Follow the Road to Recovery: Courage to Balance Heart, Mind and Home
Revolutionary is a strong word. Recent research about outcome feedback has demonstrated, however, that using client-based outcome feedback increases effectiveness by an incredible 65% in real clinical settings—more than anything in the history of psychotherapy. Such results, when taken in combination with the field’s obvious failure to discover and systematize therapeutic process in a manner that reliably improves success, leads to the conclusion that the best hope for improving effectiveness will be found in outcome management. Therapists do not need to know ahead of time what approach to use for a given diagnosis as much as whether the current relationship is a good fit and providing benefit.

Nevertheless, evidence-based practice is all the rage. In this presentation, the “evidence” regarding evidence-based practice will be reviewed and showed to be lacking. This workshop calls for a shift from evidence-based practice to practice-based evidence and suggests a simple, straightforward way that therapists of any theoretical preference can elicit clients’ “real time” feedback about the benefit of the services received to inform and modify their work—not only to improve and demonstrate effectiveness, but also to finally give clients the voice they deserve.

**Learning Objectives:**

- Participants will analyze the pitfalls of evidence-based practice
- Participants will identify how to tailor the relationship to the client’s ideas about change and personal goals.
- Participants will review a reliable, valid, and feasible way of legitimizing therapy to third party payers while dramatically improving their effectiveness.
- Participants will inspect two simple methods of outcome assessment that can be used on a session-by-session basis.
- Participants will organize three ways to use the information about session-by-session impact to enhance the effectiveness of their service.

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**Barry Duncan, Ph.D., Center for Therapeutic Change**

**BECOMING OUTCOME INFORMED: A REVOLUTIONARY WAY TO IMPROVE EFFECTIVENESS**

This workshop will lay out the details of becoming outcome informed and will provide enough foundation for participants to begin outcome partnerships in their settings. Reliable, valid, and feasible methods are presented for discussing the client’s view of both the progress and fit of therapy services, thereby enabling the client’s feedback to shape and enhance client benefit. This presentation calls for nothing less than a paradigm shift—a shift that not only improves outcome one client at a time but also assigns those we serve key roles in determining the way therapy is both delivered and funded, changing the face of mental health.

Registration fees for this workshop are in addition to the regular institute fees. The Pre-Institute workshop is worth seven contact hours.
12:30 - 2:00  Conference Opening

Recovery Management: What if we Really Believed Addiction Was a Chronic Disorder?
William White, M.A., Lighthouse Institute

2:15 - 3:45  Concurrent Sessions One through Eight (Choose one)

1  Recovery Management: Premises, Promises, and Pitfalls
William White, M.A., Lighthouse Institute
This workshop will examine 16 areas of service practice that will change within the recovery management model, and will describe implementation obstacles and potential pitfalls of the model.

2  Assessing Suicide Risk
Lisa Shumaker, and Laura Nelson, M.D., Arizona Department of Health Services, Division of Behavioral Health Services
This workshop will review best practices in assessing suicidal intent, and discuss the Division of Behavioral Health’s new Technical Assistance Document on suicide assessment and assessment tools.

3  Residential Service Evaluation Motivates Service Change with the Homeless
Ivy Schwartz, M.D., Jason Brown, Compass Health Care, Inc., Paul Jurica, Ph.D., ADHS/DBHS (Office of Prevention)
This study analyzed length of stay and treatment results for 41 non-TXIX individuals enrolled in Compass Health Care’s New Directions residential facility; quality of outcome is significantly correlated with length of stay in the program. We also found that 40-60% of clients in FY04-05 identified themselves as homeless, and we propose that service be revised so as to treat the homeless initially by detoxification (if needed), followed by discharge to residential stabilization with staff support and tracking.

4  Evidence Based Substance Abuse Treatment for Youth Involved in Foster Care
Janet Fuhriman, Glin Whitehead, Bonnie Slater, Kim Metz, Arizona’s Children Association, Bridget Ruiz, University of Arizona-Southwest Institute for Research on Women
This presentation will describe two community-based substance abuse treatment programs that target adolescents involved in the foster care system. Developed by the Arizona Children’s Association and serving youth in Pinal, Yuma, and Pima counties, these programs utilize both “step-down” and “step-up” programs that include evidence-based practice components.

5  What’s New With HIV in AZ that Behavioral Health Professionals Need to Know.
Keith Thompson, Mandee Rowley, Randy Gearhart, Phoenix Shanti Group
In this workshop, we will highlight the inter-relatedness of substance use disorders and HIV transmission/acquisition. Resource information for the behavioral health professional will be provided, including information on the current status of HIV infection rates in our state, along with recent prevention intervention, medical treatment, and public policy developments.

3:45 - 4:00  Break
4:00 - 5:30 Concurrent Sessions Six through Ten (Choose one)

The Methamphetamine Centers of Excellence: Implementing Evidence-Based Practices in the Treatment of Stimulant Use Disorders
Christina Dye MPH, and Michael Suchor, M.D., Arizona Department of Health Services, Division of Behavioral Health Services, Michael Shafer Ph.D., Applied Behavioral Health Policy, Arizona State University
This workshop will review the design, development and implementation of a methamphetamine treatment model based on evidence-based practices in stimulant disorder treatment, including clinical assumptions, model financing, selection of practices and implementation and oversight strategies.

Drug Courts – A strategic initiative bridging a gap between communities and courts. Resources in your own backyard!
John Rodriguez Jr., Molly Miller, Sarah Schmoll, Arizona Supreme Court
What does a Drug Court have to do with me and my community? This workshop discusses the role over time of America’s courts as partners with the community in solving problems. Drug Courts draw upon community resources, combining the need to protect the community-at-large, provide correctional measures for offenders, and rehabilitate offenders through a collaborative community-minded process.

Community Building: The Recovery Model in Supported Housing
Charles Berkman, META Services Inc.
This workshop explores residential and supported housing models for individuals with co-occurring disorders. We draw upon recent research on supported housing and community integration to show how the META Services Community Building program combines peer support, rental assistance, and self-directed care to help those with co-occurring disorders succeed in their recovery journeys.

Living Examples of Hope: Training and Employing Peer Support Specialists for Substance Abuse Programs
Lori Ashcraft, Ph.D., Courtney Penniman, MSW, LISAC, CADAC, META Services, Inc.
This workshop will discuss the benefits of adding peers to the workforce of substance abuse programs, elaborating on their unique ability to engage clients. The 40 graduates of our 70-hour peer-training program had substance use backgrounds, and participated in our substance abuse program (Another Chance). We will share our approach in helping these students secure employment; graduates who are now employed will share their stories.

“A Walk Through Diversity”
Norma Garcia-Torres and Leticia D’Amore, Arizona Department of Health Services, Division of Behavioral Health Services
How do the groups with whom you affiliate, and how does your own cultural experience, affect access to opportunity? This workshop presents three assessment tools that may help you with client interactions in multi-cultural settings, specifically regarding client intake and treatment planning.

5:30 No Host Reception
8:45 - 10:15  
**Plenary**  
*Spirituality and Recovery*  
*William R. Miller, Ph.D., University of New Mexico*

10:15 - 10:30  
**Break**

10:30 - 12:00  
**Concurrent Sessions Eleven through Fifteen** (Choose one)

1. **Can Organizations Do Motivational Interviewing**  
   *William R. Miller, Ph.D., University of New Mexico*  
   Can programs and organizations promote the practice of motivational interviewing, and reflect this evidence-based method beyond the work of individual therapists? Dr. Miller will discuss institutional values, policies, practice, and environments that promote the spirit of motivational interviewing in health and human services.

2. **The Morten Project: An Example of Therapeutic Jurisprudence**  
   *Michele Kaplan and Marlene Reed, PSA Behavioral Health Agency, Honorable Michael Jones, Maricopa County Superior Court*  
   This workshop will explore the concept of therapeutic jurisprudence as applied to a unique diversion program, the Morten Project (a partnership among PSA Behavioral Health Agency, Maricopa County Adult Probation, and Value Options), wherein all clients receive secure housing and comprehensive services. We will discuss project history and implementation and present current project data.

3. **“Put me in Coach!” Leading from the Heart: Tools to Improve Services**  
   *Penny Free-Burke, LCSW, Larry Villano, LPC, LISAC, Sherry Henson, LPC, LISAC and Teri Ingram, LCSW, TERROS, Inc.*  
   This workshop presents a training program that incorporates several coaching methods and clinical skills to improve services. We will demonstrate the successful use of these clinical strategies in managing, implementing, and encouraging service improvements.

4. **Community Partnership of Southern Arizona, Recovery Support Specialist Initiative: Evaluation Results of a Consumer Provider Training Program**  
   *Jason Malfait, Daniel Steffy, Michael Berren, Angela Dingedine and Sonia Robles, Community Partnership of Southern Arizona, Beverly McGuffin, University of Arizona - RISE.*  
   This workshop will discuss the development of the Recovery Support Specialist (RSS) Initiative within the context of recovery from substance abuse and mental illness. We will present the goals of the evaluation plan: workforce development and utilization, system enhancement, program effectiveness, and program satisfaction. Progress in achieving these goals will be discussed using applicable data.

5. **Assessing Organizational Cultural Competency**  
   *Norma Garcia-Torres, Arizona Department of Health Services, Division of Behavioral Health Services, Gustavo McGrew, ValueOptions, Victor Flores, Community Partnership of Southern Arizona*  
   This workshop will describe the process of conducting the Arizona Cultural Competency Organizational Assessment, and will discuss the components of an assessment that will improve an organization’s cultural and linguistic competence. Emphasizing self-assessment as an essential element, it will illustrate how well an organization is addressing current needs of diverse groups, and how it may plan to incorporate appropriate policy, structures and practices.

12:00 - 1:45  
**Luncheon**  
*The Honorable Janet Napolitano, Governor of Arizona (Invited)*
2:00 - 5:00 Concurrent Sessions Sixteen through Twenty (Choose one)

Special Extended Track Workshop – Each session is 3 hours in duration

16 Buprenorphine Awareness
Thomas Freese, Ph.D., Pacific Southwest ATTC
The goal of the workshop is to create awareness about buprenorphine among multidisciplinary addiction professionals, and provide information on what to expect from treatment. The workshop will discuss legislation that permits office-based treatment, information about opioid dependence, an overview of buprenorphine and its use, patient selection issues, and strategies for providing counseling to patients.

17 Offering Positive Incentives to Change Behavior
John Hamilton, LMFT, LADC, Senior VP of Liberation
This workshop will present an overview of Motivational Incentives, a science-based approach proven to impact behavior change in substance abuse treatment. It will introduce a dissemination packet of products designed to educate, inform, and increase awareness of Motivational Incentives.

18 S.M.A.R.T. Treatment Planning
Arthea Tate, M.A., Applied Behavioral Health Policy, Arizona State University
Using the ASI (Addiction Severity Index) assessment tool as a foundation, this workshop will provide clinicians with an understanding of how to transform required “paperwork” into clinically useful information. Participants will gain skills in identifying and prioritizing client problems, and learn techniques to develop individualized treatment plans that meet the S.M.A.R.T. objectives.

19 Enter "SIM-EBP" and Take Control: An Evidence-Based Practice Simulation
Brian L. Arthur, M.S. and Pat Beauchamp, M.S.W. Applied Behavioral Health Policy, Arizona State University
This interactive workshop provides an opportunity for participants, working in small groups, to select, implement, and evaluate evidence-based practices in substance abuse treatment in a simulated “treatment agency” using administrative data sets and practice information. With case scenarios, simulated data sets, and team discussions.

20 Help Your Staff Quit Their Job and Your Clients to Start Theirs: Supervising Motivational Interviewing
Robert Rhode, Ph.D., Applied Behavioral Health Policy, Arizona State University
Motivational interviewing is one evidence-based treatment approach that staff can use to increase clients' engagement in treatment. Some activities that your staff and your supervisors can use to adopt motivational interviewing will be described.

3:30 - 3:45 Break

3:45 - 5:00 Special Extended Track Workshop continued
Sessions Sixteen through Twenty Continue
THURSDAY, July 20

9:00 - 10:30  Evidence-Based Interventions in Correctional Settings
Plenary
Kevin Knight, Ph.D., Institute of Behavioral Research, Texas Christian University

10:30 - 10:45  Break

10:45 - 12:15  Concurrent Sessions Twenty-One through Twenty-Five (Choose one)

Organizational Readiness for Change Within Criminal Justice Systems
Kevin Knight, Ph.D., Institute of Behavioral Research, Texas Christian University
This workshop will address the importance of measuring and understanding organizational functioning, with the goal of improving client outcomes. In particular, we will present the TCU Criminal Justice Organizational Readiness for Change instrument and findings related to its application.

Collaborative Continuum of Care for Post-Release Individuals
Nick Jones, Old Pueblo Community Foundation, Darryl Norris, Compass Health Care, Larry Mungia, S.O.B.E.R.
This workshop will describe the integration of evidence-based substance abuse treatment with faith-based intervention, and will illustrate the continuum of care for post-incarcerated individuals provided by three community organizations (OPCF, Compass, SOBER).

Dual-Diagnosed Enhanced Program-Evidence Based Practice Model
Debra Millette, Will Harris, and Mona Casarez, PSA Behavioral Health Agency
This workshop will present an evidence-based practice model focusing on treatment of dual-diagnosed clients. We will describe program implementation, assessment and outcome tools, data analysis, and success characteristics.

Partners in Recovery - Treatment Implications and Outcomes of Peer-Delivered Services in Behavioral Health Agencies
Christina Dye, M.P.H., Arizona Department of Health Services, Division of Behavioral Health Services, Michael Berren, Ph.D., Community Partnership of Southern Arizona, Regina Koch-Mart, Hope, Inc
This workshop will review national and Arizona-specific data on impacts of peer-delivered services within health care settings, including improvements in satisfaction, engagement and patient outcomes. Participants will also receive guidance from professionals and consumers on integration of peer services within a licensed setting, including fostering strong peer-professional working relationships.

Implementation of a Culturally Ground Prevention Program
Manuel Medina, Carlos Vasquez, Cristina Junge, TERROS, Inc.
Panelists from the Canyon Corridor Youth Development Program will present their implementation of a culturally-grounded prevention program that includes different levels of skills development, family involvement and environmental strategy. Youths, Hispanic parents, and collaborators will present program results, along with experiences in community involvement. Staff will provide a brief overview of their logic model.

12:15 - 1:45  Luncheon
Unmask the Stigma
William C. Moyers, Hazelden Foundation
2:00 - 3:30

**Concurrent Sessions Twenty-Six through Thirty** (Choose one)

**Into Action**

William C. Moyers, Hazelden Foundation  
Action Steps: What you and your colleagues can do in your own back yard to change the terms of debate for the sake of those who still suffer with addiction.

**Recovery and Role Achievement**

Bill Kennard, BCPR Consulting/Boston University, Vicki Staples, Arizona Department of Health Services, Division of Behavioral Health Services  
This workshop will describe the principles and strategies for using the Boston University Psychiatric Rehabilitation Approach. Through small group exercises, participants will practice determining a person’s readiness for choosing a goal, as well as identifying ways to increase commitment to change and self-awareness.

**An Index for Dual-Diagnosis Capability: What is It and How Can It be Used?**

Jessica Brown, Ph.D., Bureau of Applied Research & Program Evaluation, Louisiana Office of Mental Health  
This workshop is designed to provide a definition of a “dual-diagnosis capable” treatment program and its implementation. Specific focus is given to the index for Dual-Diagnosis Capability in Addiction Treatment (DDCAT) and why this tool has become popular. The workshop will provide real-world experiences of how the DDCAT has been used and how its functional design has broadly expanded its utility.

**Another Access – Funding School-Mental Health Services**

Geoffrey Dewhurst, Yuma Elementary School District One, Tamara Lucket, Washington Elementary School District  
This workshop will provide a model for developing, funding and applying appropriate mental health and family support services in Arizona public schools. We will identify key players for project development, funding sources and their requirements for proposed projects, and existing resources at the Federal, State and local levels.

**Overcoming Cultural Myths and Barriers. The Successful Implementation of Culturally Appropriate Treatment and Services**

Eddie Grijalva, Compass Health Care  
This workshop details the successful creation, development, and implementation of a specific, culturally appropriate treatment approach for Native Americans. This unique program uses native practices and beliefs, such as smudging, sweat lodge, talking circles, and the teepee as core fundamentals in the recovery process.

5:30 - 8:30

**2nd Annual Arizona Behavioral Health Awards Gala**
FRIDAY, July 21

8:30 - 10:00 Concurrent Sessions Thirty-One through Thirty-Five
(Choose one)

Treating Adolescents with Substance Use Disorders: Moving to Recovery Through Evidence-Based Approaches
Randy Muck, M.Ed., Division of Services Improvement, Center for Substance Abuse Treatment, Substance Abuse & Mental Health Services Administration
This presentation will provide a comprehensive overview to what we know and don’t know in treating adolescents with substance use disorders. Results and key findings from the SAMHSA-funded Cannabis Youth Treatment (CYT) initiative will be presented and implications from this initiative for the enhancement of treatment programs serving adolescents will be discussed.

Implementing Evidence-Supported Practices: Preventing the Pits
Patricia Penn, Ph.D., Sandra M. Gallagher, Ph.D., Linda Russell, M.S., Ed.S., LASAC and Fred Ortega, La Frontera Center, Inc.
This workshop will present lessons learned from three of our evidence-supported practice (ESP) implementation projects. We will discuss critical elements for successful implementations, including timelines, coaching, monitoring and self-sustainability, and will focus on bridging the gap between ideal applications and the real world of community behavioral health.

Got No Shows? We Have a Solution
Bob Bohanske, Ph.D., Southwest Behavioral Health, Michael Franczak, Ph.D., Marc Center Behavioral Health
This workshop will present the results of a study on reducing the adverse effect of no-shows and cancellations on clinic operations. We evaluated 400 subjects, examining the use of practice-based evidence on new clients and those in ongoing care. By improving the client-therapist alliance, a rapid and significant reduction of no-shows and cancellations resulted.

A New Vision for Community Mental Health
Leticia D’Amore and Norma Garcia-Torres, Arizona Department of Health Services, Division of Behavioral Health Services
This workshop will describe a new vision for community mental health, highlighting Promotoras, helpers that effectively engage community response and participation by developing trusting relationships, and by fostering empowerment and generating hope in the communities they serve.

LGBT Resiliency
Cathy Busha, Director of Programs at Wingspan
This interactive workshop will operate from a strengths-based perspective to provide information about the LGBT community. We will discuss basic definitions, unlearn myths, and encourage participants to share their professional experiences and ask questions about the LGBT community. Finally, participants will receive tools on how to effectively outreach and serve their local LGBT community.

10:00 - 10:15 Break

10:15 - 11:45 Moving from Cycles to Circles; Healing for Generations to Create Hope
Closing Plenary
Jerry Tello, Citlali Arvizu Carmelo, Susanna Armijo, Xavier Quijas Yxayotl, Sacred Circles
A presentation through storytelling, traditional music, teatro and danza will reinforce the multi-generation impact of healing and will explore the importance to us moving from cycles of addiction, violence, abuse and cultural shame to circles of positive traditions, values, customs, and cultural resiliency.
You will not want to miss this special evening of fine dining and live entertainment as we recognize the heroes and leaders within our midst. On Thursday evening, July 20, the 2nd Annual Behavioral Health Awards Gala will recognize individuals and organizations within our state who have made special contributions to the field of behavioral health services. Awardees will be recognized in the following areas:

**Legacy:** In recognition of an individual in the field of behavioral health services with a distinguished career of leadership and contribution to the behavioral health community.

**Cultural heritage:** Recognizing an individual or organization that has demonstrated a commitment to promoting understanding and celebration of the rich cultural heritage of the state of Arizona and those individuals and families impacted by issues of behavioral health.

**Advocacy:** In recognition of an individual, including national, state, or locally elected officials, advocates, or persons in recovery or their family members, who has demonstrated leadership in the promotion of legislative or policy initiatives that enhance the behavioral health of the citizens of Arizona.

**Services:** Recognition of an individual employed within the behavioral health system who has shown leadership in their agency’s provision of evidence-based services, and exemplifies the values of developing community, promoting communication and learning, demonstrating a passion for individuals that have been disenfranchised or marginalized, and helping people, particularly people with behavioral health disabilities.

Back for a return engagement and providing the musical entertainment for the evening will be members of the cooperative musical group SHARE: Songs of Hope Awareness and Recovery for Everyone. Making a return visit to Sedona will be 2-time Grammy award winner Ashley Cleveland, who performed at the Behavioral Health Gala in 2005. Ashley will be joined by Danny Flores, the songwriter behind Eric Clapton’s hit Tulsa Time, and Marshall Chapman, who has recorded nine critically-acclaimed albums with many of her songs recorded by Emmylou Harris, Joe Cocker, John Hiatt, Jimmy Buffet and Wynonna Judd.

*Tickets to the Arizona Behavioral Health Award Gala are not included in your Institute Registration fee and may be purchased separately.*
Accommodations

The Summer Institute will be held at the
Hilton Sedona Resort & Spa
90 Ridge Trail Drive, Sedona, AZ 86351
Phone:1-928-284-4040
Please contact the hotel directly be sure to
mention you are attending the Summer Institute,
in order to qualify for the special conference rate
of $119.00. Reservations must be received before
Tuesday, June 13, 2006.

The Hilton Sedona
requires cancellations to be made 14 days in
advance; one night’s room and tax will be
charged with no refunds.

Local Motels with Special Conference Rates
Village of Oakcreek just minutes from the
Hilton Sedona. 
Mention you are with the
Summer Institute.
La Quinta . . . . . . . . . . . . . . . . . . . . . 928-284-0711
Rates $94.50 to $105.00
The Desert Quail . . . . . . . . . . . . . . . 928-284-1433
Rates $69.00 to $129.00
The Views Inn . . . . . . . . . . . . . . . . 928-284-2487
Rates $80.00
Wildflower Inn . . . . . . . . . . . . . . . 928-284-3937
Rates $64.00 to $84.00

Institute Fee Schedule

Register on line:
http://www.cabhp.asu.edu/SI06/

Monday July 17th, Pre-Institute Workshop
8:30 .......................... Registration
9:00 to 5:00 ........................ Workshop

Fees:
Early Bird ........ $75 (before June 30)
Regular .......... $95 (June 30 – July 14)
On-Site .......... $135 (July 15 – July 21)

Summer Institute 2006
Registration Fees
Early Bird ........ $235 (before June 30)
Regular .......... $275 (June 30- July 14)
On Site .......... $325 (July 15 - July 21)

Any one day ... $120 (before June 30)
.................. $145 (June 30- July 14)
.................. $190 (July 15 - July 21)

Arizona Behavioral Health Awards Gala
Thursday, July 20, 2006
5:30 – 8:30 pm
$50.00 per person

Continuing Education
Applied Behavioral Health Policy at Arizona State
University is a registered educational provider of
NAADAC, the Association of Addiction Professionals
(Certificate #317). Participants will receive a certificate
of attendance at the conclusion of the Pre-Institute
workshops and the Institute main program. The
Pre-Institute workshop is worth seven contact hours; participation in the full Institute program is worth
21 contact hours.

Cancellations received prior to June 30, 2006 will be
refunded, minus a $50 administrative handling fee. All requests for refunds must be submitted in writing. No refunds will be provided for cancellations received after June 30, 2006.

Scholarships for Persons in Recovery
and Family Members
Once again, Applied Behavioral Health Policy is
pleased to make available a limited number of
scholarships to individuals in recovery and their family
members. These scholarships provide registration to
the Institute, along with complimentary lodging.
Transportation to and from the Institute, meals, and
other incidentals are not covered. Scholarships will be
considered on a first-come, first-served basis, but
must be received by June 20, 2006. To apply for a
scholarship, write a brief letter of request to
Emma Cortez, Applied Behavioral Health Policy,
721 N. 4th Ave., #107
Tucson, AZ 85705.
Summer Institute

JULY 18 – 21, 2006
HILTON SEDONA RESORT
SEDONA, AZ

Follow the Road to Recovery:
Courage to Balance Heart, Mind and Home

Pre-Institute Workshop
July, 17th