Session 9: Trauma-Informed Care & Treatment Protocols

Course Description:

Trauma Informed Care has a history within traditional American Indian and Alaska Native communities. Understanding what it means to be a Good Relative is those steps that supports those who have experienced a traumatic event. This workshop will cover the standards of trauma informed care within a traditional native perspective. Also in this workshop will be an overview of the cultural enhancement of Trauma Focused Cognitive Behavior Therapy, titled Honoring Children, Mending the Circle.

Learning Objectives:

1. Recognize and describe the principles or standards of Trauma Informed Care.
2. Understand and recognize the parallel principles of the cultural teaching of Being a Good Relative.
3. Understand and recognize the standards for trauma informed and trauma focused treatment for childhood trauma exposure.