependency Process
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Learning Objectives

1. Describe the components of the Parents for Parents program.
2. Describe the participants in the Parents for Parents program.
3. Examine parental perceptions of the overall dependency process before and after.
This program is designed to replicate the evidenced-based Parent for Parent program in King County, Washington. Studies have shown that the Parent for Parent program is beneficial in reducing anxiety about the dependency process, improving perceptions of DCS and reassuring parents they are not alone.
Parent Ally Qualifications

Parent Allies are birth parents who have journeyed through recovery to reunite with their child(ren) after a dependency case.

In some cases, Parent Allies may have had their rights severed. This experience also supports parents who may go through a similar journey.

Parent Allies are interviewed by other parents to determine readiness.
Parent Allies receive various trainings to support them in their role. These include:

- How to share their story
- Boundaries
- Privacy and confidentiality
- Trauma
- One on one and group supervision and support
Supporting Parents as Peers in Recovery and as Peer Parents

<table>
<thead>
<tr>
<th>Engaging</th>
<th>Engaging families by sharing common journeys</th>
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<tbody>
<tr>
<td>Building</td>
<td>Building bridges with stakeholders</td>
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<tr>
<td>Providing</td>
<td>Providing <strong>Education</strong>, <strong>Empowerment</strong>, <strong>Encouragement</strong> and <strong>Engagement</strong></td>
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Our Journeys to Recovery and Children's Return Home
History of Parents for Parents in Maricopa County

Aug. 2016

With the support of King County in partnership with Family Treatment Court

July 2017

In Partnership with Maricopa County Courts, FIC is awarded a contract to continue Parents for Parents Program July 2017
Parent Ally Team
In Partnership with Family Treatment Court

- Parent Allies work with Family Treatment Court to offer families additional support.
- Parent Allies support parents before and after court.
- Parent Allies invite parents to HOPE Classes.
- Parent Allies recruit parents who graduate to become Parent Allies.
HOPE (Helping Other Parents Engage) Classes

- HOPE classes offer a unique opportunity for parents to get a bird’s eye view of the system
- Guest presentations from various stakeholders describing their roles and how the process works
- Parents can ask non-specific, case-related questions
- Parent Allies share their journeys offer hope and support
HOPE Classes

Parents learn about the Dependency Court process.

Parents learn about the roles of the Department of Children's Services (DCS), Attorney General (AG), Court Appointed Special Advocates (CASA), Guardian Ad Litem (GAL), Parent Attorneys and others who play a role in the dependency process.
Hope Class Parent Feedback

“People make it.”

“I have a better chance than I thought.”

“I loved it! It was very helpful. It could be longer.”

“I can help the process along.”

“I learned how to ask for more and communicate with everyone more to help.”

“Specific ways to help speed up the process.”
Support

- Parent Allies stay connected to parents through phone and emails
- Parent Allies can attend court with parents
- Parent Allies share information, support and resources from lived life experience.
Preliminary Protective Hearings and Conferences

- Meeting parents at the very beginning of their journey
Family Involvement Center: Support for Parents Enrolled in Behavioral Health Services

- Parent Education and Training
- DCS Co-Location Mesa site Parent Educational Series
- Parent Partner Services
- Parent Support Groups
- Parent Leadership training opportunities
Parents Helping Parents: It’s Who We Are and What We Do
Family Involvement Center

- **Founded** by Jane Kallal in 2002.
- **Is a family-run organization** - one whose purpose is to serve families that have children and youth with behavioral, emotional, mental and physical health and substance use challenges.
- **Vision:** Healthy, resilient children and families who are valued and involved in shaping their own care, as well as programs and policies impacting children’s services.
- **Governed** by family members of children and adolescents with mental health challenges.
- **Over 90%** of staff are parents with lived experience navigating child-serving systems.
**FIC Programs and Services**

### Support Services for Parents/Primary Caregivers and Children
- Peer Parent Support - Home and Community-based - Individual and Groups
- Parent HelpLine and Parent Assistance Center - Walk-ins and by Appointment
- Care Coordination
- Respite - Home and Community-based
- Youth Mentor Services
- Parents as Allies Program with Maricopa County Courts - Birth to Five
- Parent Support Now - Family Reunification for DCS Involved Parents
- Parent Support Now - System Navigation for Juvenile Justice Involved Parents
- Behavioral Health Promotion and Prevention Classes and Healthy Eating and Living Series

### Parent and Community Education Classes and Support Groups (*evidence-based curricula*)
- Grandparents and Relatives As Caregivers Empowered (GRACE), Parent Empowerment Group (PEG), Spanish Speaking Support Group, Circle of Hope, CAN DO (Developmental Disabilities)
- Parent and Youth Leadership Training and Development

### Training Institute
- Local and National Trainings on System of Care Development for Systems Administrators and Peer Parent Workforce
Questions