

SATISFACTION

Substance Abuse Treatment Involving Schools Family And Community To Improve Our Neighborhoods

Presenters

- Michael Carr
DCYF Statewide Behavioral Health Appeals Coordinator, ADES
- Vicki Johnson
Executive Director, MIKID, Mentally Ill Kids In Distress
- Bettie Jordan, Parent

Project Beginnings

Family Involvement in Substance Abuse Summit held in August 2007

This meeting brought together Juvenile Court, Governor's Office, CPS, Behavior Health –local and state as well as parents and youth to discuss the importance of families becoming more involved in youth substance abuse. There was consensus that more needed to be done to support this. Bettie Jordan was at this meeting.

Project Partners

For several years, Bettie Jordan had been working with Cactus High School of Peoria Schools and various behavior health issues. After the Summit, Bettie asked Cactus Administrators to become involved in a project. Other partners were: DCYF, MIKID, Family Involvement Center, Magellan of AZ, ADHS, JFCS, Parents and Youth

Project Events

- Obtained buy-in from Peoria Schools
- Parent and Youth Focus Groups
 - Summary of responses
- Resource Fair at Parent Teacher Conferences
 - Distributed materials (resources and educational materials)
 - Publicized Family University
 - Later made literature available in the lobby in the attendance office

Project Events (continued)

- Creation of the Project Mission
 - To increase the involvement of family members in the treatment of adolescent substance abuse and to increase family awareness and ease of access to existing services and supports.
- Letters to Community groups, organizations and faith based organizations
- Family University
 - Monthly presentations on various topics related to behavioral health and substance abuse

Project Events (continued)

- **Family University-** Monthly Speakers on various Substance Abuse or Behavior Health Topics:
 - Steroid Use; Bullying; Depression, Mood and Anxiety in Teens; Prescription Drug and Heroin Use among Teens; Family Panel on Teen Substance Abuse; Drug Free Arizona & Glendale Police Department; Choices (Making Good Choices)
- **Freshman Orientation (Fabulous Friday)**
Presentation by Drug Free America/ Arizona

Project Events (continued)

- Attempts to establish On Grounds Treatment Group(s)
 - Discussion of barriers
- **Student targeted presentations**
 - Drinking and driving and seat belt use (for Juniors and Seniors around time of Prom)
 - Steroid Use for athletes and coaches

Project Events (continued)

- **Teen Intervene**
 - Teen intervene is a tested, time efficient, evidence based program for teenagers (12-19 years) suspected of experiencing mild or moderate problems associated with alcohol or other drug use; the program can also include their parents or guardians. The Teen Intervene program integrates stages of change theory, motivational interviewing and cognitive behavioral therapy.

Project Events (continued)

- Teen Intervene(continued)
 - The program received a small grant from ADHS to train Peoria schools faculty and staff as well as a few community behavior health professionals
 - Training occurred in July 2009. Twenty-five persons received the training. Peoria schools staff participated on their own time.
 - When school began in August, Peoria school personnel established a referral process for directing students to staff who would provide the intervention (on their own time). It is estimated that 35 students have benefited from Teen Intervene during the 09-10 school year.
 - For students caught with paraphernalia or drugs Peoria Schools agreed to forego suspension or expulsion if the student were to participate in Teen Intervene

Review of Project Effectiveness

Cactus High School reports that substance abuse related incidents decreased over the period of this project.

Review of Project Effectiveness

- Review of Project Components
 - Family University
 - Robo calls
 - Marquee marketing
 - Flyers
 - Banners
 - Freshman Orientation (Fabulous Friday)
 - Community Letters- Outreach
 - Resource Fair, literature
 - Student Presentations
 - On grounds Treatment Group
 - Teen Intervene
 - Parent and Student Involvement
 - Project in general



Questions?
