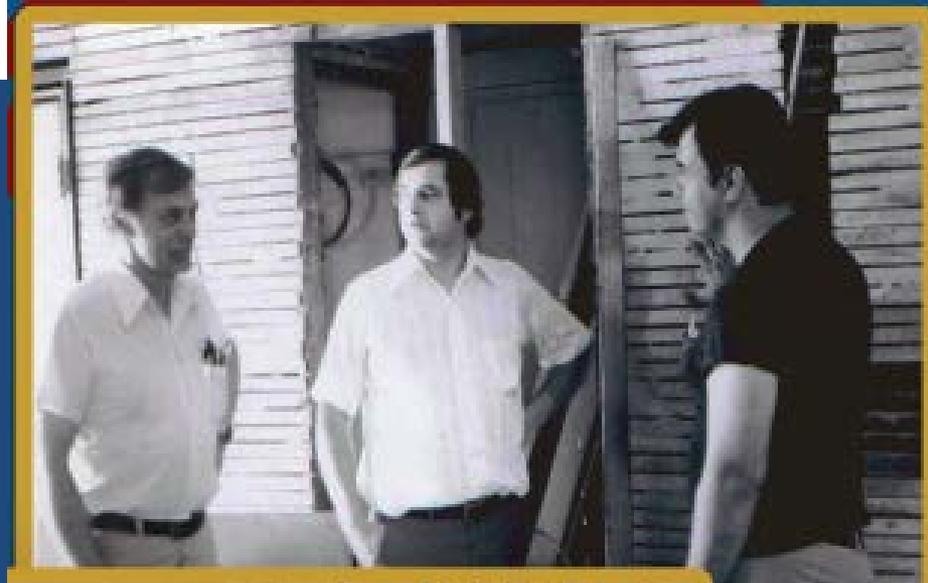




# Indian Rehabilitation - 1972





# Sweat Lodge at Indian Rehab







3424

# Guiding Star

Residential Substance Abuse Treatment for Women  
and their Dependent Children since 1978







# Childcare at Guiding Star





NATIVE AMERICAN CONNECTIONS

# Design research



**GRATEFUL**  
TO HAVE A MEANINGFUL PROJECT  
**AND COMMUNITY PARTNER**

# Design research



# GRATITUDE



# ASU Student Design

## Cedar Crossing & Patina Wellness Center







# Cedar Crossing

333 E. Virginia, Phoenix, AZ



# Cedar Crossing

## Affordable Housing for Families



# Cedar Crossing



# Patina Wellness Center



# Patina Wellness Center











# Patina Wellness Center

## 6 Week Treatment Themes

- Substance Use & Co-Occurring Treatment
- Communication & Expressing Emotions
- Healthy Relationships, Family & Supports
- Health, Wellness & Recovery
- Culture & Spirituality
- Life Skills & Social Connectedness



# Patina Wellness Center

## Evidenced Based Curriculum

- Wellbriety Red Road - Don L. Coyhis
- Medicine Wheel - White Bison
- Peer Support - SAMSHA
- Integrative Combined Therapies for Co-Occurring Disorders - Hazelden and SAMSHA
- Living in Balance – Hazelden
- Seeking Safety - SAMSHA



# Patina Wellness Center

## Evidence Based Practices

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Dialectical Behavior Therapy
- Relapse Prevention Therapy
- Stages of Change
- Trauma Informed Care
- Peer Support

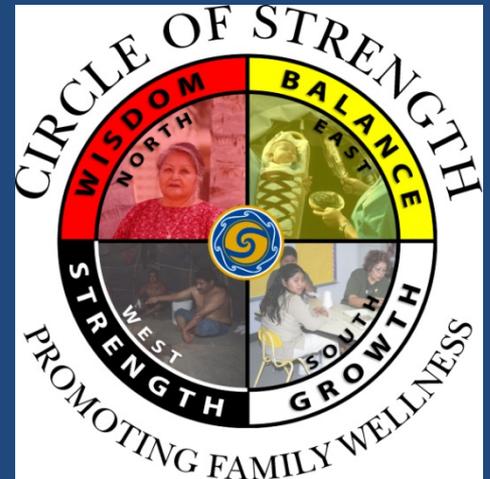






# Practice Based & Native Traditional Healing Practices

- Circle of Strength Family Program
- Talking Circle
- Sweat Lodge
- 12 Step Groups & Meetings



# NAC Annual Parade – Saturday, October 8, 2016



