Session 6: Suicide Prevention and Intervention 2021

Course Description:

Give update on suicide trends and published data for both the US and for American Indian/Alaska Native populations, with additional focus on the effect of COVID-19 on the incidence of suicidal ideation and related problems. Description of the services provided by our team to assist Area communities in suicide prevention and intervention including screening, training in brief suicide interventions such as QPR.

Describe and outline a process of suicide intervention for communities experiencing suicide clusters, with the goal of halting the 'spread' of suicide behaviors by reaching those most at risk and recruiting community leadership support.

Learning Objectives:

1. Recognize the trends in suicide thoughts and behaviors, and the effect of the pandemic on specific groups.

2. Identify and use screens for suicidality.

3. Summarize community intervention used for suicide clusters.