Deputy Fire Chief Chuck Montgomery

STOP OUR STIGMA SOS
The Very Very Beginning
Where it all starts
How painful can it get
???
STOP THE STIGMA
MENTAL-HEALTH
PROBLEM
I can rescue myself

Depression

PTSD

Suicide

Pride

Martial 57855
GUAGE
   Check air gauge

RADIO
   Radio for assistance

ACTIVATE
   Activate pass

CONSERVE
   Conserve air

BREATHE
   Stay low

ILLUMINATE
   Shine flashlight

LOW

LIVES
   Make a loud noise

VOLUME
   Find and exit

EXIT

SHIELD AIRWAY
   Protect airway
Protecting yourself and exposures
ACtIONS SPEAK LOUDER THAN WORDS.
SCPS California Psychiatric Society
Directed by Michelle Furuta, M.D.
Please watch the Trailer for the film:

https://www.youtube.com/watch?v=EED2zkx9P74

DVDs available at:

http://socalpsych.org/art-of-psychiatric-medicine-committee.html

Visit the Official Website for more information:

https://artofstorytelling.squarespace.com/
REASONS FOR ADMISSION
1864 TO 1889

INTEMPERANCE & BUSINESS TROUBLE
KICKED IN THE HEAD BY A HORSE
HEREDITARY PREDISPOSITION
ILL TREATMENT BY HUSBAND
IMAGINARY FEMALE TROUBLE
Hysteria
IMMORAL LIFE
IMPRISONMENT
JEALOUSY AND RELIGION
LAZINESS
MARRIAGE OF SON
MASTURBATION & SYPHILIS
MASTURBATION FOR 30 YEARS
MEDICINE TO PREVENT CONCEPTION
MENSTRUAL DERANGED
MENTAL EXCITEMENT
NOVEL READING
NYMPHOMANIA
OPium HABIT
OVER ACTION OF THE MIND
OVER STUDY OF RELIGION
OVER TAXING MENTAL POWERS
PARENTS WERE COUSINS
PERIODICAL FITS
TOBACCO & MASTURBATION
POLITICAL EXCITEMENT
POLITICS
RELIGIOUS ENTHUSIASM
FEVER AND LOSS OF LAW SUIT
FITS AND DESERTION OF HUSBAND
ASTHMA
BAD COMPANY
BAD HABITS & POLITICAL EXCITEMENT
BAD WHISKEY
BLOODY FLUX
BRAIN FEVER
BUSINESS NERVES
CARBONIC ACID GAS
CONGESTION OF BRAIN
DEATH OF SONS IN WAR
DECOYED INTO THE ARMY
DERANGED MASTURBATION
DESERTION BY HUSBAND
DISSOLUTE HABITS
DOMESTIC AFFLICTION
DOMESTIC TROUBLE
DROPSY
EGOTISM
EPILEPTIC FITS
EXCESSIVE SEXUAL ABUSE
EXCITEMENT AS OFFICER
EXPOSURE AND HEREDITARY
EXPOSURE AND QUACKERY
EXPOSURE IN ARMY
FEVER AND JEALOUSY
FIGHTING HIRE
SUPPRESSED MASTURBATION
SUPPRESSION OF MENSES
THE WAR
TIME OF LIFE
UTERINE DERANGEMENT
VENEREAL EXCESSES
VICIOUS VICES
WOMEN TROUBLE
SUPERSTITION
SHOOTING OF DAUGHTER
SMALL POX
SNUFF EATING FOR 2 YEARS
SPINAL IRRITATION
GATHERING IN THE HEAD
GREEDINESS
GRIEF
GUNSHOT WOUND
HARD STUDY
RUMOR OF HUSBAND MURDER
SALVATION ARMY
SCARLATINA
SEDUCTION & DISAPPOINTMENT
SELF ABUSE
SEXUAL ABUSE & STIMULANTS
SEXUAL DERANGEMENT
FALSE CONFINEMENT
FEELINGNESS OF INTELLECT
FELL FROM HORSE IN WAR
FEMALE DISEASE
DISSIPATION OF NERVES
Advocacy is the price we pay for living on Planet Earth

Edward Abby
advocate for another

It starts with

SOS = STOP OUR STIGMA
New Mental Health Advocates
PTSD
A SENSE OF DECAY
P.T.S.D.
NOT ALL WOUNDS ARE VISIBLE
If you feel you are judging STOP !!!
What you say can be very important.

Learning how to speak appropriately to not inflict stigma.
Best Course of Action

What Would Chick Arnold Say

WWCS