“Return To The Red Circle”

Laughter, song, and dance create emotional and spiritual connection; they remind us of the one thing that truly matters when we are searching for comfort, celebration, inspiration, or healing: We are not alone.

Esteem

“How would we walk, talk if we believed our music meant something meaningful to everyone?”
Belonging:

We believe our life is a celebration! Our Native Ways move us safely through this physical life. In a cradleboard time infants and children are secured and feel a sense of comfort and Belonging. With a secured foundation we are better problem solvers, decision makers, with heightened awareness and vision. By securing our foundation, our traditional ways evolve to address he issues of today. Purifying, song, prayers, create opportunities to share in a safe circle and allow us to express and relieve anxiety, frustrations, and build a greater sense of strength, and help us to cope.

Mastery: “Become the person you hold in high regard. Politely emulate the words, gesture...and the walk.”
Interdependence
A time for young adulthood, recognizing my responsibility in my circle, and understanding our interconnectedness with all things. We are ALL Related.

Interdependence: “Traditional ways recognize the Spirit of all living things and validate that we are an essential energy source in the universe”.
Generosity
This is a time when we give back to our families and community, through a civic duty and sharing of wisdom, teachings, culture, ritual, stories, and song.

Generosity
“We come from generous, and gracious people. We have openly shared our homelands, foods, medicines, and songs. It is ours to share, our Earth Mother has taught us much. Thank you for making room for our children. It is our natural duty and despite the hardships this life is a good one.”
What will our children recall about their childhood?

What do you recall, and... does culture matter?
The Spirit never left. It is present. Continue the prayer and move in that direction.
Feed it with your love, belief, joy and humility.

For the generations to come. They have arrived!
The evolution of all things in life will always circle back to our Native Ways.

- Our children grow up faster than we realize. We have a short time to teach them how to live in this life without me. Letting go is part of that evolution. Change is inevitable, we can be with out and still grow. Our culture has made it so the circles of this life overlap allowing us access to growth and change.

Social Distancing and Spirituality

Gatherings that have ceased have returned. Our Spiritual leaders humbly stepped back and called for patience and understanding. Individual ceremonies continued in immediate family settings and contribute to our healing. The Red Circle remained.
Our Native Ways are preserved for our children. They watch and follow our means to secure our circles.

It is our collective duty!
“Become the person you hold in high regard... understand why you strive to preserve the image and refine the walk. Humbly add your strengths and politely make it your own. Our dance continues the Spirits dance with us and we’re never alone.

In this life we will walk alone, and humbly will find all our roads lead us back to our Red Circle Lodge.