



Transformed
people...

Transform people
Recovery Community
Organizations

AddictionHaven

Understanding Terms

It is important to have a common understanding of some terms including:

- Recovery Oriented System of Care
- Recovery Community Organizations
- Peer-based Recovery Support Services

Recovery Oriented Systems of Care (ROSC)

Recovery oriented systems of care are health and human service organizations that affirm hope for recovery, exemplify a strength-based (as opposed to pathology-focused) orientation, and offer a wide spectrum of services aimed at the support of long-term recovery.

Recovery Community Organization

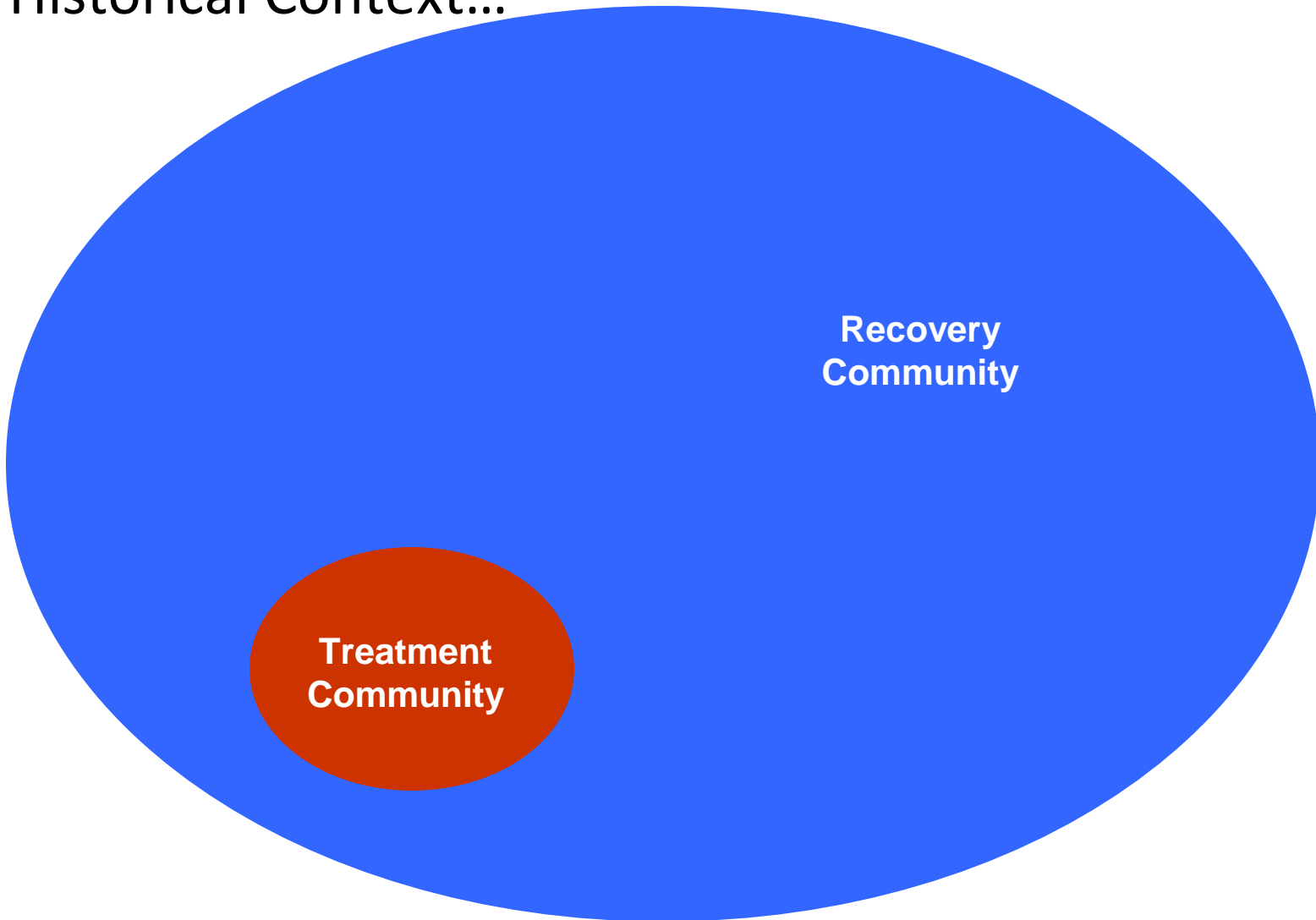
Is an independent, non-profit organization led and governed by local communities of recovery. The broadly defined recovery community – people in long-term recovery, their families, friends and allies, including recovery-focused addiction and recovery professionals – includes organizations whose members reflect many pathways to recovery.

Defining Peer Recovery Support

Peer-based recovery support is the process of giving and receiving non-professional, non-clinical assistance to achieve long-term recovery from severe alcohol and/or other drug-related problems. This support is provided by people who are experientially credentialed to assist others in initiating recovery, maintaining recovery, and enhancing the quality of personal and family life in long-term recovery.

From Peer-based Addiction Recovery Support: History, Theory, Practice and Scientific Evaluation by William L. White

Historical Context...



Addiction Haven, A Recovery Community Organization...



...bridges the gap

Recovery Community Organizations: Core Principles

- Recovery Vision
- Authenticity of Voice
- Accountability to Recovery Community

Recovery Community Organizations: Core Strategies

- Public Education and Awareness
- Policy Advocacy
- Peer-based and other recovery support services and activities

- **Developing leaders**, offering opportunities for people in recovery, family members, friends and allies to express their collective voice, learn new skills and responsibilities, and provide a forum for community service.

- **Advocating for meaningful representation and voice** for people in long-term addiction recovery and family members on issues that affect their lives

- **Assessing needs** related to the adequacy and quality of local treatment' recovery support services, and other health and social services

- **Assessing strengths, assets, and resources** available in the community to support recovery

- **Educating the public, policy makers, and service providers** about the prevalence and multiple pathways of addiction recovery;
- **Developing human and fiscal resources by expanding philanthropic and public support** for addiction treatment, recovery support services, and recovery advocacy and cultivating volunteerism within local communities of recovery; and
- **Supporting research that illuminates effective strategies** and the processes of long-term recovery and establishes an evidence base for peer and community supports.

Collaborative Effort

Who NEEDS to be included in these efforts:

- Persons directly affected by Substance Use Disorder
- Family members
- Youth
- Harm Reduction organizations
- Treatment Industry as a whole (abstinence based, MAT, Recovery Support Services)
- City and Community Leaders
- Police Department
- Criminal Justice System
- Child Welfare System
- Housing
- Any organization that is impacted by substance use

Crucial Characteristics of an RCO

- Non judgmental and safe
- Open minded
- All pathways are not only accessible but also fully supported
- Personal experience
- Independent organization (not connected to treatment)
- Broad community support

Similarities between Communities and Recovery:

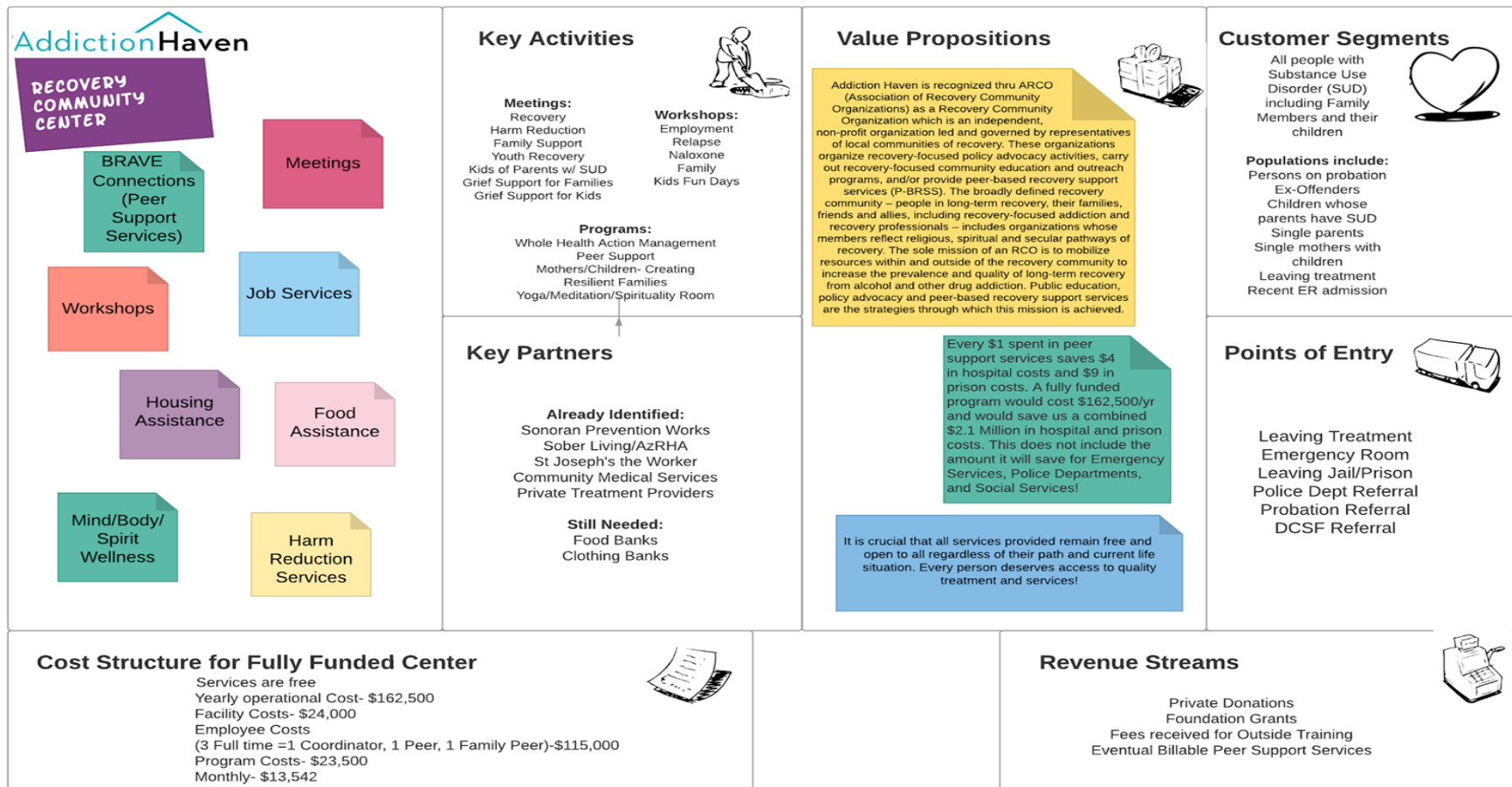
- No one size fit all answer
- Different strengths and weaknesses
- Person/Community centered approach
- Stigma/Shame
- Ineffective response

Recovery Community Organizations
address it all!!

Addiction Haven

Addiction Haven was conceived in 2014 in response to the needs of the community affected by Substance Use Disorder. Our system was disconnected and people affected by SUD did not know what resources were available and felt helpless. Through advocacy, education, and community assessment we were able to create targeted community based solutions and empower individuals affected by substance use disorder, their families, and community members.

What can this look like in action?



Peer Support Roles in an RCO

(Adapted from William White)

- Motivator and Cheerleader
- Ally and Confidant
- Truth Teller
- Role Model and Mentor
- Problem Solver
- Resource Broker
- Advocate
- Community Organizer

A Peer Support Is Not A . . .

(Adapted from William White)

- Sponsor
- Counselor
- Nurse/Doctor
- Clergy Person

Why create Recovery Community Organizations?

- Addiction is not going away
- Communities are the answer
- All persons affected are included
- Always be another epidemic
- Cost effective
- Collaboration
- Only need passion and time to start

Vermont Recovery Network Report

Service	% Utilizing Before Coaching	% Utilizing After Coaching
Hospital Visit	36%	4%
Emergency Room Visit	38%	8%
Detox	38%	2%
Court Involvement	58%	24%

For full report go to:

[http://vtrecoverynetwork.org/PDF/VRN RC eval report.pdf](http://vtrecoverynetwork.org/PDF/VRN_RC_eval_report.pdf)

Questions, comments, concerns?

THANK YOU!!

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