

## Magellan of Arizona Health and Wellness Initiative

An overview of the Health and Wellness Initiative is posted on the Magellan of Arizona website.

Currently in development:

- Health and Wellness Charter
- Establishment of Steering Committee
- Develop a strategic plan and mission statement

Three principles are paramount towards the fulfillment of this overall mission

- Improve Quality of Life / Physical wellbeing
- Increased collaboration between Medical and Behavioral service providers
- Outcomes based, measurable results.

**Areas of focus:**

- Implemented
  - ✓ TTI Grant
  - ✓ Tobacco Cessation Program
  - ✓ Electronic Medical Records, Dr's and Nurses Modules



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### Health and Wellness Initiative Maricopa County

#### Transformation Transition Initiative (TTI) Grant

In partnership with Arizona Department Health Services, Division of Behavioral Health Services, Magellan of Arizona was awarded a TTI Grant to train and implement a peer delivered Whole Health program. All four adult PNOs have agreed to participate.

Highlights:

- Each PNO submitted their own implementation plan
  - 72 peer and family mentors, PNO staff, DBHS staff and Magellan staff have been trained Peer Engagement of Whole Health
    - ◆ Second Peer Support Whole Health training to be held in August
  - 250 recipients are currently participating
  - Magellan has developed a wellness journal and data collection sheet
    - ◆ Six measurable outcomes have been established
      - ◆ Weight
      - ◆ Body Mass Index
      - ◆ Blood Pressure
      - ◆ Reduced Smoking
      - ◆ Improved Sleep
      - ◆ Increased Exercise
- Whole Health Summit to be held in Tucson in September



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### Health and Wellness Initiative Maricopa County

#### Tobacco Cessation Program

In partnership with Arizona Smoker's Help Line (ASHLine), the Centers for Disease Control Arizona Department Health Services, and the Division of Behavioral Health Services, Magellan of Arizona is participating in a grant funded, two year tobacco cessation program for both staff and service recipients at the clinic level.

Highlights:

- Southwest Network is identifying a clinic for the pilot program
- Peer Run Agency "C.H.E.E.E.R.S." is implementing a smoke free policy beginning August 1.
- Working with PNOs for full integration of the program
- Adapting ClaimTrack for electronic evaluation and referral
- ASHLine will fulfill all reporting requirements associated with the grant
- Medication and counseling are provided by ASHLine for eligible participants



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Electronic Medical Records

Additional ClaimTrack modules have been incorporated allowing for access to detailed reports including Doctor / Nurse notes, lab results and outcomes. EMRs also incorporate biometric data into each person's record such as weight, bmi, vital signs, etc.

Screen shots: PCP Communication Document

The screenshot shows a software window titled 'MAGELLAN EHR' with a patient record for LEBTO, GINA. The main form is titled 'PCP Communication Document'. It includes fields for 'Primary Care Provider (PCP) Name' (DR. TOSINCO), 'Address', 'PCP Phone #', and 'PCP Fax #'. There are several checkboxes for reasons for the communication, such as 'Person referred by Health Plan/PCP' and 'Person determined to be Seriously Mentally Ill (SMI)'. A dropdown menu is labeled 'Other (Please specify)'. The bottom of the window has 'Exit', 'Edit', 'Delete', 'Print', and 'Cancel' buttons.



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Electronic Medical Records

Screen shots: Client Referral

The screenshot shows a software window titled 'MAGELLAN EHR' with a 'Client Referral' form. It has tabs for 'Demographics', 'Referral Information', 'Miscellaneous', and 'History'. The 'Referral Information' tab is active, showing fields for 'Client ID', 'Override Client ID', and 'Need Available Intake'. There are sections for 'Physician' (with checkboxes for 'Has Clinical Liaison' and 'Specialties'), 'Psychiatrist' (with checkboxes for 'Is/Being Psychiatrist'), and 'Primary Care Physician' (with fields for 'First Name', 'Middle Initial', 'Last Name', 'Phone', and 'Fax'). There is also a 'Staff Information' section with fields for 'Staff Name' and 'Location'. The bottom has 'Exit', 'End', 'Add', 'Edit', 'Down', 'Back', and 'Cancel' buttons.



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Electronic Medical Records

Screen shots: BHMP & Nursing Note

The screenshot shows a software window titled 'MAGELLAN EHR' with a 'Nursing Note - Signed' form. It includes a patient record for LEBTO, GINA. The form has a 'Reason for Visit' section with a text area. Below that is a 'Treatment Adherence & Engagement' section with checkboxes for 'Adherent' and 'Elderly'. There is a 'Primary Care Physician' section with fields for 'Last PCP Name', 'Name', 'Phone', 'Fax', and 'Email/MD/PCP'. The 'Medical Concerns - PCP Coordination' section contains a text area. There are also several checkboxes for 'State Effects' (Sedative, CNS Depressant, Anticholinergic, Opioid, Anesthetics, Cardiac, Blood Pressure, Blood Sugar, Blood Urea Nitrogen, and Ethanol) and a 'Diagnosis' field. The bottom has 'Exit', 'Print', and 'Done' buttons.



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**Electronic Medical Records**

Screen shots: Medication Log and Face sheet

**MAGELLAN DCC  
MEDICATION LOG**  
Current Psychotropic and PCP Medications

Date Printed: 06/25/2010      Patient Name: SINAJUETO      DOB: 09/25/1979  
 PCP Name: \_\_\_\_\_      PCP Phone: \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Current Psychotropic Medications (C/O/A/R/E):**

Medication	Script D/W/M	Dosage	Instructions	QW	Script method
Cocaine Tab	06/25/2010	100MG QL 270	2 prn #6 - 9m refills		WRITTEN

**In Case of Emergency**  
 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Does the consumer require special assistance:  Y  N  
 If yes, who provides the special assistance: \_\_\_\_\_  
 PCP Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Parent/Guardian Name: \_\_\_\_\_ Phone #: \_\_\_\_\_



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