Indian Rehabilitation - 1972
Sweat Lodge at Indian Rehab
Guiding Star
Residential Substance Abuse Treatment for Women
and their Dependent Children since 1978
Design research

GRATEFUL TO HAVE A MEANINGFUL PROJECT AND COMMUNITY PARTNER
Design research
GRATITUDE
ASU Student Design
Cedar Crossing & Patina Wellness Center
Cedar Crossing
Affordable Housing for Families
Cedar Crossing
Patina Wellness Center
6 Week Treatment Themes

• Substance Use & Co-Occurring Treatment
• Communication & Expressing Emotions
• Healthy Relationships, Family & Supports
• Health, Wellness & Recovery
• Culture & Spirituality
• Life Skills & Social Connectedness
Patina Wellness Center
Evidenced Based Curriculum

• Wellbriety Red Road - Don L. Coyhis
• Medicine Wheel - White Bison
• Peer Support - SAMSHA
• Integrative Combined Therapies for Co-Occurring Disorders - Hazelden and SAMSHA
• Living in Balance – Hazelden
• Seeking Safety - SAMSHA
Patina Wellness Center
Evidence Based Practices

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Dialectical Behavior Therapy
- Relapse Prevention Therapy
- Stages of Change
- Trauma Informed Care
- Peer Support
Practice Based & Native Traditional Healing Practices

- Circle of Strength Family Program
- Talking Circle
- Sweat Lodge
- 12 Step Groups & Meetings