UNITING SYSTEMICALLY FOR JUVENILE SUCCESS: COLLABORATION AND INTERVENTION TO REDUCE SUBSTANCE USE AND OTHER ACTING-OUT BEHAVIORS

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LEARNING OBJECTIVES:

Participants will be able to:

1. Explain how Bronfenbrenner’s Ecological Systems Theory can be applied to youth involved in the juvenile justice system.
2. Identify their responsibilities when interacting with the youth and other members of their ecology.
3. Role-play at least two strategies for more effective collaboration with team members.
4. List at least three evidence-based family therapy models for youth involved in the juvenile justice system.
5. Critique treatment models for juveniles in accordance to best practices and evidence-based approaches.
LET’S MEET SAM:

- 16 years old
- Lives with mother, grandmother, and younger brother
- History of school referrals regarding truancy, fighting, possession of drugs/paraphernalia
- On intensive probation for property destruction, domestic violence
  - Violations of probation for curfew violations and dirty UAs
- Diagnoses:
  - Oppositional Defiant Disorder
  - ADHD
  - Alcohol Use Disorder
  - Cannabis Use Disorder
- Runs away to father’s home, who has a history of alcohol, marijuana, and opioid use

BRONFENBRENNER’S ECOLOGICAL MODEL
SAM:

• 16 years old
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ROLES POLL

What are all of the roles of individuals who are involved in Sam’s life?
• PollEv.com/alanketterli574 [Text ALANKETTERLI574 to 22333 to join]
MESOSYSTEM INTERACTIONS

- According to Bronfenbrenner’s model, youth learn through experiencing/observing interactions:
  - Between themselves and individuals in the other systems
  - Between individuals in the other systems
  - Importance of collaboration

ROLES ASSIGNMENTS AND ROLEPLAYS
BENEFITS OF A SYSTEMIC PERSPECTIVE?

HOW WOULD A SYSTEMIC APPROACH ADDRESS SAM’S NEEDS?
EVIDENCE-BASED PROGRAMS FOR ADOLESCENTS - BLUEPRINTS AND SAMHSA

- Adolescent Community Reinforcement Approach (A-CRA)
  - Outpatient individual and family therapy program
- Functional Family Therapy (FFT) – Blueprints Model
  - Home/community-based family therapy program
- GenerationPMTO – Blueprints Model
  - Parent skills training program
- Lifeskills Training (LST) – Blueprints Model Plus
  - School-based prevention program
- Multisystemic Therapy (MST) – Blueprints Model Plus
  - Home/community-based family therapy program
- Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB) – Blueprints Model
  - Home/community-based family therapy program

WHAT MAKES SYSTEMIC EVIDENCE-BASED PROGRAMS EFFECTIVE?

- Developmentally appropriate
- High expectations for consistent collaboration
- Attend to mesosystemic interactions
- High accountability for engagement and motivation
- Individualization to the participants
- Planning for sustainability
- Consistent oversight of fidelity in model implementation
- Ongoing assessment of process and outcome measure success