Unleashing the Potential for Recovery

Together Toward Tomorrow: Collaborating Today for a Justice and Mental Health Reentry System
You are changing people’s lives …
Human Potential $\rightarrow$ Actions $\rightarrow$ Results $\rightarrow$ Belief $\rightarrow$ Human Potential
Connecting to a world of possibilities
Our past is not our potential

~ Marilyn Ferguson
The underdeveloped piece of property with the greatest potential is still between the ears.

~Anonymous
Everyone has inside himself a piece of good news! The good news is that you really don't know how great you can be, how much you can love, what you can accomplish, and what your potential is!

~Anne Frank
“You are what you are and where you are because of what’s gone into your mind. You can change what you are, you can change where you are, by changing what goes into your mind.”

~ Zig Ziglar
Unleashing Potential

Savage Chickens
by Doug Savage

You're not living to your full potential.
Potentially, I could be a lot lazier.
Steps To Take

Key steps you can take to begin unleashing potential.
Eight Steps To Take

Key steps you can take to begin unleashing potential.
Believe

“Ya Gotta believe!”

~ Tug McGraw

Entire teams, and cities did, and the teams went further and accomplished more that they initially believed they could.
Recognize exactly what is there.
The specific mix of potential that I possess is different than yours.
The mix is different for everyone.
Expect

Really expect improvement.

You will be amazed at the change you will see, almost overnight.

While you are at it why not raise your expectations of yourself too?
Plan

You need a plan.

That plan might include study, a mentor, courses, books, new habits, changes in environment and many other things.
Invest

You have to invest in the plan. The plan isn’t enough.
Effort is required, not work. If you are moving towards your unique innate potentials it won’t always be work, but it will take effort. My guess is it is worth the effort.
Patience

Be patient.

Be persistent.

You are worth the wait.

Help others and be patient with them. They are worth the wait as well.
New Targets

"There is no top. There are always further heights to reach."

Jascha Heifetz
There is no single road to Recovery. No absolute path. Each person must identify that which works. Some roads are paved, some are rough, and others are ill defined. No matter. Recovery works, but the burden rests on the individual, the family, the community, and or the tribe.
Unleashing Potential

1. Belief
2. Recognize
3. Expect
4. Plan
5. Invest
6. Effort
7. Patience
8. NEW TARGETS
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