Breaking all Barriers: Innovative Ways to Combat the Opioid Epidemic

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Objectives

• Introduce model for effectively engaging individuals actively using opioids into Medication Assisted Treatment

• Introduce implementation strategies for developing sustainable community partnerships

• Gain better understanding of Peer Support Services within Medication Assisted Treatment
Opioid Epidemic in Arizona: Year at a Glance

• 1481 suspected opioid deaths
• 9543 suspected opioid overdoses
• 22,221 naloxone doses dispensed
• 6189 naloxone doses administered
Opioid Epidemic

- Addiction is a chronic, relapsing brain disease characterized by compulsive drug seeking and use, despite harmful consequences (NIDA)
- US is 5% of world’s population
  - Consumes 80% of all opioids
- There are currently greater than 2.5 million people suffering with OUD
  - Approximately 350,000 on methadone
Opioid Epidemic

Overdose deaths increased in all categories of drugs examined for men and women, people ages 15 and older, all races and ethnicities, and across all levels of urbanization (CDC)
Treating Opioid Use Disorder

- Detoxification
- Residential
- MAT
  - Injectable Naltrexone
  - Buprenorphine
  - Methadone
CDC 5 point strategy for Opioid Epidemic

• Improving access
• Availability and distribution Naloxone
• Public health data and reporting
• Supporting research on pain and addiction
• Advancing better practices for pain management
How to engage individuals actively using opioids?

- Moment of hope
- Increased access to care
- Peer Supports
- Remove barriers
Center of Excellence (COE): Opioid Use Disorders

• Primary Goal: to increase access to care into MAT for individuals actively using opioids
• Increase education surrounding OUD and available treatment options
• Strengthen MAT with Peer Supports
• Decrease preventable deaths with people actively using opioids
COE

• Opioid Treatment on Demand
  • Barrier- free induction to MAT for individuals seeking treatment
  • Provide all 3 forms of medication
  • Offer Naloxone to everyone
COE

• Getting started
  • Staffing
• Rapid growth
• Community collaboration and pushback
• Naloxone
COE Results:
2161 intakes (8 months)
Moment of HOPE!!!
NO PERFECT TIME!!!

What day of the week are clients entering treatment?

- Sunday: 8.333%
- Monday: 17.015%
- Tuesday: 16.337%
- Wednesday: 14.492%
- Thursday: 16.184%
- Friday: 14.695%
- Saturday: 12.374%

Number of Intakes
What medications are OTOD clients prescribed?

- **Grand Total**: 2,095
- **Buprenorphine**: 22
- **Buprenorphine/Naloxone**: 154
- **Methadone**: 1,960
- **Prescription**: 11
- **Suboxone**: 1
- **Vivitrol**: 7

Total number of intakes
Why Today?

What situation best describes why you are here today?

- I've made a decision that I'm ready for treatment: 831
- Relief of withdrawal symptoms: 120
- Not answered: 21
- I'm not sure I'm ready, I'm just looking at options: 15

Number of Responses

Community Medical Services
CONNECTING RECOVERY | HEALING COMMUNITIES
Treatment Attempts

How many times have you attempted to enter treatment in the past 6 months?

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<th>Number of Times</th>
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Never Give Up!!!!

How many times have you been in either in-patient treatment or detox in the past year?

- 5: 17
- 4: 24
- 3: 66
- 2: 102
- 1: 523
- 0: 502
- Not answered: 107

Number of Responses
Sustainability

How many more billable services are being rendered since opening OTOD?
Peer Support Integrations

- Utilization within the OTP
- Transportation
- Community Outreach
- Shared experiences
Community Partnerships

• Creating sustainable partnerships
• Thinking outside the box
  • Fire Department
  • Co-op model using buprenorphine
  • Correctional Health
    *Mosaic Program
    *MRC
Outcomes within correctional health: 6-month outcomes

- 80% reduction in arrests
- 82% reduction in drug-related crimes
- 58% reduction in crimes committed
- 29% reduction in unemployment
- 78% increase in employment
- 13% increase in permanent housing
Thank you!

• Questions:
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Thank you!!!!