Innovative Partnership to Provide Family Substance Use Disorder Treatment

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Developing a Partnership

Native American Connections (NAC) and Hushabye Nursery formed a partnership serving the family unit. Hushabye treats detoxing substance exposed infants, supporting their parents, and intervening when parents want additional services by referring to residential substance use treatment at NAC’s Patina Wellness Center. Patina Wellness Center continues care while providing intensive treatment to address the parent’s substance use establishing a foundation of recovery.
Objectives

- Learn about Native American Connections (NAC) and Hushabye Nursery PARTNERSHIP in substance use intervention services
- Identify key strategies for a strong collaborative relationship
- Identify treatment strategies for pregnant and parenting families struggling with substance use
- Recognize the benefits of whole family treatment (Intergenerational Healing) in using Evidence-Based Practices combined with Cultural Practices in residential treatment
More than 2 babies are born passively dependent in AZ every day.
This collaboration focuses on the following goals

• Keep the family together safely with supports - nursing and clinical support while building community and peer supports

• Provide the education parents need to care for their newborn -(Eat, Sleep, and Console, non-pharmacological care and then consideration for pharmacologic management)

• Develop new recovery and life skills to create a healthy environment for the family –(relapsed prevention, 12-step, Medicine Wheel with healthy relationships and positive parenting with a trauma informed care approach)

Facilitating Quality Care with Collaborators

• Coordinating a Door to Door admission to Patina Wellness Center (PWC)
• NAC works with local providers to ensure continuity of previously established MAT services
• Residential medical team collaborates with Prenatal and MAT providers
• Supports follow up visits with MAT provider throughout reatment
• Supports ongoing involvement with Hushabye and other stakeholders (ex. DCS or probation)
Hushabye Nursery’s Care Model NAS Center of Excellence

Prenatal Services
- Medical Care
- Addiction Treatment
- Counseling
- DCS Collaboration
- Medication Assisted Tx
- Financial Guidance
- Home Visiting

Nursery Services
- NAS Recovery Services
- NAS Environment
- Specialized Training
- Nonjudgmental Environment
- Family Care Model

Discharge Services
- Newborn Follow-Up
- SENSE
- Pediatric specialists
- Developmental services
- Family Counseling
- Financial Guidance
- Home Visiting

HOPPE PROGRAM

Hushabye Opioid Pregnancy Preparation & Empowerment

Outpatient Services:
- Peer Supports
- Trauma Specialist
- EMDR
- Counseling
- Transportation, food and housing support
- NAS education-diagnosis treatment and follow-up care
- Infant CPR
- Car Seat Education
- Safe Sleep Education
- Baby Supplies and Resources
- Care Coordination
- Evidence Based Parenting Classes such as Triple P Parenting
- Baby Soothing Education
- Social Connections
- SMART Recovery
HOPPE Program

- Inpatient Services:
  - Care for babies as they go through the withdrawal process
  - Families may stay with their baby 24/7
  - ESC model with Modified Finnegan assessment tool
  - Phototherapy
  - Gavage Feedings
  - Pharmacologic care if needed
  - DCS Support
  - Family Education
  - Counseling
  - Family Coaching
  - Lactation Support
  - Developmental Specialist Consultations
  - Trauma Support Specialist (EMDR)

Patina Wellness Center (PWC)
337 E Virginia Ave Phoenix, Az 85004

- 70 residential SUD beds for men and women & their dependent children
- Rotating curriculum – evidenced and culturally based; length of stay determined by clinical need & health plan authorization
- Child Care provider assists healthy bonding connecting the coping skills parents learn in early recovery to parenting skills
Populations Served:

- **NAC Priority Populations**
  - Native American Substance Use Disorder (SUD)
  - Pregnant and Parenting Women
  - IV drug Users
  - Opioid Users
- **Since February 2021** - PWC has serviced 20PPW women, 4 couples and 7 children
- **Medication-Assisted Treatment (MAT) Friendly**
- **Co-occurring Disorders**

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Overview of NAC Services

- **Adult and Youth SUD Outpatient Services**
  - TREE (Treatment, Recovery Enhancement & Expansion) for Adolescents
- **Integrated Medical/Behavioral Health Clinic**
- **Residential Substance Use Treatment**
  - Patina Wellness Center – Pregnant & Parenting Women, Women & their Children, Couples
  - Patina Mountain Preserve) - Men
- **Sober Living for Adult Men and Women**
- **Housing**
  - Affordable Workforce Housing for Families
  - Permanent Supportive Housing, Transitional, & Shelter for Homeless
- **Community Development**
Meeting a client “where they are at”...

Clinical approaches were expanded to support a client where he/she is at while emphasizing safety, overall wellness, and functionality

- Strengths perspective
- Harm Reduction viewpoint
- Person-First perspective
- Compassion and Empathy
- 12 Step Meetings
- Seeking Safety curriculum
- Mindfulness-based Relapse Prevention

Cultural Implications for Healing

- Red Road / Wellbriety
- Talking Circles
- Smudging and Prayer
- Positive Indian Parenting
- Healthy Relationships
- GONA (Gathering of Native Americans)
- Cultural Arts
- Songs and Drumming
Adaptation and Resilience contributes to Intergenerational Healing

Sobriety first is ideal, however changes and complexities in substance abuse today required a reconsideration of how addiction can be treated.

“Build a better world said God. And I answered how? The world is such a vast place, and so complicated now. And I am small and useless, there’s nothing I can do. But God in all his wisdom said, Build a better you.”

- Vision, The Red Road to Wellbriety

Call/Text 480-628-7500 for referral
Centralized Intake and Assessment

**Outpatient Treatment Center**
- 4520 N. Central Ave. Suite 100, Phoenix, AZ 85012
- 602-424-2060
- assessment@nativeconnections.org

**Patina Wellness Center**
- Patina Mountain Preserve
- Outpatient Treatment Center
- Patina Wellness Center

**Referral process**
- Assessment
- Connection to services
- New: Telehealth and telephonic services widely available
- Covid-19 precautions

Questions?
References

- Center for Substance Abuse Treatment. Medication-Assisted Treatment for Opioid Addiction during Pregnancy. In Medication-assisted treatment for opioid addiction in opioid treatment programs. Treatment Improvement Protocol (TIP) Series, No. 43. Rockville (MD: Substance Abuse and Mental Health Services Administration; 2005


- Substance Abuse and Mental Health Services Administration/Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants. HHS Publication No. (SMA) 18-5054. Rockville, MD. Substance Abuse and Mental Health Services Administration, 2018