An overview of the Health and Wellness Initiative is posted on the Magellan of Arizona website.

Currently in development:
- Health and Wellness Charter
- Establishment of Steering Committee
- Develop a strategic plan and mission statement

Three principles are paramount towards the fulfillment of this overall mission:
- Improve Quality of Life / Physical wellbeing
- Increased collaboration between Medical and Behavioral service providers
- Outcomes based, measurable results.

Areas of focus:
- Implemented
  - TTI Grant
  - Tobacco Cessation Program
  - Electronic Medical Records, Dr’s and Nurses Modules

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Magellan of Arizona Health and Wellness Initiative
Maricopa County

Transformation Transition Initiative (TTI) Grant

In partnership with Arizona Department Health Services, Division of Behavioral Health Services, Magellan of Arizona was awarded a TTI Grant to train and implement a peer delivered Whole Health program. All four adult PNOs have agreed to participate.

Highlights:
- Each PNO submitted their own implementation plan
- 72 peer and family mentors, PNO staff, OBHS staff and Magellan staff have been trained Peer Engagement of Whole Health
- Second Peer Support Whole Health training to be held in August
- 250 recipients are currently participating
- Magellan has developed a wellness journal and data collection sheet
- Six measurable outcomes have been established
  - Weight
  - Body Mass Index
  - Blood Pressure
  - Reduced Smoking
  - Improved Sleep
  - Increased Exercise

Whole Health Summit to be held in Tucson in September

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Magellan of Arizona Health and Wellness Initiative
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Tobacco Cessation Program

In partnership with Arizona Smoker’s Help Line (ASHLine), the Centers for Disease Control Arizona Department Health Services, and the Division of Behavioral Health Services, Magellan of Arizona is participating in a grant funded, two year tobacco cessation program for both staff and service recipients at the clinic level.

Highlights:
- Southwest Network is identifying a clinic for the pilot program
- Peer Run Agency “C.H.E.E.E.R.S.” is implementing a smoke free policy beginning August 1.
- Working with PNOs for full integration of the program
- Adapting ClaimTrack for electronic evaluation and referral
- ASHLine will fulfill all reporting requirements associated with the grant
- Medication and counseling are provided by ASHLine for eligible participants

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Health and Wellness Initiative
Maricopa County

Electronic Medical Records
Additional ClaimTrack modules have been incorporated allowing for access to detailed reports including Doctor / Nurse notes, lab results and outcomes. EMRs also incorporate biometric data into each person's record such as weight, bmi, vital signs, etc.

Screen shots:
- PCP Communication Document
- Client Referral
- BHMP & Nursing Note
Screen shot: Medication Log and Face sheet

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<th>Drug Name</th>
<th>Dose</th>
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In Case of Emergency

Name: ______________________
Relationship: ______________________
Address: ______________________
City: ______________________
State: ______________________
Zip Code: ______________________
Phone: ______________________

If you or someone in your household has a special need for assistance, please check the appropriate box:
Y  N

If yes, please provide the special need or services needed: ______________________

Phone: ______________________