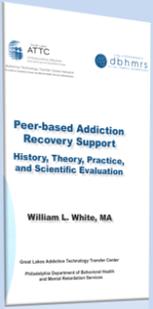


Concept Mapping Peer Support Service





Peer-based recovery support is the process of giving and receiving nonprofessional, non-clinical assistance to achieve long-term recovery from severe alcohol and/or other drug-related problems.

This support is provided by people who are experientially credentialed to assist others in initiating recovery, maintaining recovery, and enhancing the quality of personal and family life in long-term recovery.

-William White, 2009

AZ Families FIRST Parent to Parent Program Recovery Coaches

- Three-year project – launched in October 2007
- Federally funded by the Children’s Bureau, HHS
- Collaboration with Arizona Families FIRST and DES SENSE in-home services

Role of Recovery Coaches

- Provide support to parent/caregiver
- Bring a message of hope
- Engage parents in substance abuse treatment (60 to 90 days, sometimes longer)
- Encourage parents to remain in treatment
- Guide parents through the process of recovery
- Help parents navigate the child welfare system



Recovery Coaches and Collaboration

- A component of the treatment plan
- A member of the family treatment team (FTT)
- Collaborates with parents and providers to develop an appropriate case plan, encourage follow through, and monitor progress and needs
- Primary role is to provide support: mentor, help, assist, listen, encourage, praise, advocate
- Available to attend meetings, assessments, make home visits

Outcomes for Parents who have Recovery Coaches

ENGAGEMENT

- ❖ Parents are more likely to move from Outreach to Assessment : 84% with Coach, 59% without
- ❖ Parents received assessments faster

RETENTION IN TREATMENT

- ❖ Average 50 days with Coach, 19 days without



Community Bridges, Inc

(CBI)
Welcome



Mission and Purpose



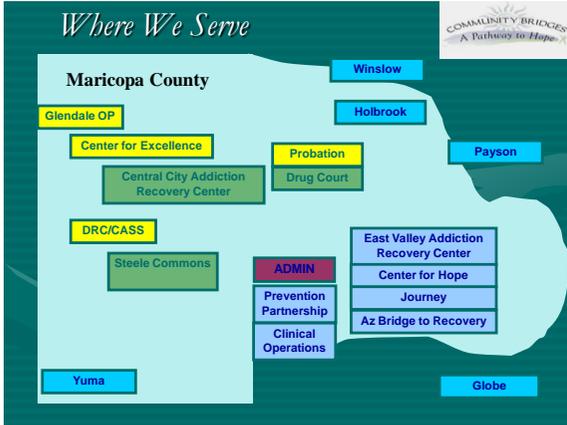
To provide the highest quality Clinical Treatment, Family Preservation, Prevention, and Education services to reduce the impact of alcoholism and drug addiction as a predominant factor in the majority of cases of homelessness, domestic violence, child abuse, child neglect, assault, homicide, and suicide.

Value Statement

We Value
Human Life
The Sustaining of
Human Life
And the Recovery of
Human Life

Always With Dignity



*Who is a CBI
Peer Support Specialist?*

- Individual who is in recovery for 1 year or more from AOD or GMH. Has a solid foundation built in the recovery process.
- Culturally Diverse staff
- Traditional 12 steps
- Traditional healing
- Christian Based recovery
- Any other recovery based support
- Meet the requirements and completed CBI certification

COMMUNITY BRIDGES
A Pathway to Hope

Services Provided

- Street Outreach
- Follow up Services
- Peer based case management services
- ASAM Assessment
- Placement Services
- Referrals
- Support
- Engagement/Re-direction/Re-engagement
- Advocate
- Education on the Axis IV Stressors

COMMUNITY BRIDGES
A Pathway to Hope

Overview of Blueprints To Life

- Blueprints to life is a SAMHSA funded program that supports the collaboration between CBI, CASS and the Phoenix Police Department. The unique collaboration established a means to provide outreach, crisis services, shelter, supportive housing and substance abuse treatment to what has been an invisible and traditionally untreated population.
- Blueprints to Life program employs the theory that utilizing peer-to-peer services increases credibility, availability and navigation of existing resources within the greater community.



Services Provided by Blueprints To Life

- Community Based Outreach
- Street Outreach
- Collaboration with Police Departments.
- Connections to behavioral health professionals-warm transfer methodology
- Peer Based Case Management Services
- Employment Coaching and Readiness Training
- Educational Workshops
- Support and Re-Engagement



Keys to Our Success

- Collaboration with other providers
- Collaboration with Native American Tribal Authorities/T/RBHA's
- Provide "no wrong door" policy
- Bridging the gap from despair to hope
- Provide compassion, dignity and respect to individuals/families seeking services.
- Encouraging growth from within and providing advancement opportunities.





On behalf of Community Bridges'
Board of Directors, Staff Members, Patients and
the Recipients of our services...

THANK YOU

Ideas are like rabbits. You get a couple and learn how to handle them, and pretty soon you have a dozen.

—John Steinbeck



Concept Mapping Participants



After completing the card sorting procedure, participants will be asked to complete three rating sheets to prioritize or measure their relative importance.

1. How important are each of the following knowledge, skills, and abilities to be effective as a Peer Support Specialist?

Not Important, Somewhat Important, Important, Very Important

2. Rate your personal competence in the use of the following knowledge, skills, and abilities.

Not Competent, Somewhat Competent, Competent, Very Competent

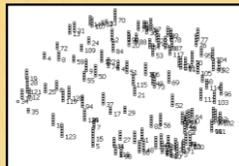
3. To what extent are each of the following knowledge, skills, and abilities valued by your employer?

Not valued, Somewhat valued, Valued, Very valued

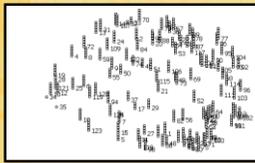
Importance



Competence



Valued



Ratings Items

Session Three

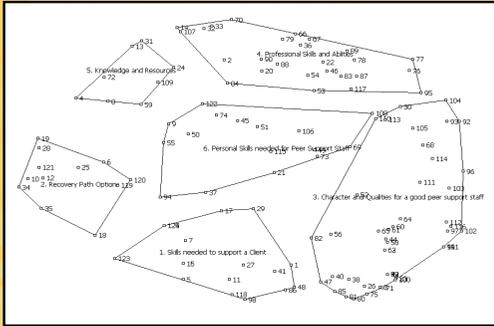
Participants interpret the concepts maps that were generated based on information previously collected and will discuss how the ideas are organized identifying the critical high-priority areas.



1. Determine the number of clusters
2. Label the clusters



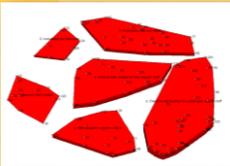
Six Labeled Clusters



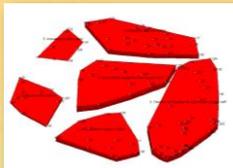
Next Steps- Interpret Maps & Assess Results



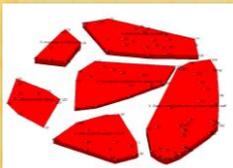
Importance



Competence



Valued



Cluster Ratings Maps
